

Prueba 8  
25/04/2026 - 18:32

Masc., 400m Estilos

20 - 89 años  
Resultados

Puntos: AQUA Master 2024

Clasificación	AN								Timepo	Pts
<b>20+</b>										
1.	RODRIGUEZ SEGOVIA, Samuel	03	C.P.N. La Roda						<b>5:11.14</b>	547
	50m: 30.56 30.56	150m: 1:45.92	37.22	250m: 3:10.91	45.45	350m: 4:35.01	37.22			
	100m: 1:08.70 38.14	200m: 2:25.46	39.54	300m: 3:57.79	46.88	400m: 5:11.14	36.13			
2.	GONZALEZ GARCIA, Oscar	05	Master Natacion Tomelloso						<b>5:30.49</b>	456
	50m: 33.94 33.94	150m: 1:52.78	41.03	250m: 3:20.50	47.96	350m: 4:52.13	41.09			
	100m: 1:11.75 37.81	200m: 2:32.54	39.76	300m: 4:11.04	50.54	400m: 5:30.49	38.36			
<b>25+</b>										
1.	LOPEZ CALERO, Ramon	99	C.N. Villarrobledo						<b>5:32.92</b>	446
	50m: 31.88 31.88	150m: 1:54.46	44.08	250m: 3:27.00	48.38	350m: 4:55.10	39.03			
	100m: 1:10.38 38.50	200m: 2:38.62	44.16	300m: 4:16.07	49.07	400m: 5:32.92	37.82			
2.	ANDUJAR TEBAR, Esteban	99	C.N. Albacete						<b>5:56.12</b>	365
	50m: 35.87 35.87	150m: 2:05.36	46.29	250m: 3:42.91	51.63	350m: 5:15.64	41.16			
	100m: 1:19.07 43.20	200m: 2:51.28	45.92	300m: 4:34.48	51.57	400m: 5:56.12	40.48			
3.	PÉREZ CORROCHANO, ADRIAN	99	Albacete Swim						<b>5:56.96</b>	362
	50m: 35.71 35.71	150m: 2:04.06	44.02	250m: 3:40.09	52.22	350m: 5:18.33	43.49			
	100m: 1:20.04 44.33	200m: 2:47.87	43.81	300m: 4:34.84	54.75	400m: 5:56.96	38.63			
<b>30+</b>										
1.	CIFO RUEDA, Juan Jose	94	C.P.N. La Roda						<b>5:54.05</b>	378
	50m: 31.63 31.63	150m: 1:56.56	47.61	250m: 3:37.97	54.85	350m: 5:15.31	37.78			
	100m: 1:08.95 37.32	200m: 2:43.12	46.56	300m: 4:37.53	59.56	400m: 5:54.05	38.74			
2.	OLMEDO PERONA, Carlos	96	Master Natacion Tomelloso						<b>6:58.93</b>	228
	50m: 39.71 39.71	150m: 2:21.47	52.73	250m: 4:13.74	58.99	350m: 6:08.65	53.31			
	100m: 1:28.74 49.03	200m: 3:14.75	53.28	300m: 5:15.34	1:01.60	400m: 6:58.93	50.28			
<b>35+</b>										
1.	ALONSO CAÑADAS, Ruben	91	C.N. Almansa						<b>6:05.95</b>	357
	50m: 34.64 34.64	150m: 2:03.38	46.62	250m: 3:43.72	55.89	350m: 5:23.00	44.04			
	100m: 1:16.76 42.12	200m: 2:47.83	44.45	300m: 4:38.96	55.24	400m: 6:05.95	42.95			
<b>40+</b>										
1.	SANCHEZ RUANO, Jose	83	C.N. Almansa						<b>6:36.53</b>	318
	50m: 40.16 40.16	150m: 2:23.53	55.14	250m: 4:12.28	55.58	350m: 5:53.42	44.97			
	100m: 1:28.39 48.23	200m: 3:16.70	53.17	300m: 5:08.45	56.17	400m: 6:36.53	43.11			
<b>45+</b>										
1.	CEBRIAN REDONDO, Luis	80	C.P.N. La Roda						<b>6:31.61</b>	332
	50m: 41.37 41.37	150m: 2:19.78	55.89	250m: 4:06.87	56.43	350m: 5:49.25	45.19			
	100m: 1:23.89 42.52	200m: 3:10.44	50.66	300m: 5:04.06	57.19	400m: 6:31.61	42.36			
2.	TOBARRA GOMEZ, Carlos	77	Albacete Swim						<b>6:33.38</b>	328
	50m: 46.50 46.50	150m: 2:34.99	54.61	250m: 4:21.10	52.81	350m: 5:54.15	41.92			
	100m: 1:40.38 53.88	200m: 3:28.29	53.30	300m: 5:12.23	51.13	400m: 6:33.38	39.23			

Comprometidos con la natación para toda la vida

## Prueba 8, Masc., 400m Estilos, 45+

Clasificación	AN		Tiempo		Pts						
3. BLAZQUEZ MORENO, Bernardo	81	C.N. Albacete	<b>7:11.54</b>	248							
50m:	43.31	43.31	150m:	2:32.54	57.05	250m:	4:34.85	1:03.63	350m:	6:36.32	57.95
100m:	1:35.49	52.18	200m:	3:31.22	58.68	300m:	5:38.37	1:03.52	400m:	7:11.54	35.22
50+											
1. MOLTO PRECIOSO, Javier	75	C.N. Albacete	<b>5:15.82</b>	620							
50m:	34.50	34.50	150m:	1:56.96	42.66	250m:	3:22.68	44.63	350m:	4:42.54	35.34
100m:	1:14.30	39.80	200m:	2:38.05	41.09	300m:	4:07.20	44.52	400m:	5:15.82	33.28
2. GARCIA GARCIA, Jose Antonio	76	Albacete Swim	<b>6:00.15</b>	418							
50m:	38.33	38.33	150m:	2:12.90	48.74	250m:	3:51.14	51.05	350m:	5:21.40	39.56
100m:	1:24.16	45.83	200m:	3:00.09	47.19	300m:	4:41.84	50.70	400m:	6:00.15	38.75
3. GONZALEZ SIMARRO, Oscar	73	Master Natacion Tomelloso	<b>8:07.61</b>	168							
50m:	52.46	52.46	150m:	3:05.05	1:10.82	250m:	5:19.67	1:05.45	350m:	7:17.12	53.58
100m:	1:54.23	1:01.77	200m:	4:14.22	1:09.17	300m:	6:23.54	1:03.87	400m:	8:07.61	50.49
55+											
1. ANDUJAR TENDERO, Esteban	69	C.N. Albacete	<b>5:58.77</b>	527							
50m:	38.14	38.14	150m:	2:09.43	47.58	250m:	3:49.56	1:12.81	350m:	5:20.03	40.91
100m:	1:21.85	43.71	200m:	2:36.75	27.32	300m:	4:39.12	49.56	400m:	5:58.77	38.74
2. GUALDA PICAZO, Juan Carlos	68	Albacete Swim	<b>6:45.21</b>	366							
50m:	47.35	47.35	150m:	2:31.49	48.11	250m:	4:16.48	56.89	350m:	6:00.21	46.14
100m:	1:43.38	56.03	200m:	3:19.59	48.10	300m:	5:14.07	57.59	400m:	6:45.21	45.00
3. FERNANDEZ LOZANO, Julio	70	Master Natacion Tomelloso	<b>6:59.73</b>	329							
50m:	46.82	46.82	150m:	2:34.64	52.91	250m:	4:25.21	59.81	350m:	6:13.24	45.97
100m:	1:41.73	54.91	200m:	3:25.40	50.76	300m:	5:27.27	1:02.06	400m:	6:59.73	46.49
60+											
1. SANCHEZ GARCIA, Manuel Angel	65	Albacete Swim	<b>7:56.44</b>	261							
50m:	55.14	55.14	150m:	3:00.23	1:03.91	250m:	5:13.16	1:07.18	350m:	7:10.72	50.17
100m:	1:56.32	1:01.18	200m:	4:05.98	1:05.75	300m:	6:20.55	1:07.39	400m:	7:56.44	45.72
65+											
1. GIL CUENCA, Manuel	61	C.N. Almansa	<b>9:59.90</b>	129							
50m:	1:12.98	1:12.98	150m:	3:53.72	1:22.63	250m:	6:38.52	1:17.23	350m:	8:57.27	1:01.22
100m:	2:31.09	1:18.11	200m:	5:21.29	1:27.57	300m:	7:56.05	1:17.53	400m:	9:59.90	1:02.63