



Cto Regional Master de Invierno 22/23
Cuenca, 10 - 11/12/2022



Prueba 18
11/12/2022 - 11:00

Fem., 50m Espalda

20 - 89 años
Resultados

mm 75+	1:27.13	, MAGDALENA NUÑEZ NAVAJAS	TOMELLOSO	04/06/2017
mm 70+	1:27.54	LOPEZ DE LA CRUZ, Mercedes 00764	Cuenca	10/12/2022
mm 65+	55.10	, MARIA PILAR FERNANDEZ-TORIJA G	Tomelloso	19/01/2020
mm 60+	53.28	, FERNANDEZ-TORIJA GARCIA M.P.	VALDEPEÑAS	13/05/2018
mm 55+	39.60	, MARIA JOSE TORRES PELAYO	CASTELLÓN	09/04/2021
mm 50+	40.28	VECINA SANCHEZ, Lucia 01261	Cuenca	10/12/2022
mm 45+	35.72	, SORAYA PEREZ GALLINA	Guadalajara	12/02/2022
mm 40+	36.00	, MARIA RAMOS MORENO	LEÓN	15/01/2022
mm 35+	35.46	, SORAYA PEREZ GALLINA	MURCIA	24/05/2014
mm 30+	31.99	, MARTA GARCIA RUBIO	PONTEVEDRA	08/02/2019
mm 25+	31.24	, GARCIA RUBIO MARTA	GIJON	28/01/2016
mm 20+	30.79	, ALEJANDRA GONZALEZ GARNACHO	CASTELLÓN	11/04/2021

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1.	01	GONZALEZ GALINDO, Raquel C.N. Monteverde	36.85	433	19,00
30+					
1.	90	DEL CERRO MARTIN-ONDARZA, Ana C.N. Ciudad Real	38.67	356	19,00
2.	92	GRUESO NAVARRO, Elena C.D. Escuela Nadadores Tomelloso	47.10	197	16,00
3.	92	BECERRA CANO, Alba C.D. Escuela Nadadores Tomelloso	57.34	109	-
35+					
1.	84	VERBO PERULERO, Cristina C.N. Monteverde	37.77	391	19,00
2.	85	CALLEJA DE LA TORRE, Maria C.N. Cuenca	46.35	211	16,00
40+					
1.	79	TORNERO JIMÉNEZ, Juana C.N. Albacete	45.06	262	19,00
2.	79	LORIDO TIERZ, Laura C.N. Puertollano	47.58	223	16,00
3.	78	GONZÁLEZ GRANADOS, Marta Cn Ugena	54.98	144	14,00
4.	78	DE LA HOZ AGUADO, Mari Carmen Master Natacion Tomelloso	58.56	119	13,00
5.	79	ANDRES JIMENEZ, Maria Angeles Club Velociraptor Mp Twinner	1:01.08	105	12,00
45+					
1.	75	PERUCHO FLECHOSO, Alejandra C.N. Alcazar	41.23	367	19,00
2.	74	ARIAS MARTINEZ, Mercedes C.N. Alcazar	47.92	233	-
3.	75	CASTELLANOS, Almudena Master Natacion Tomelloso	54.89	155	16,00
4.	73	RODRIGUEZ GOMEZ, Mª Lourdes C.N. Alarcos Ciudad Real	1:03.39	100	14,00
5.	74	MANCHO COLLADO, Esther Master Natacion Tomelloso	1:04.71	94	-
50+					
1.	72	DIAZ FERNANDEZ, Mar Club Velociraptor Mp Twinner	45.54	293	19,00
2.	70	SANTORI SAMANIEGO, Paloma C.N. Valdepeñas	46.11	282	16,00
3.	68	MORALEDA PEREZ, Maria Del Carmen C.N. Los Yebenes	1:00.18	127	14,00
55+					
1.	67	VEGA AMAYA, Alicia Gloria C.N. Monteverde	51.36	201	19,00





Prueba 18, Fem., 50m Espalda

60+

1. SANTA-MARÍA BLANCO, María Fe 61 C.N. Valdepeñas **59.74** 168 19,00

65+

1. MARTIN GARRIDO, Juana Maria 55 C.N. Valdepeñas **1:06.09** 129 19,00

Prueba 19

Masc., 50m Espalda

20 - 89 años

11/12/2022 - 11:05

Resultados

mm 75+	1:13.97	, IGNACIO CATALA BOVER	Guadalajara	28/05/2022
mm 70+	1:03.31	, DIMAS IBAÑEZ GARCIA	Villaseca de la Sagra (Toledo)	16/02/2020
mm 65+	44.41	, ARNOLDO EDELMAN	Guadalajara	13/02/2022
mm 60+	36.32	, LUIS A. ARDERIUS CHICHARRO	PALMA DE MALLORCA	21/02/2014
mm 55+	35.47	, LUIS A. ARDERIUS CHICHARRO	CASTELLÓN	27/01/2012
mm 50+	32.93	, CESAR PEREIRA DEL PINO	PONTEVEDRA	04/03/2022
mm 45+	30.00	, IÑIGO GOÑI IRADI	PONTEVEDRA	05/03/2022
mm 40+	30.27	, MARTINEZ LUCAS FRANCISCO	ALMANSA	27/02/2016
mm 35+	26.86	, DANIEL SAN ROMAN FERNANDEZ	PONTEVEDRA	09/02/2019
mm 30+	26.34	, ENRIQUE MUÑOZ GONZÁLEZ ALEJA	PONTEVEDRA	05/03/2022
mm 25+	26.58	, MUÑOZ GONZÁLEZ ALEJA ENRIQUE	GIJON	30/01/2016
mm 20+	26.85	, PABLO LOPEZ SERRANO	PONTEVEDRA	10/02/2019

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1. LÓPEZ CALERO, Ramón	99	C.N. Villarrobledo	29.48	533	19,00
2. BARQUERO GARRIDO, Oscar	02	Cn Ugena	33.17	374	16,00
DSQ RODRIGO FERNANDEZ, Carlos	02	C.N. Alarcos Ciudad Real			-
<i>DSA - Salida Anticipada</i>					
25+					
1. SÁNCHEZ BAÑOS, Jaime	94	Master Natacion Tomelloso	30.50	481	19,00
2. RODRIGUEZ BARBERO TERCERO, Jorg	97	C.N. Puertollano	31.95	419	16,00
3. ZORNOZA VILLOLDO, Cristian	93	C.N. Albacete	32.10	413	14,00
4. LOZANO BRAVO, Adrian	97	C.N. Los Yébenes	36.50	281	13,00
5. MOLINA MARTÍNEZ, Javier	95	C.P. La Roda	48.29	121	12,00
30+					
1. MORENO DIAZ, Roberto	92	C.N. Monteverde	28.89	563	19,00
2. MARCOS PUÑAL, Jorge	90	C.N. Monteverde	33.71	354	-
3. GARCIA DIAZ, Apelio	91	C.N. Los Yébenes	34.35	335	16,00
4. RUIZ CEPEDA, Jose Vicente	92	C.D. Escuela Nadadores Tomelloso	44.54	153	14,00
5. MONTOYA JAREÑO, Francisco Javier	88	C.N. Villarrobledo	45.64	142	13,00
35+					
1. AROCA ROMERO, Mario	87	C.N. Albacete	34.83	383	19,00
40+					
1. RAMOS ZAPATA, Hector	81	C.N. Alcazar	33.32	449	19,00
2. ANTONACOGLOU FONSECA, Nicolás	79	C.N. Valdepeñas	37.32	320	16,00
3. DIAZ ESCALONA, David	81	C.N. Los Yébenes	42.16	222	14,00
4. GALLEGO GARCIA, Felix	81	Cn Ugena	52.56	114	13,00



Prueba 19, Masc., 50m Espalda

45+

1. MARTINEZ LUCAS, Francisco	74	Dsc Albacete Swim	32.10	558	19,00
2. ALONSO RODRIGUEZ, Moises	76	C.N. Monteverde	37.99	337	16,00
3. LLANOS ZARCO, Carlos Antonio	76	C.D. Escuela Nadadores Tomelloso	54.88	111	14,00

50+

1. GONZALEZ DE LA ALEJA LOPEZ, V.	70	C.N. Valdepeñas	43.97	223	19,00
2. ESCRIBANO MORALES, Jose Antonio	70	C.N. Ciudad Real	51.26	141	16,00
3. GONZALEZ HITTA, Jose Maria	69	Dsc Albacete Swim	58.39	95	14,00
4. BONILLO, Andres	69	C.N. Villarrobledo	1:00.83	84	13,00

55+

1. ROSELL GUZMAN, Vicente	67	C.N. Los Yebenes	45.51	229	19,00
2. MARTIN GARRIDO, Jose Luis	64	C.N. Los Yebenes	1:04.90	79	-

60+

1. SANCHEZ DIEZ, Jose Carlos	62	C.N. Monteverde	44.40	291	19,00
2. SEPULVEDA BUSTOS, Jose	60	C.N. Alcazar	46.39	255	16,00
3. GARCÍA GARCÍA, José Julián	61	C.N. Valdepeñas	55.24	151	14,00

70+

1. IBÁÑEZ GARCIA, Dimas	50	C.N. Monteverde	1:02.27	150	24,00mm
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Prueba 20

Fem., 200m Braza

20 - 89 años

11/12/2022 - 11:15

Resultados

mm 70+	8:32.36	, MARIA-JESUS CAMARENA PARDO	CAMPO DE CRIPTANA	15/01/2017
mm 65+	5:11.77	, JUANA MARIA MARTIN GARRIDO	Campo de Criptana	19/11/2022
mm 60+	4:30.41	, EDELMIRA VALERO RUIZ	Villarrobledo	19/11/2022
mm 55+	3:23.08	TORRES Pelayo, MARIA JOSE	PONTEVEDRA	10/02/2019
mm 50+	3:27.17	, TORRES Pelayo Maria Jose	MALAGA	04/02/2018
mm 45+	3:28.66	, MARIA JOSE TORRES Pelayo	BARCELONA	08/02/2013
mm 40+	3:09.81	, SORAYA PEREZ GALLINA	Albacete	15/12/2019
mm 35+	3:01.72	, HELENA RUBIO PALOMARES	PONTEVEDRA	03/03/2022
mm 30+	2:58.66	, LAURA GARCIA FERNANDEZ	CASTELLÓN	11/04/2021
mm 25+	2:36.39	, PATRICIA GONZALEZ MEGIA	PONTEVEDRA	03/03/2022
mm 20+	2:42.60	, PATRICIA GONZALEZ MEGIA	ALCAZAR SAN JUAN	19/11/2017

Puntos: ESP Masters 21

Clasificación

AN

Tiempo

Pts

20+

1. FERRER FERNÁNDEZ, Lydia	01	Master Natacion Tomelloso	3:12.23	473	19,00
50m: 41.73 41.73	100m: 1:31.45 49.72	150m: 2:23.36 51.91	200m: 3:12.23 48.87		
2. LOPEZ DIAZ, Carla	01	C.N. Monteverde	3:32.79	348	16,00
50m: 48.05 48.05	100m: 1:42.75 54.70	150m: 2:38.68 55.93	200m: 3:32.79 54.11		
3. BAEZ DIEGUEZ, Silvia	98	C.N. Monteverde	3:45.98	291	-
50m: 50.00 50.00	100m: 1:47.81 57.81	150m: 2:47.26 59.45	200m: 3:45.98 58.72		

25+

1. PERONA LARA, Lorena	93	Master Natacion Tomelloso	3:14.76	455	19,00
50m: 43.23 43.23	100m: 1:31.78 48.55	150m: 2:22.85 51.07	200m: 3:14.76 51.91		

Prueba 20, Fem., 200m Braza

30+

1. MARIN RUEDA, Melania 88 C.N. Albacete **3:50.19** 260 19,00
50m: 52.48 52.48 100m: 1:51.55 59.07 150m: 2:51.91 1:00.36 200m: 3:50.19 58.28

40+

1. LUENGO ALARCON, Sara 79 C.N. Puertollano **3:46.64** 303 19,00
50m: 49.93 49.93 100m: 1:46.71 56.78 150m: 2:46.36 59.65 200m: 3:46.64 1:00.28

2. MONDÉJAR LÓPEZ, Almudena 78 C.N. Albacete **3:47.42** 300 16,00
50m: 51.14 51.14 100m: 1:49.50 58.36 150m: 2:49.05 59.55 200m: 3:47.42 58.37

3. DE LA HOZ AGUADO, Mari Carmen 78 Master Natacion Tomelloso **5:28.57** 99 14,00
50m: 1:17.14 1:17.14 100m: 2:42.20 1:25.06 150m: 4:07.84 1:25.64 200m: 5:28.57 1:20.73

45+

1. LÓPEZ LARA, Fátima 77 C.D. Escuela Nadadores Tomelloso **3:53.51** 309 19,00
50m: 52.12 52.12 100m: 1:51.33 59.21 150m: 2:53.58 1:02.25 200m: 3:53.51 59.93

2. SORIA SANZ, Nerea 77 Master Natacion Tomelloso **4:12.70** 244 16,00
50m: 56.44 56.44 100m: 2:00.63 1:04.19 150m: 3:07.34 1:06.71 200m: 4:12.70 1:05.36

50+

1. CHARCOS BUENO, Remedios 71 Dsc Albacete Swim **3:47.37** 390 19,00
50m: 50.98 50.98 100m: 1:46.84 55.86 150m: 2:46.32 59.48 200m: 3:47.37 1:01.05

2. LOPEZ FAJARDO, Purificación 70 Club Velociraptor Mp Twinner **3:48.30** 386 16,00
50m: 52.68 52.68 100m: 1:49.69 57.01 150m: 2:49.61 59.92 200m: 3:48.30 58.69

3. SANTORI SAMANIEGO, Paloma 70 C.N. Valdepeñas **3:54.29** 357 14,00
50m: 53.43 53.43 100m: 1:53.63 1:00.20 150m: 2:55.55 1:01.92 200m: 3:54.29 58.74

4. FERREIRÓS FUENTES, Maria Teresa 70 C.N. Monteverde **4:29.59** 234 13,00
50m: 1:00.47 1:00.47 100m: 2:09.07 1:08.60 150m: 3:20.54 1:11.47 200m: 4:29.59 1:09.05

5. DUEÑAS RUIZ, Ines 72 Master Natacion Tomelloso **4:32.43** 227 12,00
50m: 1:01.63 1:01.63 100m: 2:12.71 1:11.08 150m: 3:22.32 1:09.61 200m: 4:32.43 1:10.11

6. LOPEZ VILLALBA, Conchi 68 C.N. Almansa **4:43.57** 201 11,00
50m: 59.91 59.91 100m: 2:09.03 1:09.12 150m: 3:29.83 1:20.80 200m: 4:43.57 1:13.74

7. SANTOS-OLMO LÓPEZ ORTEGA, M. 71 C.D. Escuela Nadadores Tomelloso **4:54.05** 180 10,00
50m: 1:06.66 1:06.66 100m: 2:20.43 1:13.77 150m: 3:38.54 1:18.11 200m: 4:54.05 1:15.51

55+

1. VEGA AMAYA, Alicia Gloria 67 C.N. Monteverde **4:06.22** 311 19,00
50m: 58.24 58.24 100m: 2:01.32 1:03.08 150m: 3:04.54 1:03.22 200m: 4:06.22 1:01.68

2. YESTE RAMÍREZ, Juana María 66 Dsc Albacete Swim **4:09.71** 298 16,00
50m: 53.84 53.84 100m: 1:54.22 1:00.38 150m: 2:59.59 1:05.37 200m: 4:09.71 1:10.12

3. HEVIA PINO, Macarena 67 C.N. Monteverde **4:23.56** 253 -
50m: 57.97 57.97 100m: 2:06.11 1:08.14 150m: 3:14.81 1:08.70 200m: 4:23.56 1:08.75

60+

1. VALERO RUIZ, Edelmira 61 C.N. Albacete **4:29.90** 282 24,00mm
50m: 1:00.15 1:00.15 100m: 2:09.34 1:09.19 150m: 3:20.79 1:11.45 200m: 4:29.90 1:09.11

Prueba 20, Fem., 200m Braza

65+

1. MARTIN GARRIDO, Juana Maria	55	C.N. Valdepeñas	5:02.44	250	24,00mm
50m: 1:11.84	1:11.84	100m: 2:27.44	1:15.60	150m: 3:46.57	1:19.13
200m: 5:02.44	1:15.87				
2. BERTOLIN ORGANERO, Rosa Maria	55	C.N. Monteverde	5:29.36	194	16,00
50m: 1:19.72	1:19.72	100m: 2:44.94	1:25.22	150m: 4:08.75	1:23.81
200m: 5:29.36	1:20.61				

Prueba 21
11/12/2022 - 11:35

Masc., 200m Braza

20 - 89 años
Resultados

mm 70+	4:31.44	, DIMAS IBAÑEZ GARCIA	CASTELLÓN	08/04/2021
mm 65+	3:49.34	, ANTONIO MARQUES DEL POZO	Quintanar de la Orden	28/11/2021
mm 60+	3:13.48	, FRANCISCO LUESO SORDO	CASTELLÓN	09/04/2021
mm 55+	3:14.59	, JUAN CARLOS NAVARRO AGUIRRE	ZARAGOZA (SAG)	12/11/2022
mm 50+	2:52.40	, JORDI SANCHIS I DOMENECH	PONTEVEDRA	03/03/2022
mm 45+	2:44.84	, JAVIER MOLTO PRECIOSO	Albacete	21/05/2022
mm 40+	2:32.69	, FERNANDO BAREA DE ORBE	PONTEVEDRA	03/03/2022
mm 35+	2:29.50	, ALVARO ARROYO FERNANDEZ	PONTEVEDRA	03/03/2022
mm 30+	2:31.71	, RAFAEL GALICIA PAREDES	PONTEVEDRA	03/03/2022
mm 25+	2:25.49	, ALEJANDRO NUÑEZ CAMPOS	PONTEVEDRA	03/03/2022
mm 20+	2:22.86	, JOSE A. SANCHEZ RIVERO	PONTEVEDRA	21/02/2015

Puntos: ESP Masters 21

Clasificación AN Tiempo Pts

25+

1. SANCHEZ MONTERO, Adrian	97	C.N. Monteverde	3:02.00	344	19,00
50m: 41.54	41.54	100m: 1:27.67	46.13	150m: 2:15.01	47.34
200m: 3:02.00	46.99				

30+

1. ALTAMIRANO CASADO, Angel	91	C.N. Ciudad Real	2:48.44	476	19,00
50m: 38.50	38.50	100m: 1:20.35	41.85	150m: 2:04.27	43.92
200m: 2:48.44	44.17				
2. FERNANDEZ CASQUERO, Carlos	91	C.N. Ciudad Real	3:05.00	359	-
50m: 39.15	39.15	100m: 1:24.83	45.68	150m: 2:14.03	49.20
200m: 3:05.00	50.97				
3. LOMAS MORAGA, Manuel	89	Master Natacion Tomelloso	3:21.57	278	16,00
50m: 44.02	44.02	100m: 1:35.22	51.20	150m: 2:28.66	53.44
200m: 3:21.57	52.91				
4. GÓMEZ SAEZ, Daniel	90	C.N. Monteverde	3:25.17	263	14,00
50m: 46.30	46.30	100m: 1:37.42	51.12	150m: 2:31.59	54.17
200m: 3:25.17	53.58				

35+

1. AVENDAÑO SEGOVIA, Joaquin	87	C.N. Albacete	2:50.98	496	19,00
50m: 37.01	37.01	100m: 1:18.70	41.69	150m: 2:03.09	44.39
200m: 2:50.98	47.89				
2. AMORES GARCIA, David	84	C.P. La Roda	3:10.03	361	16,00
50m: 44.35	44.35	100m: 1:32.75	48.40	150m: 2:21.38	48.63
200m: 3:10.03	48.65				
3. DE LA CRUZ DÍAZ, Enrique	87	C.N. Villarrobledo	3:16.41	327	14,00
50m: 44.25	44.25	100m: 1:32.66	48.41	150m: 2:23.07	50.41
200m: 3:16.41	53.34				

40+

1. RICO JIMENEZ, Juan Angel	78	C.P. La Roda	2:54.92	446	19,00
50m: 40.75	40.75	100m: 1:25.36	44.61	150m: 2:10.42	45.06
200m: 2:54.92	44.50				
2. MORALES LOPEZ, Juan Miguel	80	C.N. Monteverde	3:15.47	320	16,00
50m: 42.95	42.95	100m: 1:33.51	50.56	150m: 2:25.22	51.71
200m: 3:15.47	50.25				

Prueba 21, Masc., 200m Braza, 40+

Clasificación	AN	Tiempo	Pts
3. DEL POZO GONZALEZ, Rodrigo	82 C.N. Monteverde	3:19.74	300 -
50m: 42.00 42.00	100m: 1:28.89 46.89	150m: 2:20.53 51.64	200m: 3:19.74 59.21
4. ANDRES SORIA, Ruben	79 C.N. Cuenca	3:29.24	261 14,00
50m: 46.04 46.04	100m: 1:38.48 52.44	150m: 2:33.91 55.43	200m: 3:29.24 55.33
5. BRAVO, Dioni	78 C.N. Los Yébenes	4:19.96	136 13,00
50m: 57.18 57.18	100m: 2:01.18 1:04.00	150m: 3:09.11 1:07.93	200m: 4:19.96 1:10.85

45+

1. TOBARRA GOMEZ, Carlos	77 Dsc Albacete Swim	3:02.07	411 19,00
50m: 40.93 40.93	100m: 1:23.78 42.85	150m: 2:06.91 43.13	200m: 3:02.07 55.16
2. CIFUENTES VELEZ, Jose Maria	75 C.N. Valdepeñas	3:02.91	406 16,00
50m: 39.83 39.83	100m: 1:24.87 45.04	150m: 2:12.94 48.07	200m: 3:02.91 49.97
3. MORALEDA MATE, Carlos	74 Cn Ugena	3:31.14	264 14,00
50m: 46.67 46.67	100m: 1:39.72 53.05	150m: 2:35.61 55.89	200m: 3:31.14 55.53
4. GONZÁLEZ SIMARRO, Oscar	73 Master Natacion Tomelloso	3:57.95	184 13,00
50m: 51.92 51.92	100m: 1:52.94 1:01.02	150m: 2:56.69 1:03.75	200m: 3:57.95 1:01.26

50+

1. OSORIO SANCHEZ, Juan Ramon	69 Dsc Albacete Swim	3:13.64	372 19,00
50m: 42.76 42.76	100m: 1:31.16 48.40	150m: 2:21.98 50.82	200m: 3:13.64 51.66
2. DELGADO ALVARO, Jose Antonio	71 Club Velociraptor Mp Twinner	3:30.65	289 16,00
50m: 48.26 48.26	100m: 1:43.19 54.93	150m: 2:37.41 54.22	200m: 3:30.65 53.24
3. SERNA CEPEDA, Jose Maria	71 Master Natacion Tomelloso	3:35.44	270 14,00
50m: 47.77 47.77	100m: 1:42.02 54.25	150m: 2:38.96 56.94	200m: 3:35.44 56.48

55+

1. LOPEZ-TELLO GOMEZ, Francisco Javier	64 C.N. Albacete	3:35.87	290 19,00
50m: 47.02 47.02	100m: 1:40.92 53.90	150m: 2:38.13 57.21	200m: 3:35.87 57.74
2. DIAZ MERINO, Oscar	67 C.N. Valdepeñas	3:41.30	269 16,00
50m: 51.97 51.97	100m: 1:47.80 55.83	150m: 2:46.66 58.86	200m: 3:41.30 54.64

Prueba 22 11/12/2022 - 11:45	Fem., 100m Libre				20 - 89 años Resultados
mm 70+	2:50.56	LOPEZ DE LA CRUZ, Mercedes	00764	Cuenca	10/12/2022
mm 65+	1:38.94	, MARIA PILAR FERNANDEZ-TORIJA G		PONTEVEDRA	03/03/2022
mm 60+	1:38.47	, MARIA PILAR FERNANDEZ-TORIJA G		LEON	19/01/2019
mm 55+	1:16.59	, MARIA JOSE TORRES PELAYO		LEÓN	18/01/2020
mm 50+	1:06.24	, CABAÑERO SANCHEZ-LEON Mª Luisa		MALAGA	02/02/2018
mm 45+	1:04.02	, SORAYA PEREZ GALLINA		CASTELLÓN	10/04/2021
mm 40+	1:01.86	, SANTOS ARRIAGA REBECA		PALMA DE MALLORCA	05/02/2017
mm 35+	1:02.37	, SUSANA URSÚA SANTOS		CASTELLÓN	10/04/2021
mm 30+	1:01.29	, ANGELA JIMÉNEZ TOBOSO		PONTEVEDRA	03/03/2022
mm 25+	1:00.43	, PATRICIA GONZALEZ MEGIA		Guadalajara	12/02/2022
mm 20+	58.89	, IRENE GUZMAN PECES		PALMA DE MALLORCA	21/02/2014

Puntos: ESP Masters 21

Clasificación	AN	Tiempo	Pts
20+			
1. GARCÍA-CASARRUBIOS VILAFRANCO, C. C.N. Albacete	01	1:04.32	606 19,00
50m: 30.94 30.94 100m: 1:04.32 33.38			
2. MARTIN CAMBRONERO, Alicia C.N. Monteverde	02	1:16.52	360 16,00
50m: 36.15 36.15 100m: 1:16.52 40.37			
25+			
1. RODRIGUEZ CORVILLO, Mª Del Rocio C.N. Monteverde	97	1:03.28	636 19,00
50m: 30.17 30.17 100m: 1:03.28 33.11			
2. PADILLA ECHEVARRÍA, María Master Natacion Tomelloso	93	1:07.78	518 16,00
50m: 32.69 32.69 100m: 1:07.78 35.09			
3. CONSTAN LOPEZ, Yolanda C.N. Albacete	97	1:08.95	492 14,00
50m: 31.84 31.84 100m: 1:08.95 37.11			
4. FERNANDEZ CORROCHANO, Silvia C.N. Monteverde	96	1:14.80	385 -
50m: 36.28 36.28 100m: 1:14.80 38.52			
5. REBOLLO LARA, Cristina C.N. Monteverde	95	1:22.51	287 -
50m: 38.78 38.78 100m: 1:22.51 43.73			
30+			
1. MOYA QUEVEDO, Nuria Master Natacion Tomelloso	90	1:08.82	503 19,00
50m: 31.87 31.87 100m: 1:08.82 36.95			
2. DEL CERRO MARTIN-ONDARZA, Ana C.N. Ciudad Real	90	1:10.39	470 16,00
50m: 34.24 34.24 100m: 1:10.39 36.15			
3. MONTEAGUDO GONZÁLEZ, Laura C.N. Albacete	88	1:23.66	280 14,00
50m: 39.07 39.07 100m: 1:23.66 44.59			
4. GRUESO NAVARRO, Elena C.D. Escuela Nadadores Tomelloso	92	1:29.50	228 13,00
50m: 41.67 41.67 100m: 1:29.50 47.83			
35+			
1. PINO HERNÁNDEZ, Carmen C.N. Monteverde	85	1:14.82	396 19,00
50m: 34.85 34.85 100m: 1:14.82 39.97			

Prueba 22, Fem., 100m Libre

40+

1. HIDALGO SANCHEZ, Laura	79	C.N. Puertollano	1:15.30	435	19,00
50m: 35.59 35.59	100m: 1:15.30 39.71				
2. CUENCA PERAL, Adela	80	C.N. Almansa	1:19.65	368	16,00
50m: 37.69 37.69	100m: 1:19.65 41.96				
3. LASSERE OLMEDO, Loli	78	Master Natacion Tomelloso	1:31.36	243	14,00
50m: 42.33 42.33	100m: 1:31.36 49.03				
4. GONZÁLEZ GRANADOS, Marta	78	Cn Ugena	1:42.63	172	13,00
50m: 46.02 46.02	100m: 1:42.63 56.61				

45+

1. PEREZ GALLINA, Soraya	76	Dsc Albacete Swim	1:05.97	675	19,00
50m: 31.55 31.55	100m: 1:05.97 34.42				
2. PERUCHO FLECHOSO, Alejandra	75	C.N. Alcazar	1:17.08	423	16,00
50m: 35.30 35.30	100m: 1:17.08 41.78				
3. SANCHEZ LOPEZ, Maria Jose	73	C.N. Monteverde	1:36.90	213	14,00
50m: 46.31 46.31	100m: 1:36.90 50.59				
4. CASTELLANOS, Almudena	75	Master Natacion Tomelloso	1:43.67	174	13,00
50m: 48.37 48.37	100m: 1:43.67 55.30				
5. RODRIGUEZ GOMEZ, M ^a Lourdes	73	C.N. Alarcos Ciudad Real	1:46.16	162	12,00
50m: 48.96 48.96	100m: 1:46.16 57.20				
6. GARRIDO RESINO, Gema María	74	Master Toledo 3 Culturas	1:46.36	161	11,00
50m: 49.41 49.41	100m: 1:46.36 56.95				
7. GALLEGO SANTOS OLMO, Maria Elena	73	C.D. Escuela Nadadores Tomelloso	1:54.42	129	10,00
50m: 53.04 53.04	100m: 1:54.42 1:01.38				
8. ARCOS ALBIOL, Silvia	75	C.N. Los Yebenes	1:58.26	117	9,00
50m: 54.75 54.75	100m: 1:58.26 1:03.51				

50+

1. SEGARRA CAÑAMARES, María	71	C.N. Cuenca	1:19.62	398	19,00
50m: 37.27 37.27	100m: 1:19.62 42.35				
2. DELGADO MOYA, Begoña	72	C.N. Valdepeñas	1:27.06	304	16,00
50m: 41.30 41.30	100m: 1:27.06 45.76				
3. DUEÑAS RUIZ, Ines	72	Master Natacion Tomelloso	1:36.42	224	14,00
50m: 46.26 46.26	100m: 1:36.42 50.16				
4. TEBAR DELGADO, Maria Isabel	70	C.N. Albacete	1:47.83	160	13,00
50m: 48.51 48.51	100m: 1:47.83 59.32				
5. MORALEDA PEREZ, Maria Del Carmen	68	C.N. Los Yebenes	1:48.81	156	12,00
50m: 53.19 53.19	100m: 1:48.81 55.62				

55+

1. TORRES PELAYO, Maria Jose	64	E.C. Ciudad De Talavera	1:16.51	497	24,00mm
50m: 37.37 37.37	100m: 1:16.51 39.14				



Cto Regional Master de Invierno 22/23
Cuenca, 10 - 11/12/2022



Prueba 23
11/12/2022 - 12:00

Masc., 100m Libre

20 - 89 años
Resultados

mm 75+	1:46.63	, JOSE LUIS ESCOLAR FERNANDEZ AV	Cuenca	19/03/2022
mm 70+	1:35.15	ESCOLAR FERNANDEZ AVILES, JOSE LUIS	Madridejos	28/04/2019
mm 65+	1:17.61	, ARNOLDO EDELMAN	Albacete	21/05/2022
mm 60+	1:12.37	, FRANCISCO LUESO SORDO	Albacete	21/05/2022
mm 55+	1:06.78	, FERNANDO TORRES PELAYO	LEÓN	15/01/2022
mm 50+	1:01.62	, CESAR PEREIRA DEL PINO	PONTEVEDRA	05/03/2022
mm 45+	57.55	, JAVIER MOLTO PRECIOSO	Guadalajara	12/02/2022
mm 40+	56.32	, BELTRAN DIAZ EMILIO	PALMA DE MALLORCA	05/02/2017
mm 35+	54.30	, XABIER LOPEZ GARCIA	ZARAGOZA (C)	02/04/2022
mm 30+	52.75	, ROBERTO MORENO DIAZ	Guadalajara	12/02/2022
mm 25+	52.78	, PABLO LOPEZ SERRANO	PONTEVEDRA	03/03/2022
mm 20+	53.19	, DANIEL GUTIERREZ PECO	PONTEVEDRA	03/03/2022

Puntos: ESP Masters 21

Clasificación	AN		Tiempo	Pts	
20+					
1. MOYANO LOPEZ, Carlos	00	C.N. Monteverde	56.81	581	19,00
50m: 26.72 26.72	100m: 56.81 30.09				
2. LÓPEZ CALERO, Ramón	99	C.N. Villarrobledo	57.12	572	16,00
50m: 27.44 27.44	100m: 57.12 29.68				
3. EXPOSITO PRADOS, Sergio	01	C.N. Monteverde	59.88	496	-
50m: 28.14 28.14	100m: 59.88 31.74				
4. CAVANILLAS RODRIGUEZ, Jaime	01	C.N. Alarcos Ciudad Real	1:00.00	493	14,00
50m: 28.30 28.30	100m: 1:00.00 31.70				
5. CALERO ARNÉS, Carlos	01	C.N. Puertollano	1:02.86	429	13,00
50m: 29.98 29.98	100m: 1:02.86 32.88				
6. ARGUDO CORPAS, Alejandro	99	Dsc Albacete Swim	1:03.21	422	12,00
50m: 29.36 29.36	100m: 1:03.21 33.85				
7. GARCIA SANTA MARIA, Fernando	00	C.N. Valdepeñas	1:14.65	256	11,00
50m: 35.04 35.04	100m: 1:14.65 39.61				
25+					
1. MORENO DIAZ, Alvaro	95	C.N. Monteverde	1:00.37	484	19,00
50m: 28.01 28.01	100m: 1:00.37 32.36				
2. MORALES LOZANO, Guillermo	95	Master Natacion Tomelloso	1:01.45	459	16,00
50m: 28.41 28.41	100m: 1:01.45 33.04				
3. LOZANO BRAVO, Adrian	97	C.N. Los Yebenes	1:08.75	328	14,00
50m: 33.60 33.60	100m: 1:08.75 35.15				
4. MARULANDA OREJUELA, sebastian	94	C.N. Ciudad Real	1:09.21	321	13,00
50m: 32.46 32.46	100m: 1:09.21 36.75				
5. ARNAU MORENO, Juan José	96	C.N. Almansa	1:10.84	300	12,00
50m: 34.09 34.09	100m: 1:10.84 36.75				
6. RETANA RIBEIRO, David	93	Cn Ugena	1:12.37	281	11,00
50m: 34.49 34.49	100m: 1:12.37 37.88				
7. MOLINA MARTÍNEZ, Javier	95	C.P. La Roda	1:20.68	203	10,00
50m: 38.07 38.07	100m: 1:20.68 42.61				



Prueba 23, Masc., 100m Libre

30+

1. ROMERA MARIN, Alfonso	90	C.N. Valdepeñas	57.20	565	19,00
50m: 27.70 27.70	100m: 57.20 29.50				
2. DEL CERRO MARTÍN-ONDARZA, Jaime	88	C.N. Ciudad Real	58.31	533	16,00
50m: 27.73 27.73	100m: 58.31 30.58				
3. CASTRO NAVARRO, David	89	C.N. Albacete	1:02.46	434	14,00
50m: 29.64 29.64	100m: 1:02.46 32.82				
4. MARCOS PUÑAL, Jorge	90	C.N. Monteverde	1:05.75	372	13,00
50m: 30.79 30.79	100m: 1:05.75 34.96				
5. MONTOYA JAREÑO, Francisco Javier	88	C.N. Villarrobledo	1:11.26	292	12,00
50m: 34.23 34.23	100m: 1:11.26 37.03				
6. RUIZ CEPEDA, Jose Vicente	92	C.D. Escuela Nadadores Tomelloso	1:21.56	194	11,00
50m: 38.37 38.37	100m: 1:21.56 43.19				
7. VALENTIN LÓPEZ, Óscar	89	C.D. Escuela Nadadores Tomelloso	1:22.15	190	-
50m: 36.05 36.05	100m: 1:22.15 46.10				
DSQ MARTIN PEREZ, Jorge	90	C.N. Monteverde			-
<i>DSA - Salida Anticipada</i>					

35+

1. AVENDAÑO SEGOVIA, Joaquin	87	C.N. Albacete	1:01.50	466	19,00
50m: 28.87 28.87	100m: 1:01.50 32.63				
2. AROCA ROMERO, Mario	87	C.N. Albacete	1:01.58	464	-
50m: 29.34 29.34	100m: 1:01.58 32.24				
3. GARCÍA NIEVA, Javier	83	C.N. Cuenca	1:08.52	337	16,00
50m: 31.05 31.05	100m: 1:08.52 37.47				
DSQ MOLERO PERULERO, Víctor Manuel	85	C.N. Los Yébenes			-
<i>DSA - Salida Anticipada</i>					

40+

1. GARCIA DE CARELLAN ESTEBAN-INF79.		C.N. Albacete	1:01.46	526	19,00
50m: 29.07 29.07	100m: 1:01.46 32.39				

45+

1. CONTRERAS AMUNARRIZ, Pedro	74	C.N. Albacete	1:08.55	387	19,00
50m: 32.39 32.39	100m: 1:08.55 36.16				
2. LOPEZ GOÑI, Diego	75	C.N. Monteverde	1:13.44	315	16,00
50m: 34.13 34.13	100m: 1:13.44 39.31				
3. ÁLVAREZ RODRÍGUEZ, Juan José	77	Club Velociraptor Mp Twinner	1:14.80	298	14,00
50m: 37.56 37.56	100m: 1:14.80 37.24				
4. VALLE NUÑEZ, Carlos Alberto	74	Dsc Albacete Swim	1:17.20	271	13,00
50m: 36.57 36.57	100m: 1:17.20 40.63				
5. GONZALEZ ASCARZA, Ignacio	73	C.N. Monteverde	1:21.96	226	-
50m: 38.48 38.48	100m: 1:21.96 43.48				
6. MARTINEZ PERAL, Carlos	73	Dsc Albacete Swim	1:22.67	221	-
50m: 39.73 39.73	100m: 1:22.67 42.94				
7. LÓPEZ ALVÁREZ, Javier	76	C.D. Escuela Nadadores Tomelloso	1:25.03	203	12,00
50m: 40.20 40.20	100m: 1:25.03 44.83				

Prueba 23, Masc., 100m Libre, 45+

Clasificación	AN		Tiempo	Pts	
8. AGUADO SECO, Juan Manuel	73	Master Natacion Tomelloso	1:25.06	202	11,00
50m: 39.16 39.16	100m: 1:25.06	45.90			
9. BELINCHON MARTINEZ, Jose Luis	73	C.N. Cuenca	1:33.97	150	10,00
50m: 43.73 43.73	100m: 1:33.97	50.24			
10. DE LA DUEÑA NAVARRO, Jose Albert	74	C.D. Escuela Nadadores Tomelloso	1:49.89	94	-
50m: 52.22 52.22	100m: 1:49.89	57.67			
DSQ LLANOS ZARCO, Carlos Antonio	76	C.D. Escuela Nadadores Tomelloso			-
<i>DSA - Salida Anticipada</i>					
50+					
1. PEREIRA DEL PINO, Cesar	72	C.N. Monteverde	1:00.10	628	24,00mm
50m: 29.18 29.18	100m: 1:00.10	30.92			
2. AVILA CARRASCO, Julio	72	E.C. Ciudad De Talavera	1:00.88	604	16,00
50m: 29.53 29.53	100m: 1:00.88	31.35			
3. GÓMEZ LAGUNA, Antonio	69	Master Toledo 3 Culturas	1:13.13	349	14,00
50m: 34.13 34.13	100m: 1:13.13	39.00			
4. SERNA CEPEDA, Jose Maria	71	Master Natacion Tomelloso	1:15.96	311	13,00
50m: 35.47 35.47	100m: 1:15.96	40.49			
5. PÉREZ OSMA, Santiago	71	C.N. Cuenca	1:21.70	250	12,00
50m: 37.26 37.26	100m: 1:21.70	44.44			
6. ESCRIBANO MORALES, Jose Antonio	70	C.N. Ciudad Real	1:22.41	243	11,00
50m: 40.35 40.35	100m: 1:22.41	42.06			
7. BONILLO, Andres	69	C.N. Villarrobledo	1:35.67	155	10,00
50m: 46.84 46.84	100m: 1:35.67	48.83			
55+					
1. NOBLEJAS GOMEZ, Juan	67	C.N. Alarcos Ciudad Real	1:19.99	313	19,00
50m: 37.43 37.43	100m: 1:19.99	42.56			
2. ESPINOSA GONZALEZ, Rafael	63	Dsc Albacete Swim	1:33.67	195	16,00
50m: 44.37 44.37	100m: 1:33.67	49.30			
3. VAQUERO MORALES, Javier	67	C.N. Alcazar	1:40.67	157	14,00
50m: 47.23 47.23	100m: 1:40.67	53.44			
4. MARTIN GARRIDO, Jose Luis	64	C.N. Los Yebenes	1:44.22	141	13,00
50m: 49.16 49.16	100m: 1:44.22	55.06			
60+					
1. SEPULVEDA BUSTOS, Jose	60	C.N. Alcazar	1:16.93	383	19,00
50m: 35.68 35.68	100m: 1:16.93	41.25			
65+					
1. JUAREZ RUBIO, Galo	57	Master Natacion Tomelloso	1:43.96	171	19,00
50m: 47.19 47.19	100m: 1:43.96	56.77			



Cto Regional Master de Invierno 22/23
Cuenca, 10 - 11/12/2022



Prueba 23, Masc., 100m Libre

70+

1. MARTINEZ VIZCAINO, Francisco	52	C.N. Albacete	2:52.49	45	19,00
50m:	1:10.91	1:10.91	100m:	2:52.49	1:41.58

Prueba 24

11/12/2022 - 12:20

Fem., 200m Estilos

20 - 89 años

Resultados

mm 60+	4:37.36	RODRIGUEZ PAÑOS, BEATRIZ	Almansa	27/04/2019
mm 55+	3:12.67	, MARIA JOSE TORRES PELAYO	LEÓN	18/01/2020
mm 50+	2:42.27	, CABAÑERO SANCHEZ-LEON Mª LUISA	GIJON	28/01/2016
mm 45+	2:42.08	, SORAYA PEREZ GALLINA	Cuenca	27/11/2021
mm 40+	2:40.54	, PEREZ GALLINA Soraya	MALAGA	01/02/2018
mm 35+	2:43.02	, HELENA RUBIO PALOMARES	PONTEVEDRA	04/03/2022
mm 30+	2:40.29	, ELENA RUBIO PALOMARES	TOMELLOSO	06/06/2015
mm 25+	2:20.87	, GONZALEZ MEGIA Patricia	MALAGA	01/02/2018
mm 20+	2:28.15	, GONZALEZ MEGIA PATRICIA	ALCAZAR DE SAN JUAN	19/03/2017

Puntos: ESP Masters 21

Clasificación

AN

Tiempo

Pts

20+

1. MEZCUA JIMENA, Victoria	98	Master Natacion Tomelloso	2:46.46	559	19,00
50m:	35.71	35.71	100m:	1:17.74	42.03
			150m:	2:07.18	49.44
			200m:	2:46.46	39.28
2. DE SANDE DE LA CRUZ, Dana	00	Cn Ugena	2:54.68	484	16,00
50m:	37.49	37.49	100m:	1:23.02	45.53
			150m:	2:15.37	52.35
			200m:	2:54.68	39.31
3. BAEZ DIEGUEZ, Silvia	98	C.N. Monteverde	3:05.74	402	14,00
50m:	39.68	39.68	100m:	1:27.89	48.21
			150m:	2:22.60	54.71
			200m:	3:05.74	43.14
4. RODRÍGUEZ MOZOS, Rocío	00	C.N. Puertollano	3:10.07	375	13,00
50m:	42.36	42.36	100m:	1:30.26	47.90
			150m:	2:27.11	56.85
			200m:	3:10.07	42.96

25+

1. TORRE MAROTO, Miriam De La	95	C.N. Albacete	2:43.06	595	19,00
50m:	34.68	34.68	100m:	1:16.10	41.42
			150m:	2:04.22	48.12
			200m:	2:43.06	38.84
2. MORENO LÓPEZ, Miriam	97	Master Natacion Tomelloso	3:10.41	373	16,00
50m:	43.40	43.40	100m:	1:31.28	47.88
			150m:	2:25.80	54.52
			200m:	3:10.41	44.61
3. CALERO JIMÉNEZ, Esther	97	C.N. Almansa	3:14.24	352	14,00
50m:	43.13	43.13	100m:	1:33.04	49.91
			150m:	2:29.44	56.40
			200m:	3:14.24	44.80
4. LÓPEZ PRIOR, Marta	93	C.N. Cuenca	3:30.01	278	13,00
50m:	42.96	42.96	100m:	1:37.66	54.70
			150m:	2:39.31	1:01.65
			200m:	3:30.01	50.70

30+

1. MARIN RUEDA, Melania	88	C.N. Albacete	3:29.86	256	19,00
50m:	48.72	48.72	100m:	1:41.46	52.74
			150m:	2:43.73	1:02.27
			200m:	3:29.86	46.13

35+

1. SEGURA GÓMEZ, María	84	C.N. Cuenca	3:16.84	342	19,00
50m:	43.41	43.41	100m:	1:32.49	49.08
			150m:	2:30.74	58.25
			200m:	3:16.84	46.10
2. MARTIN PRIETO, Zoraida	83	Dsc Albacete Swim	3:42.19	237	16,00
50m:	52.47	52.47	100m:	1:55.07	1:02.60
			150m:	2:55.14	1:00.07
			200m:	3:42.19	47.05
3. CALLEJA DE LA TORRE, Maria	85	C.N. Cuenca	3:42.66	236	-
50m:	47.53	47.53	100m:	1:44.16	56.63
			150m:	2:49.43	1:05.27
			200m:	3:42.66	53.23



Prueba 24, Fem., 200m Estilos

45+

1. CALVO HOYOS, M ^a Angeles	73	C.N. Albacete	3:41.85	259	19,00
50m: 53.70 53.70	100m: 1:51.83 58.13	150m: 2:55.14 1:03.31	200m: 3:41.85 46.71		
2. MARTINEZ GONZALEZ, Montserrat	75	Master Natacion Tomelloso	3:42.50	257	16,00
50m: 52.54 52.54	100m: 1:47.77 55.23	150m: 2:54.45 1:06.68	200m: 3:42.50 48.05		
3. DELGADO DE LA CASA, Monica	74	Dsc Albacete Swim	3:42.67	256	14,00
50m: 53.40 53.40	100m: 1:55.10 1:01.70	150m: 2:55.51 1:00.41	200m: 3:42.67 47.16		

50+

1. CHARCOS BUENO, Remedios	71	Dsc Albacete Swim	3:48.64	267	19,00
50m: 54.28 54.28	100m: 2:01.09 1:06.81	150m: 2:59.20 58.11	200m: 3:48.64 49.44		
2. LEAL SCASSO, Eva	71	C.N. Albacete	3:51.60	257	16,00
50m: 55.22 55.22	100m: 1:58.40 1:03.18	150m: 2:52.08 53.68	200m: 3:51.60 59.52		

55+

1. GARCIA MARTINEZ, Maria Ester	66	C.N. Monteverde	3:53.52	253	19,00
50m: 56.40 56.40	100m: 1:55.72 59.32	150m: 2:59.06 1:03.34	200m: 3:53.52 54.46		

Prueba 25

Masc., 200m Estilos

20 - 89 años

11/12/2022 - 12:35

Resultados

mm 70+	4:52.87	, JOSE AVENDAÑO CEBRIAN	Albacete	21/05/2022
mm 65+	3:24.23	, ARNOLDO EDELMAN	Villarrobledo	19/11/2022
mm 60+	3:03.27	, FRANCISCO LUESO SORDO	PONTEVEDRA	03/03/2022
mm 55+	2:54.41	, JUAN CARLOS NAVARRO AGUIRRE	ZARAGOZA (SAG)	12/11/2022
mm 50+	2:39.45	, CESAR PEREIRA DEL PINO	Madridejos	20/11/2022
mm 45+	2:21.31	, JAVIER MOLTO PRECIOSO	PONTEVEDRA	03/03/2022
mm 40+	2:26.20	, ROSILLO GARCÍA LUIS	ALCAZAR DE SAN JUAN	19/03/2017
mm 35+	2:18.18	, ALVARO ARROYO FERNANDEZ	PONTEVEDRA	03/03/2022
mm 30+	2:13.40	MARQUES VELASCO, JAIME	PONTEVEDRA	08/02/2019
mm 25+	2:12.41	IZAGUIRRE GARCIA, FRANCISCO JAVIER	PONTEVEDRA	08/02/2019
mm 20+	2:13.82	, LUENGO VAZQUEZ RAUL	GIJON	28/01/2016

Puntos: ESP Masters 21

Clasificación

AN

Tiempo

Pts

20+

1. CARPANZANO, Andrea	98	C.N. Puertollano	2:38.37	423	19,00
50m: 34.77 34.77	100m: 1:15.78 41.01	150m: 2:03.68 47.90	200m: 2:38.37 34.69		
2. GÓMEZ SILES, Sergio	02	Cn Ugena	2:39.26	416	16,00
50m: 32.11 32.11	100m: 1:13.01 40.90	150m: 2:00.78 47.77	200m: 2:39.26 38.48		
3. CAVANILLAS RODRIGUEZ, Jaime	01	C.N. Alarcos Ciudad Real	2:40.02	410	14,00
50m: 33.31 33.31	100m: 1:15.01 41.70	150m: 2:03.25 48.24	200m: 2:40.02 36.77		

25+

1. CORNEJO GAROFANO, Kevin	96	C.N. Monteverde	2:20.79	602	19,00
50m: 30.35 30.35	100m: 1:06.27 35.92	150m: 1:47.18 40.91	200m: 2:20.79 33.61		
2. SÁNCHEZ BAÑOS, Jaime	94	Master Natacion Tomelloso	2:32.34	475	16,00
50m: 30.93 30.93	100m: 1:09.52 38.59	150m: 1:55.96 46.44	200m: 2:32.34 36.38		
3. MANZANARES GARCÍA, Francisco Jav97r		C.N. Puertollano	3:00.39	286	14,00
50m: 37.59 37.59	100m: 1:26.29 48.70	150m: 2:20.01 53.72	200m: 3:00.39 40.38		

Prueba 25, Masc., 200m Estilos

30+

1. RODRÍGUEZ GARCIA, Jesus	91	C.N. Monteverde	2:34.50	433	19,00
50m: 31.51 31.51	100m: 1:11.85 40.34	150m: 1:58.35 46.50	200m: 2:34.50 36.15		
2. GARCIA DIAZ, Apelio	91	C.N. Los Yebenes	3:02.97	261	16,00
50m: 38.11 38.11	100m: 1:24.46 46.35	150m: 2:17.54 53.08	200m: 3:02.97 45.43		

35+

1. SANCHEZ RUANO, Jose	83	C.N. Almansa	2:53.59	329	19,00
50m: 32.77 32.77	100m: 1:20.13 47.36	150m: 2:12.10 51.97	200m: 2:53.59 41.49		
2. PÉREZ RODRÍGUEZ, Gaspar	86	C.N. Alarcos Ciudad Real	3:07.77	260	16,00
50m: 38.29 38.29	100m: 1:29.48 51.19	150m: 2:27.11 57.63	200m: 3:07.77 40.66		

40+

1. PEÑA HIGUERA, Francisco Javier	81	C.N. Torrijos	2:29.13	595	19,00
50m: 29.61 29.61	100m: 1:08.54 38.93	150m: 1:53.92 45.38	200m: 2:29.13 35.21		
2. SESE GARCIA, Jorge	81	C.N. Monteverde	2:48.84	410	16,00
50m: 32.42 32.42	100m: 1:18.23 45.81	150m: 2:10.16 51.93	200m: 2:48.84 38.68		
3. ANTONACOGLOU FONSECA, Nicolás	79	C.N. Valdepeñas	2:59.44	341	14,00
50m: 35.95 35.95	100m: 1:24.58 48.63	150m: 2:15.33 50.75	200m: 2:59.44 44.11		
4. LOPEZ MONTERO, Elias	79	Master Natacion Tomelloso	3:22.74	236	13,00
50m: 39.06 39.06	100m: 1:32.63 53.57	150m: 2:36.10 1:03.47	200m: 3:22.74 46.64		

45+

1. POLO JUÁREZ, Angel	76	C.D. Alcarreño De S.	2:39.98	472	19,00
50m: 33.64 33.64	100m: 1:14.69 41.05	150m: 2:03.75 49.06	200m: 2:39.98 36.23		
2. CIFUENTES VELEZ, Jose Maria	75	C.N. Valdepeñas	2:56.57	351	16,00
50m: 40.48 40.48	100m: 1:27.13 46.65	150m: 2:13.21 46.08	200m: 2:56.57 43.36		
3. MANZANEQUE LUCAS, Raúl	75	Master Natacion Tomelloso	3:05.09	305	14,00
50m: 41.67 41.67	100m: 1:32.14 50.47	150m: 2:26.01 53.87	200m: 3:05.09 39.08		
4. ALFARO CUEVAS, Francisco	75	Dsc Albacete Swim	3:09.03	286	13,00
50m: 38.14 38.14	100m: 1:27.37 49.23	150m: 2:26.68 59.31	200m: 3:09.03 42.35		
5. ALONSO RODRIGUEZ, Moises	76	C.N. Monteverde	3:21.04	238	12,00
50m: 43.39 43.39	100m: 1:34.41 51.02	150m: 2:36.22 1:01.81	200m: 3:21.04 44.82		

50+

1. ANDUJAR TENDERO, Esteban	69	C.N. Albacete	2:48.49	422	19,00
50m: 35.49 35.49	100m: 1:20.94 45.45	150m: 2:11.75 50.81	200m: 2:48.49 36.74		
2. LOZOYA IBAÑEZ, César	71	C.N. Cuenca	3:14.93	272	16,00
50m: 38.84 38.84	100m: 1:32.19 53.35	150m: 2:30.89 58.70	200m: 3:14.93 44.04		
3. GONZALEZ DE LA ALEJA LOPEZ, V.	70	C.N. Valdepeñas	3:34.85	203	14,00
50m: 43.12 43.12	100m: 1:38.19 55.07	150m: 2:41.72 1:03.53	200m: 3:34.85 53.13		
4. VICARIO ESPINOSA, Carlos	70	Master Toledo 3 Culturas	3:44.47	178	13,00
50m: 48.35 48.35	100m: 1:47.80 59.45	150m: 2:54.52 1:06.72	200m: 3:44.47 49.95		
5. GONZALEZ HITTA, Jose Maria	69	Dsc Albacete Swim	4:02.01	142	12,00
50m: 1:00.95 1:00.95	100m: 2:08.04 1:07.09	150m: 3:12.48 1:04.44	200m: 4:02.01 49.53		



Prueba 25, Masc., 200m Estilos

55+

1. SANCHEZ GARCÍA, Manuel Ángel 65 Dsc Albacete Swim **3:54.00** 190 19,00
50m: 52.66 52.66 100m: 1:54.74 1:02.08 150m: 3:04.96 1:10.22 200m: 3:54.00 49.04

60+

1. SANCHEZ DIEZ, Jose Carlos 62 C.N. Monteverde **3:27.20** 308 19,00
50m: 46.16 46.16 100m: 1:39.94 53.78 150m: 2:42.15 1:02.21 200m: 3:27.20 45.05

70+

1. IBÁÑEZ GARCIA, Dimas 50 C.N. Monteverde **4:42.18** 183 24,00mm
50m: 1:06.68 1:06.68 100m: 2:19.43 1:12.75 150m: 3:38.61 1:19.18 200m: 4:42.18 1:03.57

