

Prueba 44
23/02/2020 - 17:50

Fem., 400m Libre

Absoluto Femenino
Resultados

R	4:08.02	, IBAÑEZ HERNANDEZ Nerea	BARCELONA	15/11/2018
Rcto	4:19.87	IBAÑEZ HERNANDEZ, NEREA	TALAVERA DE LA REINA	26/02/2017
mm 18	4:12.99	IBAÑEZ HERNANDEZ, NEREA	BARCELONA	23/11/2017
mm 17	4:25.34	, IBAÑEZ HERNANDEZ NEREA	TALAVERA DE LA REINA	14/02/2016
mm 16	4:30.21	, IBAÑEZ HERNANDEZ NEREA	TALAVERA DE LA REINA	15/02/2015
mm 15	4:24.28	, IBAÑEZ HERNANDEZ NEREA	TALAVERA DE LA REINA	16/02/2014
mm 14	4:23.02	, MARTA CARMONA VILLAPLANA	Tomelloso	09/11/2019

Absoluto Open: 4:53.24 / 19 Y MAYORES 19 - 90: 4:53.24 / 18 AÑOS 18 50m: 4:58.44 / 17 AÑOS 17: 5:04.89 / 16 AÑOS 16: 5:10.93 / 15 AÑOS 15: 5:16.64 / 14 AÑOS 14: 5:20.86

Clasificación

AN

Tiempo PABS P.GE

Absoluto Femenino

1. CARMONA VILLAPLANA, Marta	05	C.N. Albacete	4:19.74	29,00	24,00	rct
50m: 29.69 29.69	150m: 1:35.63 33.57	250m: 2:42.14 33.14	350m: 3:48.17 33.11	400m: 4:19.74 31.57		
100m: 1:02.06 32.37	200m: 2:09.00 33.37	300m: 3:15.06 32.92				
2. CALAHORRA GONZÁLEZ GALLEGO, I04ira		Club Natacion Daimiel	4:40.39	16,00	19,00	
50m: 31.65 31.65	150m: 1:41.53 35.14	250m: 2:53.40 35.78	350m: 4:05.71 35.52	400m: 4:40.39 34.68		
100m: 1:06.39 34.74	200m: 2:17.62 36.09	300m: 3:30.19 36.79				
3. RODRIGUEZ FERNANDEZ, Yanira	02	C.N.S.Oriol Imperial	4:42.42	14,00	19,00	
50m: 31.35 31.35	150m: 1:41.27 35.55	250m: 2:53.41 36.03	350m: 4:07.33 37.09	400m: 4:42.42 35.09		
100m: 1:05.72 34.37	200m: 2:17.38 36.11	300m: 3:30.24 36.83				
4. ESLAVA GARCÍA, Claudia	06	C.N. Cuenca	4:42.78	13,00	16,00	
50m: 31.65 31.65	150m: 1:42.43 36.09	250m: 2:55.75 36.72	350m: 4:07.99 36.12	400m: 4:42.78 34.79		
100m: 1:06.34 34.69	200m: 2:19.03 36.60	300m: 3:31.87 36.12				
5. MANZANARES MARTIN, Andrea	06	Club Natación Sonseca	4:44.24	12,00	14,00	
50m: 33.56 33.56	150m: 1:45.45 36.20	250m: 2:57.84 35.95	350m: 4:09.92 35.99	400m: 4:44.24 34.32		
100m: 1:09.25 35.69	200m: 2:21.89 36.44	300m: 3:33.93 36.09				
6. GARCIA ARENAS, Carmen	03	C.P. La Roda	4:49.61	11,00	16,00	
50m: 32.36 32.36	150m: 1:45.94 36.97	250m: 3:00.52 37.36	350m: 4:15.13 37.40	400m: 4:49.61 34.48		
100m: 1:08.97 36.61	200m: 2:23.16 37.22	300m: 3:37.73 37.21				
7. ALCANTARA MELLADO, Maria	04	C.D. Aqua De Valdepeñas	4:49.68	10,00	14,00	
50m: 34.01 34.01	150m: 1:48.91 37.30	250m: 3:02.10 36.75	350m: 4:15.27 36.83	400m: 4:49.68 34.41		
100m: 1:11.61 37.60	200m: 2:25.35 36.44	300m: 3:38.44 36.34				
8. GARCIA CUENCA, Eva	05	C.N. Almansa	4:49.82	9,00	13,00	
50m: 33.21 33.21	150m: 1:46.13 36.93	250m: 3:00.17 37.03	350m: 4:14.56 36.92	400m: 4:49.82 35.26		
100m: 1:09.20 35.99	200m: 2:23.14 37.01	300m: 3:37.64 37.47				
9. SARACHAGA GONZALEZ-MOHINO, M97rta		C.N. Alarcos Ciudad Real	4:53.04	8,00	16,00	
50m: 33.63 33.63	150m: 2:25.33 1:15.14	250m: 3:40.26 38.12	350m: 4:53.04 35.04	400m: 4:53.04 35.04		
100m: 1:10.19 36.56	200m: 3:02.14 36.81	300m: 3:40.26 38.12				
10. SANCHEZ-ROJO HUERTAS, Belen	97	C.N. Criptana Gigantes	4:53.43	-	-	
50m: 33.56 33.56	150m: 1:48.18 37.68	250m: 3:03.23 37.46	350m: 4:18.38 37.50	400m: 4:53.43 35.05		
100m: 1:10.50 36.94	200m: 2:25.77 37.59	300m: 3:40.88 37.65				
11. TRIGUERO RUIZ, Almudena	04	C.N. Alarcos Ciudad Real	4:54.96	-	13,00	
50m: 33.46 33.46	150m: 1:46.87 37.19	250m: 3:02.11 37.37	350m: 4:18.22 37.82	400m: 4:54.96 36.74		
100m: 1:09.68 36.22	200m: 2:24.74 37.87	300m: 3:40.40 38.29				
12. NOMBELA GARVIN, Lucia	04	C.N. El Cisne	4:55.24	-	12,00	
50m: 32.56 32.56	150m: 1:47.09 37.26	250m: 3:03.04 38.03	350m: 4:19.34 37.96	400m: 4:55.24 35.90		
100m: 1:09.83 37.27	200m: 2:25.01 37.92	300m: 3:41.38 38.34				
13. HUETE Gº DEL CASTILLO, Maria	06	C.N. Ciudad Real	4:58.93	-	12,00	
50m: 32.47 32.47	150m: 1:47.48 38.41	250m: 3:05.30 39.02	350m: 4:22.65 38.61	400m: 4:58.93 36.28		
100m: 1:09.07 36.60	200m: 2:26.28 38.80	300m: 3:44.04 38.74				

Prueba 44, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		PABS	P.GE
14. RODRIGUEZ MORENO, Carlota	01	E.C. Ciudad De Talavera Aqüis	5:00.41		-	-
50m: 34.22 34.22	150m: 1:49.19 38.04	250m: 3:05.81 38.32	350m: 4:23.12 38.45			
100m: 1:11.15 36.93	200m: 2:27.49 38.30	300m: 3:44.67 38.86	400m: 5:00.41 37.29			
15. GARRIDO AMEZCUA, Claudia	06	C.N. Alarcos Ciudad Real	5:01.27		-	11,00
50m: 33.33 33.33	150m: 1:49.24 38.62	250m: 3:07.18 38.95	350m: 4:24.87 38.59			
100m: 1:10.62 37.29	200m: 2:28.23 38.99	300m: 3:46.28 39.10	400m: 5:01.27 36.40			
16. VAQUERO MORALES, Diana	05	C.N. Alcazar	5:02.10		-	10,00
50m: 33.59 33.59	150m: 1:49.64 38.72	250m: 3:07.69 39.31	350m: 4:25.44 38.47			
100m: 1:10.92 37.33	200m: 2:28.38 38.74	300m: 3:46.97 39.28	400m: 5:02.10 36.66			
17. MERINO GOMEZ, Vera	03	E.C. Ciudad De Talavera Aqüis	5:02.27		-	11,00
50m: 33.87 33.87	150m: 1:48.84 37.99	250m: 3:05.60 38.67	350m: 4:24.20 39.50			
100m: 1:10.85 36.98	200m: 2:26.93 38.09	300m: 3:44.70 39.10	400m: 5:02.27 38.07			
18. BAEZA RUIZ DE LA HERMOSA, Angel	04	Club Natacion Daimiel	5:04.02		-	-
50m: 34.49 34.49	150m: 1:50.34 38.22	250m: 3:07.79 39.02	350m: 4:26.29 39.03			
100m: 1:12.12 37.63	200m: 2:28.77 38.43	300m: 3:47.26 39.47	400m: 5:04.02 37.73			
19. GÓMEZ ROJAS, Renée	03	C.N. Toledo	5:04.10		-	10,00
50m: 34.14 34.14	150m: 1:49.14 38.38	250m: 3:08.08 39.38	350m: 4:27.41 40.20			
100m: 1:10.76 36.62	200m: 2:28.70 39.56	300m: 3:47.21 39.13	400m: 5:04.10 36.69			
20. MUÑOZ SANCHEZ, Lucia	03	C.N. Valdepeñas	5:05.87		-	-
50m: 34.30 34.30	150m: 1:49.50 38.26	250m: 3:08.10 39.75	350m: 4:27.38 39.41			
100m: 1:11.24 36.94	200m: 2:28.35 38.85	300m: 3:47.97 39.87	400m: 5:05.87 38.49			
21. DE TOMÁS SÁEZ, Vera	06	E.C. Ciudad De Talavera Aqüis	5:14.02		-	9,00
50m: 35.99 35.99	150m: 1:54.96 39.95	250m: 3:16.30 40.94	350m: 4:36.91 39.83			
100m: 1:15.01 39.02	200m: 2:35.36 40.40	300m: 3:57.08 40.78	400m: 5:14.02 37.11			
22. MOYA VALERA, Ingrid	06	Club Natacion Daimiel	5:16.02		-	8,00
50m: 35.02 35.02	150m: 1:53.52 39.86	250m: 3:14.56 40.75	350m: 4:36.70 41.41			
100m: 1:13.66 38.64	200m: 2:33.81 40.29	300m: 3:55.29 40.73	400m: 5:16.02 39.32			
23. LERIDA MALDONADO, Beatriz	05	C.N. Valdepeñas	5:16.17		-	7,00
50m: 35.92 35.92	150m: 1:54.22 39.70	250m: 3:15.32 40.85	350m: 4:36.82 40.67			
100m: 1:14.52 38.60	200m: 2:34.47 40.25	300m: 3:56.15 40.83	400m: 5:16.17 39.35			
24. OJEDA TEBAR, Carmen María	04	C.P. La Roda	5:23.18		-	-
50m: 36.18 36.18	150m: 1:54.79 39.89	250m: 3:17.01 41.26	350m: 4:41.23 42.37			
100m: 1:14.90 38.72	200m: 2:35.75 40.96	300m: 3:58.86 41.85	400m: 5:23.18 41.95			

Infantil Femenino

1. CARMONA VILLAPLANA, Marta	05	C.N. Albacete	4:19.74		29,00	24,00	rct
50m: 29.69 29.69	150m: 1:35.63 33.57	250m: 2:42.14 33.14	350m: 3:48.17 33.11				
100m: 1:02.06 32.37	200m: 2:09.00 33.37	300m: 3:15.06 32.92	400m: 4:19.74 31.57				
2. ESLAVA GARCÍA, Claudia	06	C.N. Cuenca	4:42.78		13,00	16,00	
50m: 31.65 31.65	150m: 1:42.43 36.09	250m: 2:55.75 36.72	350m: 4:07.99 36.12				
100m: 1:06.34 34.69	200m: 2:19.03 36.60	300m: 3:31.87 36.12	400m: 4:42.78 34.79				
3. MANZANARES MARTIN, Andrea	06	Club Natación Sonseca	4:44.24		12,00	14,00	
50m: 33.56 33.56	150m: 1:45.45 36.20	250m: 2:57.84 35.95	350m: 4:09.92 35.99				
100m: 1:09.25 35.69	200m: 2:21.89 36.44	300m: 3:33.93 36.09	400m: 4:44.24 34.32				
4. GARCIA CUENCA, Eva	05	C.N. Almansa	4:49.82		9,00	13,00	
50m: 33.21 33.21	150m: 1:46.13 36.93	250m: 3:00.17 37.03	350m: 4:14.56 36.92				
100m: 1:09.20 35.99	200m: 2:23.14 37.01	300m: 3:37.64 37.47	400m: 4:49.82 35.26				
5. HUETE Gº DEL CASTILLO, Maria	06	C.N. Ciudad Real	4:58.93		-	12,00	
50m: 32.47 32.47	150m: 1:47.48 38.41	250m: 3:05.30 39.02	350m: 4:22.65 38.61				
100m: 1:09.07 36.60	200m: 2:26.28 38.80	300m: 3:44.04 38.74	400m: 4:58.93 36.28				

Prueba 44, Fem., 400m Libre, Infantil Femenino

Clasificación	AN		Tiempo		PABS	P.GE					
6. GARRIDO AMEZCUA, Claudia	06	C.N. Alarcos Ciudad Real	5:01.27	-	11,00						
50m:	33.33	33.33	150m:	1:49.24	38.62	250m:	3:07.18	38.95	350m:	4:24.87	38.59
100m:	1:10.62	37.29	200m:	2:28.23	38.99	300m:	3:46.28	39.10	400m:	5:01.27	36.40
7. VAQUERO MORALES, Diana	05	C.N. Alcazar	5:02.10	-	10,00						
50m:	33.59	33.59	150m:	1:49.64	38.72	250m:	3:07.69	39.31	350m:	4:25.44	38.47
100m:	1:10.92	37.33	200m:	2:28.38	38.74	300m:	3:46.97	39.28	400m:	5:02.10	36.66
8. DE TOMÁS SÁEZ, Vera	06	E.C. Ciudad De Talavera Aqüis	5:14.02	-	9,00						
50m:	35.99	35.99	150m:	1:54.96	39.95	250m:	3:16.30	40.94	350m:	4:36.91	39.83
100m:	1:15.01	39.02	200m:	2:35.36	40.40	300m:	3:57.08	40.78	400m:	5:14.02	37.11
9. MOYA VALERA, Ingrid	06	Club Natacion Daimiel	5:16.02	-	8,00						
50m:	35.02	35.02	150m:	1:53.52	39.86	250m:	3:14.56	40.75	350m:	4:36.70	41.41
100m:	1:13.66	38.64	200m:	2:33.81	40.29	300m:	3:55.29	40.73	400m:	5:16.02	39.32
10. LERIDA MALDONADO, Beatriz	05	C.N. Valdepeñas	5:16.17	-	7,00						
50m:	35.92	35.92	150m:	1:54.22	39.70	250m:	3:15.32	40.85	350m:	4:36.82	40.67
100m:	1:14.52	38.60	200m:	2:34.47	40.25	300m:	3:56.15	40.83	400m:	5:16.17	39.35

Junior Femenino

1. CALAHORRA GONZÁLEZ GALLEGO, Iaira	04	Club Natacion Daimiel	4:40.39	16,00	19,00						
50m:	31.65	31.65	150m:	1:41.53	35.14	250m:	2:53.40	35.78	350m:	4:05.71	35.52
100m:	1:06.39	34.74	200m:	2:17.62	36.09	300m:	3:30.19	36.79	400m:	4:40.39	34.68
2. GARCIA ARENAS, Carmen	03	C.P. La Roda	4:49.61	11,00	16,00						
50m:	32.36	32.36	150m:	1:45.94	36.97	250m:	3:00.52	37.36	350m:	4:15.13	37.40
100m:	1:08.97	36.61	200m:	2:23.16	37.22	300m:	3:37.73	37.21	400m:	4:49.61	34.48
3. ALCANTARA MELLADO, Maria	04	C.D. Aqua De Valdepeñas	4:49.68	10,00	14,00						
50m:	34.01	34.01	150m:	1:48.91	37.30	250m:	3:02.10	36.75	350m:	4:15.27	36.83
100m:	1:11.61	37.60	200m:	2:25.35	36.44	300m:	3:38.44	36.34	400m:	4:49.68	34.41
4. TRIGUERO RUIZ, Almudena	04	C.N. Alarcos Ciudad Real	4:54.96	-	13,00						
50m:	33.46	33.46	150m:	1:46.87	37.19	250m:	3:02.11	37.37	350m:	4:18.22	37.82
100m:	1:09.68	36.22	200m:	2:24.74	37.87	300m:	3:40.40	38.29	400m:	4:54.96	36.74
5. NOMBELA GARVIN, Lucia	04	C.N. El Cisne	4:55.24	-	12,00						
50m:	32.56	32.56	150m:	1:47.09	37.26	250m:	3:03.04	38.03	350m:	4:19.34	37.96
100m:	1:09.83	37.27	200m:	2:25.01	37.92	300m:	3:41.38	38.34	400m:	4:55.24	35.90
6. MERINO GOMEZ, Vera	03	E.C. Ciudad De Talavera Aqüis	5:02.27	-	11,00						
50m:	33.87	33.87	150m:	1:48.84	37.99	250m:	3:05.60	38.67	350m:	4:24.20	39.50
100m:	1:10.85	36.98	200m:	2:26.93	38.09	300m:	3:44.70	39.10	400m:	5:02.27	38.07
7. BAEZA RUIZ DE LA HERMOSA, Angel	04	Club Natacion Daimiel	5:04.02	-	-						
50m:	34.49	34.49	150m:	1:50.34	38.22	250m:	3:07.79	39.02	350m:	4:26.29	39.03
100m:	1:12.12	37.63	200m:	2:28.77	38.43	300m:	3:47.26	39.47	400m:	5:04.02	37.73
8. GÓMEZ ROJAS, Renée	03	C.N. Toledo	5:04.10	-	10,00						
50m:	34.14	34.14	150m:	1:49.14	38.38	250m:	3:08.08	39.38	350m:	4:27.41	40.20
100m:	1:10.76	36.62	200m:	2:28.70	39.56	300m:	3:47.21	39.13	400m:	5:04.10	36.69
9. MUÑOZ SANCHEZ, Lucia	03	C.N. Valdepeñas	5:05.87	-	-						
50m:	34.30	34.30	150m:	1:49.50	38.26	250m:	3:08.10	39.75	350m:	4:27.38	39.41
100m:	1:11.24	36.94	200m:	2:28.35	38.85	300m:	3:47.97	39.87	400m:	5:05.87	38.49
10. OJEDA TEBAR, Carmen María	04	C.P. La Roda	5:23.18	-	-						
50m:	36.18	36.18	150m:	1:54.79	39.89	250m:	3:17.01	41.26	350m:	4:41.23	42.37
100m:	1:14.90	38.72	200m:	2:35.75	40.96	300m:	3:58.86	41.85	400m:	5:23.18	41.95

Prueba 44, Fem., 400m Libre

Senior Femenino

1. RODRIGUEZ FERNANDEZ, Yanira	02	C.N.S.Oriol Imperial	4:42.42	14,00	19,00						
50m:	31.35	31.35	150m:	1:41.27	35.55	250m:	2:53.41	36.03	350m:	4:07.33	37.09
100m:	1:05.72	34.37	200m:	2:17.38	36.11	300m:	3:30.24	36.83	400m:	4:42.42	35.09
2. SARACHAGA GONZALEZ-MOHINO, M ⁹⁷ rta		C.N. Alarcos Ciudad Real	4:53.04	8,00	16,00						
50m:	33.63	33.63	200m:	2:25.33	1:15.14	300m:	3:40.26	38.12	400m:	4:53.04	35.04
100m:	1:10.19	36.56	250m:	3:02.14	36.81	350m:	4:18.00	37.74			
3. SANCHEZ-ROJO HUERTAS, Belen	97	C.N. Criptana Gigantes	4:53.43	-	-						
50m:	33.56	33.56	150m:	1:48.18	37.68	250m:	3:03.23	37.46	350m:	4:18.38	37.50
100m:	1:10.50	36.94	200m:	2:25.77	37.59	300m:	3:40.88	37.65	400m:	4:53.43	35.05
4. RODRIGUEZ MORENO, Carlota	01	E.C. Ciudad De Talavera Aqüis	5:00.41	-	-						
50m:	34.22	34.22	150m:	1:49.19	38.04	250m:	3:05.81	38.32	350m:	4:23.12	38.45
100m:	1:11.15	36.93	200m:	2:27.49	38.30	300m:	3:44.67	38.86	400m:	5:00.41	37.29