

Prueba 29
25/10/2025 - 18:44

Fem., 400m Libre

Absoluto Femenino
Resultados

r	4:07.57	MARTA CARMONA, VILLAPLANA	Sabadell	17/12/2022
mm 18	4:12.99	NEREA IBAÑEZ, HERNANDEZ	BARCELONA	23/11/2017
mm 17	4:07.57	MARTA CARMONA, VILLAPLANA	Sabadell	17/12/2022
mm 16	4:11.41	MARTA CARMONA, VILLAPLANA	PALMA DE MALLORCA	25/11/2021
mm 15	4:16.72	MARTA CARMONA, VILLAPLANA	Talavera	07/11/2020
mm 14	4:23.02	MARTA CARMONA, VILLAPLANA	Tomelloso	09/11/2019
mm 13	4:26.35	ELENA VAZQUEZ, ALVAREZ	GIJON	14/11/2019
mm 12	4:40.91	CABANES GARZÁS, LAURA	ALBACETE	05/05/2018

Clasificación

AN

Tiempo

Pts

Alevín Femenino

1.	MORENO-TOME NAVARRO, Abril	13	C.N. Torrijos	5:10.07	11,00
	50m: 35.47 35.47	150m: 1:51.38	38.22	250m: 3:09.83	39.60 350m: 4:30.76
	100m: 1:13.16 37.69	200m: 2:30.23	38.85	300m: 3:50.30	40.47 400m: 5:10.07
2.	MORATA SOMOZAS, Dunia	13	C.N. Ciudad Real	5:16.07	16,00
	50m: 36.59 36.59	150m: 1:57.13	40.61	250m: 3:18.44	40.72 350m: 4:37.70
	100m: 1:16.52 39.93	200m: 2:37.72	40.59	300m: 3:58.60	40.16 400m: 5:16.07
3.	DORADO SANCHEZ, Carlota	13	Club Natación Sonseca	5:43.50	14,00
	50m: 39.30 39.30	150m: 2:08.01	44.35	250m: 3:36.70	43.60 350m: 5:02.82
	100m: 1:23.66 44.36	200m: 2:53.10	45.09	300m: 4:19.40	42.70 400m: 5:43.50

Infantil Femenino

1.	ROMANENKO OSIPENKO, Elisabet	11	C.N.S.Oriol Imperial	5:05.34	19,00
	50m: 35.06 35.06	150m: 1:52.08	38.85	250m: 3:09.61	38.71 350m: 4:27.20
	100m: 1:13.23 38.17	200m: 2:30.90	38.82	300m: 3:48.62	39.01 400m: 5:05.34
2.	MENDIOLA LABRADOR, Marta	12	C.N. Ciudad Real	5:08.50	16,00
	50m: 34.82 34.82	150m: 1:52.27	39.10	250m: 3:10.83	39.38 350m: 4:29.54
	100m: 1:13.17 38.35	200m: 2:31.45	39.18	300m: 3:50.45	39.62 400m: 5:08.50
3.	RODRIGUEZ LOPEZ, Elsa	11	C.N. Cuenca	5:16.09	10,00
	50m: 35.06 35.06	150m: 1:54.37	40.40	250m: 3:15.75	41.12 350m: 4:37.57
	100m: 1:13.97 38.91	200m: 2:34.63	40.26	300m: 3:57.32	41.57 400m: 5:16.09
4.	GARCIA GARCIA, Elisa	11	E.C. Ciudad De Talavera	5:27.20	5,00
	50m: 37.55 37.55	150m: 1:59.51	41.37	250m: 3:23.64	42.33 350m: 4:46.85
	100m: 1:18.14 40.59	200m: 2:41.31	41.80	300m: 4:05.36	41.72 400m: 5:27.20

Junior Femenino

1.	CICUENDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	4:52.71	19,00
	50m: 34.69 34.69	150m: 1:48.16	36.70	250m: 3:02.55	37.38 350m: 4:17.02
	100m: 1:11.46 36.77	200m: 2:25.17	37.01	300m: 3:39.92	37.37 400m: 4:52.71
2.	LOPEZ GALLEGU, Irene	09	C.P.N. La Roda	5:00.37	14,00
	50m: 33.26 33.26	150m: 1:48.57	38.19	250m: 3:05.83	38.76 350m: 4:23.32
	100m: 1:10.38 37.12	200m: 2:27.07	38.50	300m: 3:44.68	38.85 400m: 5:00.37
3.	RODRIGUEZ GONZALEZ GALLEGU, Blanca	10	C.N. Ciudad Real	5:00.52	13,00
	50m: 33.97 33.97	150m: 1:48.64	37.34	250m: 3:05.00	38.55 350m: 4:23.30
	100m: 1:11.30 37.33	200m: 2:26.45	37.81	300m: 3:44.28	39.28 400m: 5:00.52
4.	QUIROS TEJADO, Luna	09	C.N. Alcazar	5:07.56	12,00
	50m: 34.87 34.87	150m: 1:49.93	38.08	250m: 3:07.86	39.32 350m: 4:27.77
	100m: 1:11.85 36.98	200m: 2:28.54	38.61	300m: 3:47.97	40.11 400m: 5:07.56
5.	AGUIRRE MONTES DE OCA, Paula	09	C.D. Toledo Monteverde	5:19.19	8,00
	50m: 36.41 36.41	150m: 1:55.62	39.77	250m: 3:16.42	40.58 350m: 4:39.65
	100m: 1:15.85 39.44	200m: 2:35.84	40.22	300m: 3:57.37	40.95 400m: 5:19.19

Comprometidos con la natación para toda la vida

Prueba 29, Fem., 400m Libre, Junior Femenino

Clasificación			AN					Tiempo	Pts			
6.	BANEGAS RUIZ VALDEPEÑAS, Alba		10	Club Natacion Daimiel				5:23.84	7,00			
	50m:	36.73	36.73	150m:	1:58.03	40.88	250m:	3:19.97	41.03	350m:	4:43.84	42.46
	100m:	1:17.15	40.42	200m:	2:38.94	40.91	300m:	4:01.38	41.41	400m:	5:23.84	40.00
7.	MOÑINO SÁNCHEZ, Virginia		08	Club Natación Sonseca				5:26.68	6,00			
	50m:	36.14	36.14	150m:	1:57.34	41.29	250m:	3:22.09	42.35	350m:	4:46.02	41.59
	100m:	1:16.05	39.91	200m:	2:39.74	42.40	300m:	4:04.43	42.34	400m:	5:26.68	40.66

Absoluto Femenino

1.	CICUENDEZ PLAZA, Andrea		08	C.N. Criptana Gigantes				4:52.71	19,00			
	50m:	34.69	34.69	150m:	1:48.16	36.70	250m:	3:02.55	37.38	350m:	4:17.02	37.10
	100m:	1:11.46	36.77	200m:	2:25.17	37.01	300m:	3:39.92	37.37	400m:	4:52.71	35.69
2.	GOMEZ LOPEZ, Leonor		06	C.N.S.Oriol Imperial				4:54.80	16,00			
	50m:	34.39	34.39	150m:	1:48.20	37.09	250m:	3:02.80	37.40	350m:	4:17.92	37.61
	100m:	1:11.11	36.72	200m:	2:25.40	37.20	300m:	3:40.31	37.51	400m:	4:54.80	36.88
3.	LOPEZ GALLEGO, Irene		09	C.P.N. La Roda				5:00.37	14,00			
	50m:	33.26	33.26	150m:	1:48.57	38.19	250m:	3:05.83	38.76	350m:	4:23.32	38.64
	100m:	1:10.38	37.12	200m:	2:27.07	38.50	300m:	3:44.68	38.85	400m:	5:00.37	37.05
4.	RODRIGUEZ GONZALEZ GALLEGO, Blanca		10	C.N. Ciudad Real				5:00.52	13,00			
	50m:	33.97	33.97	150m:	1:48.64	37.34	250m:	3:05.00	38.55	350m:	4:23.30	39.02
	100m:	1:11.30	37.33	200m:	2:26.45	37.81	300m:	3:44.28	39.28	400m:	5:00.52	37.22
5.	ROMANENKO OSIPENKO, Elisabet		11	C.N.S.Oriol Imperial				5:05.34	19,00			
	50m:	35.06	35.06	150m:	1:52.08	38.85	250m:	3:09.61	38.71	350m:	4:27.20	38.58
	100m:	1:13.23	38.17	200m:	2:30.90	38.82	300m:	3:48.62	39.01	400m:	5:05.34	38.14
6.	QUIROS TEJADO, Luna		09	C.N. Alcazar				5:07.56	12,00			
	50m:	34.87	34.87	150m:	1:49.93	38.08	250m:	3:07.86	39.32	350m:	4:27.77	39.80
	100m:	1:11.85	36.98	200m:	2:28.54	38.61	300m:	3:47.97	40.11	400m:	5:07.56	39.79
7.	MENDIOLA LABRADOR, Marta		12	C.N. Ciudad Real				5:08.50	16,00			
	50m:	34.82	34.82	150m:	1:52.27	39.10	250m:	3:10.83	39.38	350m:	4:29.54	39.09
	100m:	1:13.17	38.35	200m:	2:31.45	39.18	300m:	3:50.45	39.62	400m:	5:08.50	38.96
8.	MORENO-TOME NAVARRO, Abril		13	C.N. Torrijos				5:10.07	11,00			
	50m:	35.47	35.47	150m:	1:51.38	38.22	250m:	3:09.83	39.60	350m:	4:30.76	40.46
	100m:	1:13.16	37.69	200m:	2:30.23	38.85	300m:	3:50.30	40.47	400m:	5:10.07	39.31
9.	MORATA SOMOZAS, Dunia		13	C.N. Ciudad Real				5:16.07	16,00			
	50m:	36.59	36.59	150m:	1:57.13	40.61	250m:	3:18.44	40.72	350m:	4:37.70	39.10
	100m:	1:16.52	39.93	200m:	2:37.72	40.59	300m:	3:58.60	40.16	400m:	5:16.07	38.37
10.	RODRIGUEZ LOPEZ, Elsa		11	C.N. Cuenca				5:16.09	10,00			
	50m:	35.06	35.06	150m:	1:54.37	40.40	250m:	3:15.75	41.12	350m:	4:37.57	40.25
	100m:	1:13.97	38.91	200m:	2:34.63	40.26	300m:	3:57.32	41.57	400m:	5:16.09	38.52
11.	MEJIAS VELASCO, Maria		04	C.N. Alarcos Ciudad Real				5:18.86	9,00			
	50m:	34.82	34.82	150m:	1:54.30	39.64	250m:	3:15.54	40.70	350m:	4:38.60	41.72
	100m:	1:14.66	39.84	200m:	2:34.84	40.54	300m:	3:56.88	41.34	400m:	5:18.86	40.26
12.	AGUIRRE MONTES DE OCA, Paula		09	C.D. Toledo Monteverde				5:19.19	8,00			
	50m:	36.41	36.41	150m:	1:55.62	39.77	250m:	3:16.42	40.58	350m:	4:39.65	42.28
	100m:	1:15.85	39.44	200m:	2:35.84	40.22	300m:	3:57.37	40.95	400m:	5:19.19	39.54
13.	BANEGAS RUIZ VALDEPEÑAS, Alba		10	Club Natacion Daimiel				5:23.84	7,00			
	50m:	36.73	36.73	150m:	1:58.03	40.88	250m:	3:19.97	41.03	350m:	4:43.84	42.46
	100m:	1:17.15	40.42	200m:	2:38.94	40.91	300m:	4:01.38	41.41	400m:	5:23.84	40.00
14.	MOÑINO SÁNCHEZ, Virginia		08	Club Natación Sonseca				5:26.68	6,00			
	50m:	36.14	36.14	150m:	1:57.34	41.29	250m:	3:22.09	42.35	350m:	4:46.02	41.59
	100m:	1:16.05	39.91	200m:	2:39.74	42.40	300m:	4:04.43	42.34	400m:	5:26.68	40.66

Comprometidos con la natación para toda la vida



Prueba 29, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN		Tiempo						Pts		
15. GARCIA GARCIA, Elisa	11		5:27.20						5,00		
50m:	37.55	37.55	150m:	1:59.51	41.37	250m:	3:23.64	42.33	350m:	4:46.85	41.49
100m:	1:18.14	40.59	200m:	2:41.31	41.80	300m:	4:05.36	41.72	400m:	5:27.20	40.35
16. DORADO SANCHEZ, Carlota	13		5:43.50						14,00		
50m:	39.30	39.30	150m:	2:08.01	44.35	250m:	3:36.70	43.60	350m:	5:02.82	43.42
100m:	1:23.66	44.36	200m:	2:53.10	45.09	300m:	4:19.40	42.70	400m:	5:43.50	40.68

