

Prueba 23

Fem., 400m Estilos

Absoluto Femenino

12/04/2025 - 17:28

Resultados

r	4:47.64	, LAURA CABANES GARZÁS	Sabadell	18/12/2022
mm 18	5:10.20	, MARTA CABANES GARZAS	Albacete	17/04/2021
mm 17	4:57.21	, MARTA CABANES GARZAS	Talavera de la Reina	22/02/2020
mm 16	4:47.64	, LAURA CABANES GARZÁS	Sabadell	18/12/2022
mm 15	5:00.38	, LAURA CABANES GARZÁS	Tomelloso	06/11/2021
mm 14	5:14.43	, DE LOS MUROS DE LA HIJA BERTA	TOMELLOSO	05/03/2016
mm 13	5:10.52	, LAURA CABANES GARZÁS	Toledo	10/02/2019
mm 12	5:16.48	, ÁNGELA RONCERO NAVARRO	Talavera de la Reina	17/12/2023
mm 11	5:40.62	, LAURA CABANES GARZÁS	CIUDAD REAL	24/06/2017

Puntos: AQUA 2024

Clasificación

AN

Tiempo

Pts

Alevín Femenino

1.	MARTIN-CONSUEGRA GARCIA-MAROT	13	E. Club Natacion Daimiel	5:47.68	413
	50m:	36.93	36.93	150m:	2:08.56
	100m:	1:21.41	44.48	200m:	2:54.68
	250m:	3:44.11	49.43	350m:	5:13.15
	300m:	4:35.49	51.38	400m:	5:47.68
2.	MNYKH VOZNYACHUK, Alicia	12	C.N. Tomelloso	6:16.22	326
	50m:	42.64	42.64	150m:	2:20.41
	100m:	1:35.92	53.28	200m:	3:03.34
	250m:	3:58.38	55.04	350m:	5:36.04
	300m:	4:52.25	53.87	400m:	6:16.22
3.	ANATOLIEVA PETROVA, Stefania	13	C.P.N. La Roda	6:31.20	290
	50m:	42.35	42.35	150m:	2:22.51
	100m:	1:31.86	49.51	200m:	3:10.98
	250m:	4:05.01	54.03	350m:	5:46.12
	300m:	4:58.99	53.98	400m:	6:31.20

Infantil Femenino

1.	RONCERO NAVARRO, Angela	11	Club Natacion Daimiel	5:12.42	569	mm
	50m:	31.54	31.54	150m:	1:46.89	39.65
	100m:	1:07.24	35.70	200m:	2:26.49	39.60
	250m:	3:12.04	45.55	350m:	4:36.36	37.74
	300m:	3:58.62	46.58	400m:	5:12.42	36.06
2.	BANEGAS RUIZ VALDEPEÑAS, Alba	10	Club Natacion Daimiel	5:56.36	383	
	50m:	38.07	38.07	150m:	2:08.24	46.76
	100m:	1:21.48	43.41	200m:	2:53.82	45.58
	250m:	3:44.97	51.15	350m:	5:16.93	39.94
	300m:	4:36.99	52.02	400m:	5:56.36	39.43
3.	LARA SERRANO, Carlota	11	C.N. Tomelloso	6:34.27	283	
	50m:	38.96	38.96	150m:	2:15.24	47.79
	100m:	1:27.45	48.49	200m:	3:03.23	47.99
	250m:	4:00.70	57.47	350m:	5:49.56	48.36
	300m:	5:01.20	1:00.50	400m:	6:34.27	44.71
4.	FERNANDEZ CAMACHO, Susana	11	C.N. Valdepeñas	6:44.94	261	
	50m:	46.17	46.17	150m:	2:34.61	53.47
	100m:	1:41.14	54.97	200m:	3:27.77	53.16
	250m:	4:20.93	53.16	350m:	6:00.58	46.87
	300m:	5:13.71	52.78	400m:	6:44.94	44.36
5.	LOPEZ BURILLO, Julia	11	C.N. Tomelloso	6:53.56	245	
	50m:	44.22	44.22	150m:	2:28.71	51.87
	100m:	1:36.84	52.62	200m:	3:19.05	50.34
	250m:	4:19.29	1:00.24	350m:	6:07.85	48.05
	300m:	5:19.80	1:00.51	400m:	6:53.56	45.71
6.	MATA GARRIDO, Ines	11	C.N. Valdepeñas	7:00.87	232	
	50m:	44.60	44.60	150m:	2:30.15	50.44
	100m:	1:39.71	55.11	200m:	3:19.58	49.43
	250m:	4:21.98	1:02.40	350m:	6:14.66	49.33
	300m:	5:25.33	1:03.35	400m:	7:00.87	46.21

Junior Femenino

1.	DE LA FLOR POZUELO, Marina	08	Club Natacion Daimiel	5:32.21	473	
	50m:	34.69	34.69	150m:	1:59.68	44.51
	100m:	1:15.17	40.48	200m:	2:43.44	43.76
	250m:	3:29.32	45.88	350m:	4:54.63	38.92
	300m:	4:15.71	46.39	400m:	5:32.21	37.58
2.	CICUENDEZ PLAZA, Andrea	08	C.N. Criptana Gigantes	5:38.99	445	
	50m:	34.20	34.20	150m:	1:58.58	44.57
	100m:	1:14.01	39.81	200m:	2:41.90	43.32
	250m:	3:31.97	50.07	350m:	5:01.40	39.50
	300m:	4:21.90	49.93	400m:	5:38.99	37.59

Comprometidos con la natación para toda la vida

Prueba 23, Fem., 400m Estilos, Junior Femenino

Clasificación			AN					Tiempo	Pts			
3.	VEGA MORA, Naroa		08	C.D. Toledo Monteverde				5:43.79	427			
	50m:	36.60	36.60	150m:	2:06.56	46.24	250m:	3:38.92	47.58	350m:	5:05.79	39.25
	100m:	1:20.32	43.72	200m:	2:51.34	44.78	300m:	4:26.54	47.62	400m:	5:43.79	38.00
4.	ROSAL ORTIZ, Tiscar		09	C.N. Ciudad Real				6:07.94	348			
	50m:	38.34	38.34	150m:	2:13.61	48.03	250m:	3:50.32	50.28	350m:	5:25.57	43.16
	100m:	1:25.58	47.24	200m:	3:00.04	46.43	300m:	4:42.41	52.09	400m:	6:07.94	42.37
5.	MORAL YUSTE, Emma		07	C.N. Madridejos				6:15.00	329			
	50m:	40.47	40.47	150m:	2:17.23	47.71	250m:	3:57.62	52.39	350m:	5:34.32	43.32
	100m:	1:29.52	49.05	200m:	3:05.23	48.00	300m:	4:51.00	53.38	400m:	6:15.00	40.68

Absoluto Femenino

1.	RONCERO NAVARRO, Angela		11	Club Natacion Daimiel				5:12.42	569	mm		
	50m:	31.54	31.54	150m:	1:46.89	39.65	250m:	3:12.04	45.55	350m:	4:36.36	37.74
	100m:	1:07.24	35.70	200m:	2:26.49	39.60	300m:	3:58.62	46.58	400m:	5:12.42	36.06
2.	DE LA FLOR POZUELO, Marina		08	Club Natacion Daimiel				5:32.21	473			
	50m:	34.69	34.69	150m:	1:59.68	44.51	250m:	3:29.32	45.88	350m:	4:54.63	38.92
	100m:	1:15.17	40.48	200m:	2:43.44	43.76	300m:	4:15.71	46.39	400m:	5:32.21	37.58
3.	CICUENDEZ PLAZA, Andrea		08	C.N. Criptana Gigantes				5:38.99	445			
	50m:	34.20	34.20	150m:	1:58.58	44.57	250m:	3:31.97	50.07	350m:	5:01.40	39.50
	100m:	1:14.01	39.81	200m:	2:41.90	43.32	300m:	4:21.90	49.93	400m:	5:38.99	37.59
4.	VEGA MORA, Naroa		08	C.D. Toledo Monteverde				5:43.79	427			
	50m:	36.60	36.60	150m:	2:06.56	46.24	250m:	3:38.92	47.58	350m:	5:05.79	39.25
	100m:	1:20.32	43.72	200m:	2:51.34	44.78	300m:	4:26.54	47.62	400m:	5:43.79	38.00
5.	MARTIN-CONSUEGRA GARCIA-MAROT13 E.			Club Natacion Daimiel				5:47.68	413			
	50m:	36.93	36.93	150m:	2:08.56	47.15	250m:	3:44.11	49.43	350m:	5:13.15	37.66
	100m:	1:21.41	44.48	200m:	2:54.68	46.12	300m:	4:35.49	51.38	400m:	5:47.68	34.53
6.	ANDRES CARRALERO, Estefania		05	C.N. Cuenca				5:49.26	407			
	50m:	36.79	36.79	150m:	2:06.96	46.24	250m:	3:40.76	49.12	350m:	5:10.54	40.73
	100m:	1:20.72	43.93	200m:	2:51.64	44.68	300m:	4:29.81	49.05	400m:	5:49.26	38.72
7.	BANEGAS RUIZ VALDEPEÑAS, Alba		10	Club Natacion Daimiel				5:56.36	383			
	50m:	38.07	38.07	150m:	2:08.24	46.76	250m:	3:44.97	51.15	350m:	5:16.93	39.94
	100m:	1:21.48	43.41	200m:	2:53.82	45.58	300m:	4:36.99	52.02	400m:	5:56.36	39.43
8.	ROSAL ORTIZ, Tiscar		09	C.N. Ciudad Real				6:07.94	348			
	50m:	38.34	38.34	150m:	2:13.61	48.03	250m:	3:50.32	50.28	350m:	5:25.57	43.16
	100m:	1:25.58	47.24	200m:	3:00.04	46.43	300m:	4:42.41	52.09	400m:	6:07.94	42.37
9.	MORAL YUSTE, Emma		07	C.N. Madridejos				6:15.00	329			
	50m:	40.47	40.47	150m:	2:17.23	47.71	250m:	3:57.62	52.39	350m:	5:34.32	43.32
	100m:	1:29.52	49.05	200m:	3:05.23	48.00	300m:	4:51.00	53.38	400m:	6:15.00	40.68
10.	MNYKH VOZNYACHUK, Alicia		12	C.N. Tomelloso				6:16.22	326			
	50m:	42.64	42.64	150m:	2:20.41	44.49	250m:	3:58.38	55.04	350m:	5:36.04	43.79
	100m:	1:35.92	53.28	200m:	3:03.34	42.93	300m:	4:52.25	53.87	400m:	6:16.22	40.18
11.	ANATOLIEVA PETROVA, Stefania		13	C.P.N. La Roda				6:31.20	290			
	50m:	42.35	42.35	150m:	2:22.51	50.65	250m:	4:05.01	54.03	350m:	5:46.12	47.13
	100m:	1:31.86	49.51	200m:	3:10.98	48.47	300m:	4:58.99	53.98	400m:	6:31.20	45.08
12.	LARA SERRANO, Carlota		11	C.N. Tomelloso				6:34.27	283			
	50m:	38.96	38.96	150m:	2:15.24	47.79	250m:	4:00.70	57.47	350m:	5:49.56	48.36
	100m:	1:27.45	48.49	200m:	3:03.23	47.99	300m:	5:01.20	1:00.50	400m:	6:34.27	44.71
13.	FERNANDEZ CAMACHO, Susana		11	C.N. Valdepeñas				6:44.94	261			
	50m:	46.17	46.17	150m:	2:34.61	53.47	250m:	4:20.93	53.16	350m:	6:00.58	46.87
	100m:	1:41.14	54.97	200m:	3:27.77	53.16	300m:	5:13.71	52.78	400m:	6:44.94	44.36

Comprometidos con la natación para toda la vida



Prueba 23, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN								Tiempo	Pts	
14. LOPEZ BURILLO, Julia	11		C.N. Tomelloso						6:53.56	245	
50m:	44.22	44.22	150m:	2:28.71	51.87	250m:	4:19.29	1:00.24	350m:	6:07.85	48.05
100m:	1:36.84	52.62	200m:	3:19.05	50.34	300m:	5:19.80	1:00.51	400m:	6:53.56	45.71
15. MATA GARRIDO, Ines	11		C.N. Valdepeñas						7:00.87	232	
50m:	44.60	44.60	150m:	2:30.15	50.44	250m:	4:21.98	1:02.40	350m:	6:14.66	49.33
100m:	1:39.71	55.11	200m:	3:19.58	49.43	300m:	5:25.33	1:03.35	400m:	7:00.87	46.21

