



Prueba 18
21/02/2026

Fem., 1500m Libre

Absoluto Femenino
Resultados

r	16:04.52	MARTA CARMONA, VILLAPLANA	Sabadell	18/12/2022
mm 18	17:09.70	MARTA CARMONA, VILLAPLANA	JAEN	18/11/2023
mm 18	17:09.70	MARTA CARMONA, VILLAPLANA	JAEN	18/11/2023
mm 17	16:04.52	MARTA CARMONA, VILLAPLANA	Sabadell	18/12/2022
mm 16	16:54.08	MARTA CARMONA, VILLAPLANA	Albacete	16/01/2021
mm 15	17:01.55	MARTA CARMONA, VILLAPLANA	Talavera de la Reina	22/02/2020
mm 14	17:36.16	MARTA CARMONA, VILLAPLANA	Talavera de la Reina	24/02/2019
mm 13	18:13.40	ANGELA NOMBELA, CANO	Talavera de la Reina	17/12/2022
mm 12	18:28.40	ZOE HERNANDEZ, GONZALEZ	Tomelloso	06/11/2021

Clasificación

AN

Tiempo

Infantil Femenino

1. RODRIGUEZ LOPEZ, Elsa	11	C.N. Cuenca	20:58.88
50m: 34.66 34.66	450m: 6:03.93 41.59	850m: 11:43.96 42.90	1250m: 17:29.29 43.04
100m: 1:14.00 39.34	500m: 6:45.83 41.90	900m: 12:27.24 43.28	1300m: 18:11.71 42.42
150m: 1:54.47 40.47	550m: 7:27.42 41.59	950m: 13:09.41 42.17	1350m: 18:53.88 42.17
200m: 2:35.84 41.37	600m: 8:09.81 42.39	1000m: 13:52.04 42.63	1400m: 19:36.51 42.63
250m: 3:17.26 41.42	650m: 8:52.19 42.38	1050m: 14:35.23 43.19	1450m: 20:18.41 41.90
300m: 3:58.77 41.51	700m: 9:35.09 42.90	1100m: 15:18.71 43.48	1500m: 20:58.88 40.47
350m: 4:40.43 41.66	750m: 10:18.09 43.00	1150m: 16:02.49 43.78	
400m: 5:22.34 41.91	800m: 11:01.06 42.97	1200m: 16:46.25 43.76	
2. GARRIDO DELGADO, Lucia Virtudes	12	C.N. Valdepeñas	24:00.34
50m: 40.66 40.66	450m: 7:00.97 48.68	850m: 13:32.14 49.19	1250m: 20:04.19 47.86
100m: 1:25.90 45.24	500m: 7:49.45 48.48	900m: 14:21.20 49.06	1300m: 20:52.71 48.52
150m: 2:12.24 46.34	550m: 8:38.17 48.72	950m: 15:11.33 50.13	1350m: 21:41.68 48.97
200m: 2:59.66 47.42	600m: 9:27.48 49.31	1000m: 16:00.52 49.19	1400m: 22:30.19 48.51
250m: 3:47.26 47.60	650m: 10:16.10 48.62	1050m: 16:49.62 49.10	1450m: 23:16.60 46.41
300m: 4:34.95 47.69	700m: 11:04.48 48.38	1100m: 17:38.82 49.20	1500m: 24:00.34 43.74
350m: 5:23.25 48.30	750m: 11:53.71 49.23	1150m: 18:28.24 49.42	
400m: 6:12.29 49.04	800m: 12:42.95 49.24	1200m: 19:16.33 48.09	

Junior Femenino

1. CICUENDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	19:14.82
50m: 34.64 34.64	450m: 5:32.84 38.28	850m: 10:41.12 39.06	1250m: 15:58.11 39.93
100m: 1:11.22 36.58	500m: 6:11.16 38.32	900m: 11:20.36 39.24	1300m: 16:38.45 40.34
150m: 1:48.15 36.93	550m: 6:49.67 38.51	950m: 11:59.62 39.26	1350m: 17:18.61 40.16
200m: 2:24.89 36.74	600m: 7:28.23 38.56	1000m: 12:39.38 39.76	1400m: 17:59.05 40.44
250m: 3:01.89 37.00	650m: 8:06.66 38.43	1050m: 13:18.77 39.39	1450m: 18:39.22 40.17
300m: 3:39.24 37.35	700m: 8:44.92 38.26	1100m: 13:58.42 39.65	1500m: 19:14.82 35.60
350m: 4:16.84 37.60	750m: 9:23.38 38.46	1150m: 14:38.21 39.79	
400m: 4:54.56 37.72	800m: 10:02.06 38.68	1200m: 15:18.18 39.97	
2. BANEGAS RUIZ VALDEPEÑAS, Alba	10	Club Natacion Daimiel	19:52.35
50m: 34.65 34.65	450m: 5:48.25 39.76	850m: 11:09.64 40.47	1250m: 16:32.34 40.97
100m: 1:11.82 37.17	500m: 6:28.37 40.12	900m: 11:49.65 40.01	1300m: 17:12.33 39.99
150m: 1:49.83 38.01	550m: 7:08.42 40.05	950m: 12:29.69 40.04	1350m: 17:52.48 40.15
200m: 2:29.46 39.63	600m: 7:48.76 40.34	1000m: 13:09.65 39.96	1400m: 18:31.86 39.38
250m: 3:09.18 39.72	650m: 8:28.64 39.88	1050m: 13:50.37 40.72	1450m: 19:12.78 40.92
300m: 3:48.45 39.27	700m: 9:08.63 39.99	1100m: 14:31.01 40.64	1500m: 19:52.35 39.57
350m: 4:27.79 39.34	750m: 9:48.76 40.13	1150m: 15:11.24 40.23	
400m: 5:08.49 40.70	800m: 10:29.17 40.41	1200m: 15:51.37 40.13	

Comprometidos con la natación para toda la vida



Prueba 18, Fem., 1500m Libre, Junior Femenino

Clasificación	AN		Tiempo	
3. QUIROS TEJADO, Luna	09	C.N. Alcazar	20:22.17	
50m: 37.13 37.13	450m: 5:24.57 41.16	850m: 11:36.87 40.88	1250m: 17:05.93 40.37	
100m: 1:16.88 39.75	500m: 6:47.14 1:22.57	900m: 12:18.16 41.29	1300m: 17:46.56 40.63	
150m: 1:57.27 40.39	550m: 7:28.37 41.23	950m: 12:59.67 41.51	1350m: 18:27.10 40.54	
200m: 2:38.70 41.43	600m: 8:09.56 41.19	1000m: 13:41.41 41.74	1400m: 19:06.54 39.44	
250m: 3:20.50 41.80	650m: 8:50.97 41.41	1050m: 14:22.76 41.35	1450m: 19:46.05 39.51	
300m: 3:23.24 2.74	700m: 9:32.45 41.48	1100m: 15:04.66 41.90	1500m: 20:22.17 36.12	
350m: 4:01.64 38.40	750m: 10:14.32 41.87	1150m: 15:45.34 40.68		
400m: 4:43.41 41.77	800m: 10:55.99 41.67	1200m: 16:25.56 40.22		
4. MOÑINO SÁNCHEZ, Virginia	08	Club Natación Sonseca	21:28.74	
50m: 37.56 37.56	450m: 6:17.39 43.59	850m: 12:06.86 44.27	1250m: 17:55.69 43.33	
100m: 1:17.95 40.39	500m: 7:00.89 43.50	900m: 12:50.93 44.07	1300m: 18:39.76 44.07	
150m: 1:59.70 41.75	550m: 7:44.17 43.28	950m: 13:34.45 43.52	1350m: 19:23.22 43.46	
200m: 2:41.91 42.21	600m: 8:27.50 43.33	1000m: 14:17.88 43.43	1400m: 20:05.68 42.46	
250m: 3:24.61 42.70	650m: 9:11.34 43.84	1050m: 15:01.80 43.92	1450m: 20:48.78 43.10	
300m: 4:06.94 42.33	700m: 9:55.27 43.93	1100m: 15:45.38 43.58	1500m: 21:28.74 39.96	
350m: 4:50.44 43.50	750m: 10:39.05 43.78	1150m: 16:28.48 43.10		
400m: 5:33.80 43.36	800m: 11:22.59 43.54	1200m: 17:12.36 43.88		
5. GONZALEZ PENADO DE LEON, N.	10	C.N. Alcazar	21:56.47	
50m: 37.27 37.27	450m: 6:21.81 44.55	850m: 12:19.84 45.30	1250m: 18:21.52 45.34	
100m: 1:18.68 41.41	500m: 7:05.92 44.11	900m: 13:04.69 44.85	1300m: 19:07.19 45.67	
150m: 2:01.37 42.69	550m: 7:49.73 43.81	950m: 13:50.10 45.41	1350m: 19:51.85 44.66	
200m: 2:43.47 42.10	600m: 8:34.48 44.75	1000m: 14:36.05 45.95	1400m: 20:34.91 43.06	
250m: 3:26.04 42.57	650m: 9:18.46 43.98	1050m: 15:20.88 44.83	1450m: 21:19.24 44.33	
300m: 4:09.66 43.62	700m: 10:03.85 45.39	1100m: 16:05.89 45.01	1500m: 21:56.47 37.23	
350m: 4:52.83 43.17	750m: 10:49.17 45.32	1150m: 16:50.96 45.07		
400m: 5:37.26 44.43	800m: 11:34.54 45.37	1200m: 17:36.18 45.22		
6. MONDEJAR NIETO, Lucia	09	C.N. Valdepeñas	24:00.69	
50m: 41.27 41.27	450m: 7:03.96 48.83	850m: 13:35.98 49.92	1250m: 20:05.17 48.04	
100m: 1:27.03 45.76	500m: 7:53.30 49.34	900m: 14:25.53 49.55	1300m: 20:54.20 49.03	
150m: 2:13.79 46.76	550m: 8:41.63 48.33	950m: 15:15.33 49.80	1350m: 21:42.79 48.59	
200m: 3:01.64 47.85	600m: 9:30.21 48.58	1000m: 16:04.66 49.33	1400m: 22:30.98 48.19	
250m: 3:48.89 47.25	650m: 10:18.95 48.74	1050m: 16:54.13 49.47	1450m: 23:18.69 47.71	
300m: 4:37.67 48.78	700m: 11:08.45 49.50	1100m: 17:43.32 49.19	1500m: 24:00.69 42.00	
350m: 5:25.53 47.86	750m: 11:57.55 49.10	1150m: 18:29.11 45.79		
400m: 6:15.13 49.60	800m: 12:46.06 48.51	1200m: 19:17.13 48.02		

Absoluto Femenino

1. CICUENDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	19:14.82	
50m: 34.64 34.64	450m: 5:32.84 38.28	850m: 10:41.12 39.06	1250m: 15:58.11 39.93	
100m: 1:11.22 36.58	500m: 6:11.16 38.32	900m: 11:20.36 39.24	1300m: 16:38.45 40.34	
150m: 1:48.15 36.93	550m: 6:49.67 38.51	950m: 11:59.62 39.26	1350m: 17:18.61 40.16	
200m: 2:24.89 36.74	600m: 7:28.23 38.56	1000m: 12:39.38 39.76	1400m: 17:59.05 40.44	
250m: 3:01.89 37.00	650m: 8:06.66 38.43	1050m: 13:18.77 39.39	1450m: 18:39.22 40.17	
300m: 3:39.24 37.35	700m: 8:44.92 38.26	1100m: 13:58.42 39.65	1500m: 19:14.82 35.60	
350m: 4:16.84 37.60	750m: 9:23.38 38.46	1150m: 14:38.21 39.79		
400m: 4:54.56 37.72	800m: 10:02.06 38.68	1200m: 15:18.18 39.97		
2. PAVON CASTAÑERA, Ines	07	C.N. Ugena	19:35.38	
50m: 33.90 33.90	450m: 5:42.81 39.48	850m: 11:00.43 40.14	1250m: 16:20.51 39.38	
100m: 1:11.09 37.19	500m: 6:22.31 39.50	900m: 11:40.54 40.11	1300m: 17:00.07 39.56	
150m: 1:48.38 37.29	550m: 7:01.60 39.29	950m: 12:20.67 40.13	1350m: 17:39.61 39.54	
200m: 2:26.56 38.18	600m: 7:41.18 39.58	1000m: 13:00.91 40.24	1400m: 18:18.42 38.81	
250m: 3:05.46 38.90	650m: 8:20.24 39.06	1050m: 13:40.61 39.70	1450m: 18:57.73 39.31	
300m: 3:44.45 38.99	700m: 9:00.02 39.78	1100m: 14:20.77 40.16	1500m: 19:35.38 37.65	
350m: 4:24.08 39.63	750m: 9:39.83 39.81	1150m: 15:00.75 39.98		
400m: 5:03.33 39.25	800m: 10:20.29 40.46	1200m: 15:41.13 40.38		

Prueba 18, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN		Tiempo	
3. BANEGAS RUIZ VALDEPEÑAS, Alba	10	Club Natacion Daimiel	19:52.35	
50m: 34.65	34.65	450m: 5:48.25	39.76	850m: 11:09.64
100m: 1:11.82	37.17	500m: 6:28.37	40.12	900m: 11:49.65
150m: 1:49.83	38.01	550m: 7:08.42	40.05	950m: 12:29.69
200m: 2:29.46	39.63	600m: 7:48.76	40.34	1000m: 13:09.65
250m: 3:09.18	39.72	650m: 8:28.64	39.88	1050m: 13:50.37
300m: 3:48.45	39.27	700m: 9:08.63	39.99	1100m: 14:31.01
350m: 4:27.79	39.34	750m: 9:48.76	40.13	1150m: 15:11.24
400m: 5:08.49	40.70	800m: 10:29.17	40.41	1200m: 15:51.37
4. QUIROS TEJADO, Luna	09	C.N. Alcazar	20:22.17	
50m: 37.13	37.13	450m: 5:24.57	41.16	850m: 11:36.87
100m: 1:16.88	39.75	500m: 6:47.14	1:22.57	900m: 12:18.16
150m: 1:57.27	40.39	550m: 7:28.37	41.23	950m: 12:59.67
200m: 2:38.70	41.43	600m: 8:09.56	41.19	1000m: 13:41.41
250m: 3:20.50	41.80	650m: 8:50.97	41.41	1050m: 14:22.76
300m: 3:23.24	2.74	700m: 9:32.45	41.48	1100m: 15:04.66
350m: 4:01.64	38.40	750m: 10:14.32	41.87	1150m: 15:45.34
400m: 4:43.41	41.77	800m: 10:55.99	41.67	1200m: 16:25.56
5. RODRIGUEZ LOPEZ, Elsa	11	C.N. Cuenca	20:58.88	
50m: 34.66	34.66	450m: 6:03.93	41.59	850m: 11:43.96
100m: 1:14.00	39.34	500m: 6:45.83	41.90	900m: 12:27.24
150m: 1:54.47	40.47	550m: 7:27.42	41.59	950m: 13:09.41
200m: 2:35.84	41.37	600m: 8:09.81	42.39	1000m: 13:52.04
250m: 3:17.26	41.42	650m: 8:52.19	42.38	1050m: 14:35.23
300m: 3:58.77	41.51	700m: 9:35.09	42.90	1100m: 15:18.71
350m: 4:40.43	41.66	750m: 10:18.09	43.00	1150m: 16:02.49
400m: 5:22.34	41.91	800m: 11:01.06	42.97	1200m: 16:46.25
6. MOÑINO SÁNCHEZ, Virginia	08	Club Natación Sonseca	21:28.74	
50m: 37.56	37.56	450m: 6:17.39	43.59	850m: 12:06.86
100m: 1:17.95	40.39	500m: 7:00.89	43.50	900m: 12:50.93
150m: 1:59.70	41.75	550m: 7:44.17	43.28	950m: 13:34.45
200m: 2:41.91	42.21	600m: 8:27.50	43.33	1000m: 14:17.88
250m: 3:24.61	42.70	650m: 9:11.34	43.84	1050m: 15:01.80
300m: 4:06.94	42.33	700m: 9:55.27	43.93	1100m: 15:45.38
350m: 4:50.44	43.50	750m: 10:39.05	43.78	1150m: 16:28.48
400m: 5:33.80	43.36	800m: 11:22.59	43.54	1200m: 17:12.36
7. GONZALEZ PENADO DE LEON, N.	10	C.N. Alcazar	21:56.47	
50m: 37.27	37.27	450m: 6:21.81	44.55	850m: 12:19.84
100m: 1:18.68	41.41	500m: 7:05.92	44.11	900m: 13:04.69
150m: 2:01.37	42.69	550m: 7:49.73	43.81	950m: 13:50.10
200m: 2:43.47	42.10	600m: 8:34.48	44.75	1000m: 14:36.05
250m: 3:26.04	42.57	650m: 9:18.46	43.98	1050m: 15:20.88
300m: 4:09.66	43.62	700m: 10:03.85	45.39	1100m: 16:05.89
350m: 4:52.83	43.17	750m: 10:49.17	45.32	1150m: 16:50.96
400m: 5:37.26	44.43	800m: 11:34.54	45.37	1200m: 17:36.18
8. GARRIDO DELGADO, Lucia Virtudes	12	C.N. Valdepeñas	24:00.34	
50m: 40.66	40.66	450m: 7:00.97	48.68	850m: 13:32.14
100m: 1:25.90	45.24	500m: 7:49.45	48.48	900m: 14:21.20
150m: 2:12.24	46.34	550m: 8:38.17	48.72	950m: 15:11.33
200m: 2:59.66	47.42	600m: 9:27.48	49.31	1000m: 16:00.52
250m: 3:47.26	47.60	650m: 10:16.10	48.62	1050m: 16:49.62
300m: 4:34.95	47.69	700m: 11:04.48	48.38	1100m: 17:38.82
350m: 5:23.25	48.30	750m: 11:53.71	49.23	1150m: 18:28.24
400m: 6:12.29	49.04	800m: 12:42.95	49.24	1200m: 19:16.33



Prueba 18, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN		Tiempo	
9. MONDEJAR NIETO, Lucia	09	C.N. Valdepeñas	24:00.69	
50m: 41.27 41.27	450m: 7:03.96 48.83	850m: 13:35.98 49.92	1250m: 20:05.17 48.04	
100m: 1:27.03 45.76	500m: 7:53.30 49.34	900m: 14:25.53 49.55	1300m: 20:54.20 49.03	
150m: 2:13.79 46.76	550m: 8:41.63 48.33	950m: 15:15.33 49.80	1350m: 21:42.79 48.59	
200m: 3:01.64 47.85	600m: 9:30.21 48.58	1000m: 16:04.66 49.33	1400m: 22:30.98 48.19	
250m: 3:48.89 47.25	650m: 10:18.95 48.74	1050m: 16:54.13 49.47	1450m: 23:18.69 47.71	
300m: 4:37.67 48.78	700m: 11:08.45 49.50	1100m: 17:43.32 49.19	1500m: 24:00.69 42.00	
350m: 5:25.53 47.86	750m: 11:57.55 49.10	1150m: 18:29.11 45.79		
400m: 6:15.13 49.60	800m: 12:46.06 48.51	1200m: 19:17.13 48.02		

