

Prueba 29
12/04/2025 - 18:36

Fem., 400m Libre

Absoluto Femenino
Resultados

| | | | | |
|-------|---------|----------------------------|-------------------|------------|
| r | 4:07.57 | , MARTA CARMONA VILLAPLANA | Sabadell | 17/12/2022 |
| mm 18 | 4:12.99 | IBAÑEZ HERNANDEZ, NEREA | BARCELONA | 23/11/2017 |
| mm 17 | 4:07.57 | , MARTA CARMONA VILLAPLANA | Sabadell | 17/12/2022 |
| mm 16 | 4:11.41 | , MARTA CARMONA VILLAPLANA | PALMA DE MALLORCA | 25/11/2021 |
| mm 15 | 4:16.72 | , MARTA CARMONA VILLAPLANA | Talavera | 07/11/2020 |
| mm 14 | 4:23.02 | , MARTA CARMONA VILLAPLANA | Tomelloso | 09/11/2019 |
| mm 13 | 4:26.35 | , ELENA VAZQUEZ ALVAREZ | GIJON | 14/11/2019 |
| mm 12 | 4:40.91 | , CABANES GARZÁS LAURA | ALBACETE | 05/05/2018 |
| mm 11 | 5:01.51 | , BLANCA DIAZ GOMEZ | Tomelloso | 06/11/2021 |

Puntos: AQUA 2024

Clasificación AN Tiempo Pts

Alevín Femenino

| | | | | | | | | | | | | |
|----|-------------------------------|---------|-----------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. | MARTIN-CONSUEGRA GARCIA-MAROT | 13 E. | Club Natacion Daimiel | 5:03.44 | 442 | | | | | | | |
| | 50m: | 34.91 | 34.91 | 150m: | 1:53.56 | 40.00 | 250m: | 3:12.63 | 39.30 | 350m: | 4:28.77 | 37.17 |
| | 100m: | 1:13.56 | 38.65 | 200m: | 2:33.33 | 39.77 | 300m: | 3:51.60 | 38.97 | 400m: | 5:03.44 | 34.67 |
| 2. | MORENO-TOME NAVARRO, Abril | 13 | C.N. Torrijos | 5:08.54 | 421 | | | | | | | |
| | 50m: | 33.45 | 33.45 | 150m: | 1:51.84 | 40.33 | 250m: | 3:11.34 | 40.09 | 350m: | 4:29.61 | 38.31 |
| | 100m: | 1:11.51 | 38.06 | 200m: | 2:31.25 | 39.41 | 300m: | 3:51.30 | 39.96 | 400m: | 5:08.54 | 38.93 |
| 3. | POLO BASTANTE, Carmen Maria | 12 | Club Natacion Daimiel | 5:32.04 | 338 | | | | | | | |
| | 50m: | 37.30 | 37.30 | 150m: | 1:59.91 | 41.97 | 250m: | 3:25.35 | 42.84 | 350m: | 4:50.83 | 42.33 |
| | 100m: | 1:17.94 | 40.64 | 200m: | 2:42.51 | 42.60 | 300m: | 4:08.50 | 43.15 | 400m: | 5:32.04 | 41.21 |

Infantil Femenino

| | | | | | | | | | | | | |
|----|-------------------------------|---------|-------------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. | RONCERO NAVARRO, Angela | 11 | Club Natacion Daimiel | 4:38.28 | 574 | | | | | | | |
| | 50m: | 31.79 | 31.79 | 150m: | 1:40.79 | 34.78 | 250m: | 2:52.49 | 36.20 | 350m: | 4:03.60 | 35.28 |
| | 100m: | 1:06.01 | 34.22 | 200m: | 2:16.29 | 35.50 | 300m: | 3:28.32 | 35.83 | 400m: | 4:38.28 | 34.68 |
| 2. | BANEGAS RUIZ VALDEPEÑAS, Alba | 10 | Club Natacion Daimiel | 5:08.90 | 419 | | | | | | | |
| | 50m: | 35.28 | 35.28 | 150m: | 1:51.72 | 38.63 | 250m: | 3:10.83 | 39.67 | 350m: | 4:30.39 | 39.60 |
| | 100m: | 1:13.09 | 37.81 | 200m: | 2:31.16 | 39.44 | 300m: | 3:50.79 | 39.96 | 400m: | 5:08.90 | 38.51 |
| 3. | ZAPATA BARBA, Paula | 10 | C.N. Ciudad Real | 5:25.29 | 359 | | | | | | | |
| | 50m: | 37.15 | 37.15 | 150m: | 1:58.66 | 41.04 | 250m: | 3:21.32 | 41.58 | 350m: | 4:44.52 | 41.65 |
| | 100m: | 1:17.62 | 40.47 | 200m: | 2:39.74 | 41.08 | 300m: | 4:02.87 | 41.55 | 400m: | 5:25.29 | 40.77 |
| 4. | SEGOVIA SANCHEZ, Selena | 11 | E.C. Ciudad De Talavera | 5:58.29 | 269 | | | | | | | |
| | 50m: | 40.36 | 40.36 | 150m: | 2:10.41 | 46.02 | 250m: | 3:41.91 | 45.79 | 350m: | 5:14.05 | 45.64 |
| | 100m: | 1:24.39 | 44.03 | 200m: | 2:56.12 | 45.71 | 300m: | 4:28.41 | 46.50 | 400m: | 5:58.29 | 44.24 |

Baja RODRIGUEZ GONZALEZ GALLEGO, Blandi C.N. Ciudad Real

Junior Femenino

| | | | | | | | | | | | | |
|----|-------------------------|---------|------------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. | GARCIA HERNANDEZ, Irene | 09 | C.N. Albacete | 4:46.16 | 528 | | | | | | | |
| | 50m: | 32.84 | 32.84 | 150m: | 1:44.57 | 36.37 | 250m: | 2:57.51 | 36.44 | 350m: | 4:10.21 | 36.18 |
| | 100m: | 1:08.20 | 35.36 | 200m: | 2:21.07 | 36.50 | 300m: | 3:34.03 | 36.52 | 400m: | 4:46.16 | 35.95 |
| 2. | CICUENDEZ PLAZA, Andrea | 08 | C.N. Criptana Gigantes | 4:54.34 | 485 | | | | | | | |
| | 50m: | 34.43 | 34.43 | 150m: | 1:47.77 | 37.04 | 250m: | 3:02.56 | 37.48 | 350m: | 4:17.82 | 37.57 |
| | 100m: | 1:10.73 | 36.30 | 200m: | 2:25.08 | 37.31 | 300m: | 3:40.25 | 37.69 | 400m: | 4:54.34 | 36.52 |
| 3. | AMORES ALCOLADO, Sonia | 09 | C.N. Criptana Gigantes | 4:56.75 | 473 | | | | | | | |
| | 50m: | 33.23 | 33.23 | 150m: | 1:47.03 | 37.29 | 250m: | 3:02.89 | 37.96 | 350m: | 4:19.56 | 38.51 |
| | 100m: | 1:09.74 | 36.51 | 200m: | 2:24.93 | 37.90 | 300m: | 3:41.05 | 38.16 | 400m: | 4:56.75 | 37.19 |
| 4. | QUIROS TEJADO, Luna | 09 | C.N. Alcazar | 5:00.34 | 456 | | | | | | | |
| | 50m: | 34.43 | 34.43 | 150m: | 1:47.84 | 37.40 | 250m: | 3:03.79 | 37.95 | 350m: | 4:21.66 | 39.02 |
| | 100m: | 1:10.44 | 36.01 | 200m: | 2:25.84 | 38.00 | 300m: | 3:42.64 | 38.85 | 400m: | 5:00.34 | 38.68 |

Comprometidos con la natación para toda la vida

Prueba 29, Fem., 400m Libre, Junior Femenino

| Clasificación | | | AN | | | | | | | Tiempo | Pts | |
|---------------|------------------------------|---------|-------|------------------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 5. | AGUIRRE MONTES DE OCA, Paula | | 09 | C.D. Toledo Monteverde | | | | | | 5:10.79 | 412 | |
| | 50m: | 35.34 | 35.34 | 150m: | 1:53.16 | 39.39 | 250m: | 3:12.63 | 39.77 | 350m: | 4:32.00 | 39.57 |
| | 100m: | 1:13.77 | 38.43 | 200m: | 2:32.86 | 39.70 | 300m: | 3:52.43 | 39.80 | 400m: | 5:10.79 | 38.79 |
| 6. | PECELLIN MACIAS, Paula | | 07 | C.N. Ciudad Real | | | | | | 5:17.25 | 387 | |
| | 50m: | 35.23 | 35.23 | 150m: | 1:53.53 | 39.68 | 250m: | 3:14.69 | 40.58 | 350m: | 4:36.93 | 41.18 |
| | 100m: | 1:13.85 | 38.62 | 200m: | 2:34.11 | 40.58 | 300m: | 3:55.75 | 41.06 | 400m: | 5:17.25 | 40.32 |
| 7. | LEON GOMEZ, Teresa | | 09 | C.N. Ciudad Real | | | | | | 5:42.12 | 309 | |
| | 50m: | 38.04 | 38.04 | 150m: | 2:03.32 | 43.48 | 250m: | 3:32.33 | 44.38 | 350m: | 5:00.60 | 43.71 |
| | 100m: | 1:19.84 | 41.80 | 200m: | 2:47.95 | 44.63 | 300m: | 4:16.89 | 44.56 | 400m: | 5:42.12 | 41.52 |
| 8. | MONDEJAR NIETO, Lucia | | 09 | C.N. Valdepeñas | | | | | | 6:30.56 | 207 | |
| | 50m: | 41.64 | 41.64 | 150m: | 2:19.63 | 51.03 | 250m: | 4:02.22 | 51.64 | 350m: | 5:43.72 | 50.62 |
| | 100m: | 1:28.60 | 46.96 | 200m: | 3:10.58 | 50.95 | 300m: | 4:53.10 | 50.88 | 400m: | 6:30.56 | 46.84 |

Absoluto Femenino

| | | | | | | | | | | | | |
|-----|------------------------------------|---------|-------|------------------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| 1. | RONCERO NAVARRO, Angela | | 11 | Club Natacion Daimiel | | | | | | 4:38.28 | 574 | |
| | 50m: | 31.79 | 31.79 | 150m: | 1:40.79 | 34.78 | 250m: | 2:52.49 | 36.20 | 350m: | 4:03.60 | 35.28 |
| | 100m: | 1:06.01 | 34.22 | 200m: | 2:16.29 | 35.50 | 300m: | 3:28.32 | 35.83 | 400m: | 4:38.28 | 34.68 |
| 2. | GARCIA HERNANDEZ, Irene | | 09 | C.N. Albacete | | | | | | 4:46.16 | 528 | |
| | 50m: | 32.84 | 32.84 | 150m: | 1:44.57 | 36.37 | 250m: | 2:57.51 | 36.44 | 350m: | 4:10.21 | 36.18 |
| | 100m: | 1:08.20 | 35.36 | 200m: | 2:21.07 | 36.50 | 300m: | 3:34.03 | 36.52 | 400m: | 4:46.16 | 35.95 |
| 3. | CICUENDEZ PLAZA, Andrea | | 08 | C.N. Criptana Gigantes | | | | | | 4:54.34 | 485 | |
| | 50m: | 34.43 | 34.43 | 150m: | 1:47.77 | 37.04 | 250m: | 3:02.56 | 37.48 | 350m: | 4:17.82 | 37.57 |
| | 100m: | 1:10.73 | 36.30 | 200m: | 2:25.08 | 37.31 | 300m: | 3:40.25 | 37.69 | 400m: | 4:54.34 | 36.52 |
| 4. | AMORES ALCOLADO, Sonia | | 09 | C.N. Criptana Gigantes | | | | | | 4:56.75 | 473 | |
| | 50m: | 33.23 | 33.23 | 150m: | 1:47.03 | 37.29 | 250m: | 3:02.89 | 37.96 | 350m: | 4:19.56 | 38.51 |
| | 100m: | 1:09.74 | 36.51 | 200m: | 2:24.93 | 37.90 | 300m: | 3:41.05 | 38.16 | 400m: | 4:56.75 | 37.19 |
| 5. | QUIROS TEJADO, Luna | | 09 | C.N. Alcazar | | | | | | 5:00.34 | 456 | |
| | 50m: | 34.43 | 34.43 | 150m: | 1:47.84 | 37.40 | 250m: | 3:03.79 | 37.95 | 350m: | 4:21.66 | 39.02 |
| | 100m: | 1:10.44 | 36.01 | 200m: | 2:25.84 | 38.00 | 300m: | 3:42.64 | 38.85 | 400m: | 5:00.34 | 38.68 |
| 6. | MARTIN-CONSUEGRA GARCIA-MAROT13 E. | | | Club Natacion Daimiel | | | | | | 5:03.44 | 442 | |
| | 50m: | 34.91 | 34.91 | 150m: | 1:53.56 | 40.00 | 250m: | 3:12.63 | 39.30 | 350m: | 4:28.77 | 37.17 |
| | 100m: | 1:13.56 | 38.65 | 200m: | 2:33.33 | 39.77 | 300m: | 3:51.60 | 38.97 | 400m: | 5:03.44 | 34.67 |
| 7. | MORENO-TOME NAVARRO, Abril | | 13 | C.N. Torrijos | | | | | | 5:08.54 | 421 | |
| | 50m: | 33.45 | 33.45 | 150m: | 1:51.84 | 40.33 | 250m: | 3:11.34 | 40.09 | 350m: | 4:29.61 | 38.31 |
| | 100m: | 1:11.51 | 38.06 | 200m: | 2:31.25 | 39.41 | 300m: | 3:51.30 | 39.96 | 400m: | 5:08.54 | 38.93 |
| 8. | BANEGAS RUIZ VALDEPEÑAS, Alba | | 10 | Club Natacion Daimiel | | | | | | 5:08.90 | 419 | |
| | 50m: | 35.28 | 35.28 | 150m: | 1:51.72 | 38.63 | 250m: | 3:10.83 | 39.67 | 350m: | 4:30.39 | 39.60 |
| | 100m: | 1:13.09 | 37.81 | 200m: | 2:31.16 | 39.44 | 300m: | 3:50.79 | 39.96 | 400m: | 5:08.90 | 38.51 |
| 9. | AGUIRRE MONTES DE OCA, Paula | | 09 | C.D. Toledo Monteverde | | | | | | 5:10.79 | 412 | |
| | 50m: | 35.34 | 35.34 | 150m: | 1:53.16 | 39.39 | 250m: | 3:12.63 | 39.77 | 350m: | 4:32.00 | 39.57 |
| | 100m: | 1:13.77 | 38.43 | 200m: | 2:32.86 | 39.70 | 300m: | 3:52.43 | 39.80 | 400m: | 5:10.79 | 38.79 |
| 10. | PECELLIN MACIAS, Paula | | 07 | C.N. Ciudad Real | | | | | | 5:17.25 | 387 | |
| | 50m: | 35.23 | 35.23 | 150m: | 1:53.53 | 39.68 | 250m: | 3:14.69 | 40.58 | 350m: | 4:36.93 | 41.18 |
| | 100m: | 1:13.85 | 38.62 | 200m: | 2:34.11 | 40.58 | 300m: | 3:55.75 | 41.06 | 400m: | 5:17.25 | 40.32 |
| 11. | ZAPATA BARBA, Paula | | 10 | C.N. Ciudad Real | | | | | | 5:25.29 | 359 | |
| | 50m: | 37.15 | 37.15 | 150m: | 1:58.66 | 41.04 | 250m: | 3:21.32 | 41.58 | 350m: | 4:44.52 | 41.65 |
| | 100m: | 1:17.62 | 40.47 | 200m: | 2:39.74 | 41.08 | 300m: | 4:02.87 | 41.55 | 400m: | 5:25.29 | 40.77 |
| 12. | POLO BASTANTE, Carmen Maria | | 12 | Club Natacion Daimiel | | | | | | 5:32.04 | 338 | |
| | 50m: | 37.30 | 37.30 | 150m: | 1:59.91 | 41.97 | 250m: | 3:25.35 | 42.84 | 350m: | 4:50.83 | 42.33 |
| | 100m: | 1:17.94 | 40.64 | 200m: | 2:42.51 | 42.60 | 300m: | 4:08.50 | 43.15 | 400m: | 5:32.04 | 41.21 |

Comprometidos con la natación para toda la vida

Prueba 29, Fem., 400m Libre, Absoluto Femenino

| Clasificación | AN | | | | | | Tiempo | Pts | | | |
|--|---------|-------|-------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 13. LEON GOMEZ, Teresa | 09 | | C.N. Ciudad Real | | | | 5:42.12 | 309 | | | |
| 50m: | 38.04 | 38.04 | 150m: | 2:03.32 | 43.48 | 250m: | 3:32.33 | 44.38 | 350m: | 5:00.60 | 43.71 |
| 100m: | 1:19.84 | 41.80 | 200m: | 2:47.95 | 44.63 | 300m: | 4:16.89 | 44.56 | 400m: | 5:42.12 | 41.52 |
| 14. SEGOVIA SANCHEZ, Selena | 11 | | E.C. Ciudad De Talavera | | | | 5:58.29 | 269 | | | |
| 50m: | 40.36 | 40.36 | 150m: | 2:10.41 | 46.02 | 250m: | 3:41.91 | 45.79 | 350m: | 5:14.05 | 45.64 |
| 100m: | 1:24.39 | 44.03 | 200m: | 2:56.12 | 45.71 | 300m: | 4:28.41 | 46.50 | 400m: | 5:58.29 | 44.24 |
| 15. MONDEJAR NIETO, Lucia | 09 | | C.N. Valdepeñas | | | | 6:30.56 | 207 | | | |
| 50m: | 41.64 | 41.64 | 150m: | 2:19.63 | 51.03 | 250m: | 4:02.22 | 51.64 | 350m: | 5:43.72 | 50.62 |
| 100m: | 1:28.60 | 46.96 | 200m: | 3:10.58 | 50.95 | 300m: | 4:53.10 | 50.88 | 400m: | 6:30.56 | 46.84 |
| Baja RODRIGUEZ GONZALEZ GALLEGO, Bland | 0 | | C.N. Ciudad Real | | | | | | | | |