



Prueba 7
 06/04/2025

Masc., 400m Estilos

20 - 89 años
 Resultados

Clasificación	AN		Tiempo									
30+												
1.	PALOMO SERRANO, Hector		92	C.N. Alcazar				6:32.57		277		
	50m:	44.89	44.89	150m:	2:28.09	50.26	250m:	4:11.92	54.09	350m:	5:51.24	44.93
	100m:	1:37.83	52.94	200m:	3:17.83	49.74	300m:	5:06.31	54.39	400m:	6:32.57	41.33
35+												
1.	NAVARRO SECADURA, Antonio Jose		89	C.D. Escuela Nadadores Tomelloso				7:09.45		221		
	50m:	50.59	50.59	150m:	2:45.85	56.78	250m:	4:42.84	1:01.50	350m:	6:26.67	45.60
	100m:	1:49.07	58.48	200m:	3:41.34	55.49	300m:	5:41.07	58.23	400m:	7:09.45	42.78
40+												
1.	ARROYO FERNANDEZ, Alvaro		85	E.C. Ciudad De Talavera				5:11.01		659		
	50m:	34.07	34.07	150m:	1:54.28	40.33	250m:	3:18.24	43.62	350m:	4:38.04	33.69
	100m:	1:13.95	39.88	200m:	2:34.62	40.34	300m:	4:04.35	46.11	400m:	5:11.01	32.97
55+												
1.	PEREZ ESCALANTE, David		70	C.D. Toledo Monteverde				6:53.67		344		
	50m:	46.17	46.17	150m:	2:37.79	57.39	250m:	4:29.80	55.94	350m:	6:10.74	44.67
	100m:	1:40.40	54.23	200m:	3:33.86	56.07	300m:	5:26.07	56.27	400m:	6:53.67	42.93
2.	FONT RODRIGUEZ, Luis Miguel		69	Master Toledo 3 Culturas				7:47.49		238		
	50m:	45.56	45.56	150m:	2:53.03	1:10.32	250m:	5:01.73	1:02.42	350m:	6:58.91	55.20
	100m:	1:42.71	57.15	200m:	3:59.31	1:06.28	300m:	6:03.71	1:01.98	400m:	7:47.49	48.58

