

Prueba 6
21/02/2026

Fem., 400m Estilos

Absoluto Femenino
Resultados

r	4:47.64	LAURA CABANES, GARZÁS	Sabadell	18/12/2022
mm 18	5:10.20	MARTA CABANES, GARZAS	Albacete	17/04/2021
mm 17	4:57.21	MARTA CABANES, GARZAS	Talavera de la Reina	22/02/2020
mm 16	4:47.64	LAURA CABANES, GARZÁS	Sabadell	18/12/2022
mm 15	5:00.38	LAURA CABANES, GARZÁS	Tomelloso	06/11/2021
mm 14	5:12.42	RONCERO NAVARRO, ANGELA	Tomelloso	12/04/2025
mm 13	5:10.52	LAURA CABANES, GARZÁS	Toledo	10/02/2019
mm 12	5:16.48	ÁNGELA RONCERO, NAVARRO	Talavera de la Reina	17/12/2023
mm 11	5:40.62	LAURA CABANES, GARZÁS	CIUDAD REAL	24/06/2017

Clasificación

AN

Tiempo

Alevín Femenino

1.	PEÑA RODRÍGUEZ, Maria	13	C.D. Toledo Monteverde	6:08.12
	50m: 38.93 38.93	150m: 2:13.31 48.15	250m: 3:55.05 54.55	350m: 5:29.42 39.59
	100m: 1:25.16 46.23	200m: 3:00.50 47.19	300m: 4:49.83 54.78	400m: 6:08.12 38.70
2.	ANATOLIEVA PETROVA, Stefania	13	C.P.N. La Roda	6:24.92
	50m: 43.05 43.05	150m: 2:20.44 49.40	250m: 4:02.18 53.46	350m: 5:39.41 44.67
	100m: 1:31.04 47.99	200m: 3:08.72 48.28	300m: 4:54.74 52.56	400m: 6:24.92 45.51
3.	MARTINEZ SOLER, Maria	13	C.N. Almansa	6:33.51
	50m: 44.93 44.93	150m: 2:25.64 48.35	250m: 4:07.62 54.64	350m: 5:49.43 44.87
	100m: 1:37.29 52.36	200m: 3:12.98 47.34	300m: 5:04.56 56.94	400m: 6:33.51 44.08
4.	RODRIGUEZ LOPEZ, Eva	14	C.N. Cuenca	6:38.94
	50m: 45.44 45.44	150m: 2:30.18 48.79	250m: 4:16.46 58.59	350m: 5:58.47 42.89
	100m: 1:41.39 55.95	200m: 3:17.87 47.69	300m: 5:15.58 59.12	400m: 6:38.94 40.47

Infantil Femenino

1.	RONCERO NAVARRO, Angela	11	Club Natacion Daimiel	5:18.73
	50m: 31.98 31.98	150m: 1:51.00 41.96	250m: 3:18.96 46.86	350m: 4:43.42 36.88
	100m: 1:09.04 37.06	200m: 2:32.10 41.10	300m: 4:06.54 47.58	400m: 5:18.73 35.31
2.	RODRIGUEZ ROJAS, Martina	12	Club Natación Sonseca	5:43.67
	50m: 35.44 35.44	150m: 2:02.50 44.32	250m: 3:33.41 48.14	350m: 5:03.47 41.37
	100m: 1:18.18 42.74	200m: 2:45.27 42.77	300m: 4:22.10 48.69	400m: 5:43.67 40.20
3.	POLO BASTANTE, Carmen Maria	12	Club Natacion Daimiel	6:06.27
	50m: 40.75 40.75	150m: 2:15.72 46.14	250m: 3:52.88 52.83	350m: 5:27.12 41.14
	100m: 1:29.58 48.83	200m: 3:00.05 44.33	300m: 4:45.98 53.10	400m: 6:06.27 39.15
4.	MARTINEZ POSADAS, Silvia	11	C.P.N. La Roda	6:16.34
	50m: 40.94 40.94	150m: 2:23.02 51.10	250m: 4:00.74 50.09	350m: 5:34.27 43.83
	100m: 1:31.92 50.98	200m: 3:10.65 47.63	300m: 4:50.44 49.70	400m: 6:16.34 42.07
5.	MADRID PRADO, Macarena	12	C.N. Alarcos Ciudad Real	6:18.87
	50m: 37.62 37.62	150m: 2:13.91 50.58	250m: 3:57.11 57.62	350m: 5:40.88 46.15
	100m: 1:23.33 45.71	200m: 2:59.49 45.58	300m: 4:54.73 57.62	400m: 6:18.87 37.99
6.	TOLEDO CUENCA, Ana	11	C.N. Almansa	6:40.39
	50m: 48.95 48.95	150m: 2:32.98 49.21	250m: 4:17.22 55.28	350m: 5:57.26 44.62
	100m: 1:43.77 54.82	200m: 3:21.94 48.96	300m: 5:12.64 55.42	400m: 6:40.39 43.13

Junior Femenino

1.	DE LA FLOR POZUELO, Marina	08	Club Natacion Daimiel	5:33.69
	50m: 35.92 35.92	150m: 2:00.05 44.16	250m: 3:28.84 45.83	350m: 4:55.00 39.29
	100m: 1:15.89 39.97	200m: 2:43.01 42.96	300m: 4:15.71 46.87	400m: 5:33.69 38.69

Comprometidos con la natación para toda la vida

Prueba 6, Fem., 400m Estilos, Junior Femenino

Clasificación	AN	Tiempo									
2. BANEGAS RUIZ VALDEPEÑAS, Alba	10	5:48.02									
50m:	35.62	35.62	150m:	2:00.99	44.33	250m:	3:36.77	51.90	350m:	5:09.20	40.29
100m:	1:16.66	41.04	200m:	2:44.87	43.88	300m:	4:28.91	52.14	400m:	5:48.02	38.82

Baja POTERAIKO BODNAR, Diana 09 C.N. Villarrobledo

Absoluto Femenino

1. RONCERO NAVARRO, Angela	11	5:18.73									
50m:	31.98	31.98	150m:	1:51.00	41.96	250m:	3:18.96	46.86	350m:	4:43.42	36.88
100m:	1:09.04	37.06	200m:	2:32.10	41.10	300m:	4:06.54	47.58	400m:	5:18.73	35.31
2. DE LA FLOR POZUELO, Marina	08	5:33.69									
50m:	35.92	35.92	150m:	2:00.05	44.16	250m:	3:28.84	45.83	350m:	4:55.00	39.29
100m:	1:15.89	39.97	200m:	2:43.01	42.96	300m:	4:15.71	46.87	400m:	5:33.69	38.69
3. ZARAUZA VILLA, Lucia	99	5:36.54									
50m:	34.47	34.47	150m:	1:58.48	42.62	250m:	3:29.03	49.20	350m:	4:58.08	39.73
100m:	1:15.86	41.39	200m:	2:39.83	41.35	300m:	4:18.35	49.32	400m:	5:36.54	38.46
4. RODRIGUEZ ROJAS, Martina	12	5:43.67									
50m:	35.44	35.44	150m:	2:02.50	44.32	250m:	3:33.41	48.14	350m:	5:03.47	41.37
100m:	1:18.18	42.74	200m:	2:45.27	42.77	300m:	4:22.10	48.69	400m:	5:43.67	40.20
5. PAVON CASTAÑERA, Ines	07	5:46.04									
50m:	35.00	35.00	150m:	1:59.79	44.83	250m:	3:35.96	51.00	350m:	5:08.33	39.51
100m:	1:14.96	39.96	200m:	2:44.96	45.17	300m:	4:28.82	52.86	400m:	5:46.04	37.71
6. BANEGAS RUIZ VALDEPEÑAS, Alba	10	5:48.02									
50m:	35.62	35.62	150m:	2:00.99	44.33	250m:	3:36.77	51.90	350m:	5:09.20	40.29
100m:	1:16.66	41.04	200m:	2:44.87	43.88	300m:	4:28.91	52.14	400m:	5:48.02	38.82
7. POLO BASTANTE, Carmen Maria	12	6:06.27									
50m:	40.75	40.75	150m:	2:15.72	46.14	250m:	3:52.88	52.83	350m:	5:27.12	41.14
100m:	1:29.58	48.83	200m:	3:00.05	44.33	300m:	4:45.98	53.10	400m:	6:06.27	39.15
8. PEÑA RODRÍGUEZ, Maria	13	6:08.12									
50m:	38.93	38.93	150m:	2:13.31	48.15	250m:	3:55.05	54.55	350m:	5:29.42	39.59
100m:	1:25.16	46.23	200m:	3:00.50	47.19	300m:	4:49.83	54.78	400m:	6:08.12	38.70
9. MARTINEZ POSADAS, Silvia	11	6:16.34									
50m:	40.94	40.94	150m:	2:23.02	51.10	250m:	4:00.74	50.09	350m:	5:34.27	43.83
100m:	1:31.92	50.98	200m:	3:10.65	47.63	300m:	4:50.44	49.70	400m:	6:16.34	42.07
10. MADRID PRADO, Macarena	12	6:18.87									
50m:	37.62	37.62	150m:	2:13.91	50.58	250m:	3:57.11	57.62	350m:	5:40.88	46.15
100m:	1:23.33	45.71	200m:	2:59.49	45.58	300m:	4:54.73	57.62	400m:	6:18.87	37.99
11. ANATOLIEVA PETROVA, Stefania	13	6:24.92									
50m:	43.05	43.05	150m:	2:20.44	49.40	250m:	4:02.18	53.46	350m:	5:39.41	44.67
100m:	1:31.04	47.99	200m:	3:08.72	48.28	300m:	4:54.74	52.56	400m:	6:24.92	45.51
12. MARTINEZ SOLER, Maria	13	6:33.51									
50m:	44.93	44.93	150m:	2:25.64	48.35	250m:	4:07.62	54.64	350m:	5:49.43	44.87
100m:	1:37.29	52.36	200m:	3:12.98	47.34	300m:	5:04.56	56.94	400m:	6:33.51	44.08
13. RODRIGUEZ LOPEZ, Eva	14	6:38.94									
50m:	45.44	45.44	150m:	2:30.18	48.79	250m:	4:16.46	58.59	350m:	5:58.47	42.89
100m:	1:41.39	55.95	200m:	3:17.87	47.69	300m:	5:15.58	59.12	400m:	6:38.94	40.47
14. TOLEDO CUENCA, Ana	11	6:40.39									
50m:	48.95	48.95	150m:	2:32.98	49.21	250m:	4:17.22	55.28	350m:	5:57.26	44.62
100m:	1:43.77	54.82	200m:	3:21.94	48.96	300m:	5:12.64	55.42	400m:	6:40.39	43.13

Comprometidos con la natación para toda la vida



Prueba 6, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo	
15. MORAL YUSTE, Emma	07 C.N. Madridejos	6:59.33	
50m: 41.77 41.77	150m: 2:28.54 54.27	250m: 4:21.36 59.32	350m: 6:10.87 49.68
100m: 1:34.27 52.50	200m: 3:22.04 53.50	300m: 5:21.19 59.83	400m: 6:59.33 48.46
Baja POTERAIKO BODNAR, Diana	09 C.N. Villarrobledo		

