



Prueba 43
23/02/2020 - 17:30

Masc., 400m Libre

Absoluto Masculino
Resultados

R	3:52.00	, PHOLIEN PHILIPPE SYSTERMANS *	PALMA DE MALLORCA	01/12/2012
Rcto	4:01.13	GONZÁLEZ RODERO, ALONSO	TALAVERA DE LA REINA	24/02/2019
mm 18	4:03.14	HERMOSILLA PERONA, ALEJANDRO	TALAVERA DE LA REINA	24/02/2019
mm 17	4:02.79	PÉREZ SÁNCHEZ, JAVIER		23/02/2019
mm 16	3:59.72	, ALONSO GONZALEZ RODERO	Tomelloso	09/11/2019
mm 15	4:01.36	, GONZALEZ RODERO Alonso	BARCELONA	15/11/2018
mm 15	4:01.36	, GONZALEZ RODERO Alonso	BARCELONA	15/11/2018

Absoluto Open: 4:26.86 / 19 Y MAYORES SeniM: 4:26.86 / 18 AÑOS 18 50m: 4:41.69 / 17 AÑOS 17: 4:41.84 / 16 AÑOS 16: 4:44.10 / 15 AÑOS 15: 4:56.25

Clasificación	AN			Tiempo	PABS	P.GE
Absoluto Masculino						
1.	GONZALEZ RODERO, Alonso	03	C.N. Alarcos Ciudad Real	3:59.35	29,00	24,00 rct
	50m: 27.99 27.99	150m: 1:28.02 30.41	250m: 2:29.67 30.65	350m: 3:30.27 30.03		
	100m: 57.61 29.62	200m: 1:59.02 31.00	300m: 3:00.24 30.57	400m: 3:59.35 29.08		
2.	MACHUCA PEREZ-HIGUERAS, Aitor	03	C.N. El Cisne	4:00.46	16,00	16,00
	50m: 28.31 28.31	150m: 1:28.45 30.13	250m: 2:30.38 30.64	350m: 3:31.47 30.33		
	100m: 58.32 30.01	200m: 1:59.74 31.29	300m: 3:01.14 30.76	400m: 4:00.46 28.99		
3.	PEREZ SANCHEZ, Javier	02	C.N. Toledo	4:03.17	14,00	14,00
	50m: 27.46 27.46	150m: 1:27.95 30.75	250m: 2:29.66 30.72	350m: 3:32.50 31.56		
	100m: 57.20 29.74	200m: 1:58.94 30.99	300m: 3:00.94 31.28	400m: 4:03.17 30.67		
4.	MARQUES VELASCO, Jaime	87	C.N. Toledo	4:03.25	13,00	19,00
	50m: 28.43 28.43	150m: 1:29.57 30.95	250m: 2:31.86 30.84	350m: 3:33.55 30.32		
	100m: 58.62 30.19	200m: 2:01.02 31.45	300m: 3:03.23 31.37	400m: 4:03.25 29.70		
5.	GARCIA DE LA GALANA GALLEG0, Aitor	04	Club Natacion Daimiel	4:06.84	12,00	19,00
	50m: 28.25 28.25	150m: 1:28.88 30.70	250m: 2:31.57 31.52	350m: 3:35.44 32.11		
	100m: 58.18 29.93	200m: 2:00.05 31.17	300m: 3:03.33 31.76	400m: 4:06.84 31.40		
6.	MANJON FERNANDEZ, Antonio	03	C.N. Albacete	4:14.57	11,00	13,00
	50m: 28.55 28.55	150m: 1:32.27 32.27	250m: 2:37.02 32.37	350m: 3:42.52 32.82		
	100m: 1:00.00 31.45	200m: 2:04.65 32.38	300m: 3:09.70 32.68	400m: 4:14.57 32.05		
7.	RODRÍGUEZ PÉREZ-CEJUELA, Álvaro	93	C.N.S.Oriol Imperial	4:15.40	10,00	16,00
	50m: 29.75 29.75	150m: 1:34.25 32.64	250m: 2:39.36 32.58	350m: 3:43.93 32.02		
	100m: 1:01.61 31.86	200m: 2:06.78 32.53	300m: 3:11.91 32.55	400m: 4:15.40 31.47		
8.	ARROYO FERNANDEZ, Alvaro	85	E.C. Ciudad De Talavera Aqüis	4:16.99	9,00	14,00
	50m: 29.40 29.40	150m: 1:33.81 32.36	250m: 2:39.49 32.61	350m: 3:45.12 32.85		
	100m: 1:01.45 32.05	200m: 2:06.88 33.07	300m: 3:12.27 32.78	400m: 4:16.99 31.87		
9.	MARTIN ESTEBAN, Alberto	05	Club Natación Sonseca	4:18.14	8,00	16,00
	50m: 29.33 29.33	150m: 1:34.49 32.86	250m: 2:40.55 32.97	350m: 3:46.39 32.57		
	100m: 1:01.63 32.30	200m: 2:07.58 33.09	300m: 3:13.82 33.27	400m: 4:18.14 31.75		
10.	ALCAIDE HITTA, Roberto	05	C.N. El Cisne	4:18.60	7,00	14,00
	50m: 29.86 29.86	150m: 1:35.19 33.13	250m: 2:41.40 32.89	350m: 3:46.85 32.44		
	100m: 1:02.06 32.20	200m: 2:08.51 33.32	300m: 3:14.41 33.01	400m: 4:18.60 31.75		
11.	PICAZO VERGARA, Felipe	96	C.N. Albacete	4:20.81	6,00	13,00
	50m: 29.39 29.39	150m: 1:34.95 33.13	250m: 2:41.27 33.32	350m: 3:47.99 33.48		
	100m: 1:01.82 32.43	200m: 2:07.95 33.00	300m: 3:14.51 33.24	400m: 4:20.81 32.82		
12.	CUESTA ESTEBAN, Jaime	02	C.N.S.Oriol Imperial	4:23.52	5,00	12,00
	50m: 29.16 29.16	150m: 1:33.54 32.40	250m: 2:39.16 33.00	350m: 3:48.68 35.16		
	100m: 1:01.14 31.98	200m: 2:06.16 32.62	300m: 3:13.52 34.36	400m: 4:23.52 34.84		
13.	BLASCO LEVIA, Alvaro	03	C.P. La Roda	4:25.38	4,00	11,00
	50m: 29.87 29.87	150m: 1:36.80 33.72	250m: 2:44.57 33.62	350m: 3:52.83 33.86		
	100m: 1:03.08 33.21	200m: 2:10.95 34.15	300m: 3:18.97 34.40	400m: 4:25.38 32.55		

Prueba 43, Masc., 400m Libre, Absoluto Masculino

Clasificación	AN								Tiempo	PABS	P.GE	
14. MERLO DIAZ, Javier	00	C.D. Aqua De Valdepeñas								4:25.74	3,00	12,00
50m:	29.94	29.94	150m:	1:35.22	33.12	250m:	2:43.48	34.66	350m:	3:54.23	35.26	
100m:	1:02.10	32.16	200m:	2:08.82	33.60	300m:	3:18.97	35.49	400m:	4:25.74	31.51	
15. BACHILLER SEGOVIA, Miguel	04	C.N. Cuenca								4:28.19	-	13,00
50m:	29.42	29.42	150m:	1:34.21	33.04	250m:	2:42.26	33.89	350m:	3:52.64	35.42	
100m:	1:01.17	31.75	200m:	2:08.37	34.16	300m:	3:17.22	34.96	400m:	4:28.19	35.55	
16. PEREZ SANCHEZ, Lucas	06	C.N. El Cisne								4:28.33	-	-
50m:	30.36	30.36	150m:	1:37.49	33.90	250m:	2:45.66	34.10	350m:	3:54.26	34.23	
100m:	1:03.59	33.23	200m:	2:11.56	34.07	300m:	3:20.03	34.37	400m:	4:28.33	34.07	
17. LARA MARTIN, Ruben	04	C.N. Tomelloso								4:28.46	-	12,00
50m:	30.31	30.31	150m:	1:37.45	34.35	250m:	2:45.65	33.83	350m:	3:54.50	34.56	
100m:	1:03.10	32.79	200m:	2:11.82	34.37	300m:	3:19.94	34.29	400m:	4:28.46	33.96	
18. SANTOS BENITO, Adrián	05	E.C. Ciudad De Talavera Aqüis								4:30.87	-	11,00
50m:	30.73	30.73	150m:	1:37.54	34.02	250m:	2:47.18	34.80	350m:	3:57.01	34.61	
100m:	1:03.52	32.79	200m:	2:12.38	34.84	300m:	3:22.40	35.22	400m:	4:30.87	33.86	
19. SALTO SAEZ, Adrian	00	C.N.S.Oriol Imperial								4:32.58	-	-
50m:	30.49	30.49	150m:	1:37.88	34.38	250m:	2:47.67	34.95	350m:	3:57.87	34.96	
100m:	1:03.50	33.01	200m:	2:12.72	34.84	300m:	3:22.91	35.24	400m:	4:32.58	34.71	
20. SAEZ GARCIA, Marcos	04	C.N. Albacete								4:36.09	-	10,00
50m:	31.45	31.45	150m:	1:42.12	35.44	250m:	2:51.73	34.46	350m:	4:02.29	35.24	
100m:	1:06.68	35.23	200m:	2:17.27	35.15	300m:	3:27.05	35.32	400m:	4:36.09	33.80	
21. VALERO FERNANDEZ, Alvaro	01	C.D.Alcarræno De S.								4:37.18	-	-
50m:	30.54	30.54	150m:	1:38.06	34.17	250m:	2:49.29	35.78	350m:	4:01.68	35.29	
100m:	1:03.89	33.35	200m:	2:13.51	35.45	300m:	3:26.39	37.10	400m:	4:37.18	35.50	
22. NOBLEJAS TORROBA, Juan Felix	04	C.N. Alarcos Ciudad Real								4:37.41	-	9,00
50m:	30.65	30.65	150m:	1:39.27	35.02	250m:	2:50.92	36.00	350m:	4:02.90	35.97	
100m:	1:04.25	33.60	200m:	2:14.92	35.65	300m:	3:26.93	36.01	400m:	4:37.41	34.51	
23. GARCEA, Jorge Alejandro	04	C.N. Toledo								4:43.99	-	8,00
50m:	30.63	30.63	150m:	1:40.71	36.20	250m:	2:55.48	37.49	350m:	4:09.07	35.81	
100m:	1:04.51	33.88	200m:	2:17.99	37.28	300m:	3:33.26	37.78	400m:	4:43.99	34.92	
24. MIRA VALIENTE, Jose Luis	02	C.N. Almansa								4:44.28	-	-
50m:	30.87	30.87	150m:	1:40.48	35.26	250m:	2:54.26	37.05	350m:	4:08.21	37.05	
100m:	1:05.22	34.35	200m:	2:17.21	36.73	300m:	3:31.16	36.90	400m:	4:44.28	36.07	
25. MORENO TIZON, Jorge	04	E.C. Ciudad De Talavera Aqüis								4:44.30	-	-
50m:	31.34	31.34	150m:	1:41.37	35.55	250m:	2:54.17	36.90	350m:	4:09.05	37.64	
100m:	1:05.82	34.48	200m:	2:17.27	35.90	300m:	3:31.41	37.24	400m:	4:44.30	35.25	
26. PUEBLAS PARRAS, Alejandro	04	C.N. Criptana Gigantes								4:58.80	-	-
50m:	33.42	33.42	150m:	1:45.49	36.67	250m:	3:01.37	38.47	350m:	4:19.59	39.82	
100m:	1:08.82	35.40	200m:	2:22.90	37.41	300m:	3:39.77	38.40	400m:	4:58.80	39.21	
27. GONZALEZ ROMERO, Alonso	03	C.N. Madridejos								5:10.38	-	-
50m:	32.08	32.08	150m:	1:47.51	38.57	250m:	3:07.16	40.15	350m:	4:29.55	41.49	
100m:	1:08.94	36.86	200m:	2:27.01	39.50	300m:	3:48.06	40.90	400m:	5:10.38	40.83	

Infantil Masculino

1. GARCIA DE LA GALANA GALLEG0, A04jandClub Natacion Daimiel									4:06.84	12,00	19,00	
50m:	28.25	28.25	150m:	1:28.88	30.70	250m:	2:31.57	31.52	350m:	3:35.44	32.11	
100m:	58.18	29.93	200m:	2:00.05	31.17	300m:	3:03.33	31.76	400m:	4:06.84	31.40	
2. MARTIN ESTEBAN, Alberto	05	Club Natación Sonseca								4:18.14	8,00	16,00
50m:	29.33	29.33	150m:	1:34.49	32.86	250m:	2:40.55	32.97	350m:	3:46.39	32.57	
100m:	1:01.63	32.30	200m:	2:07.58	33.09	300m:	3:13.82	33.27	400m:	4:18.14	31.75	

Prueba 43, Masc., 400m Libre, Infantil Masculino

Clasificación	AN		Tiempo		PABS	P.GE
3. ALCAIDE HITTA, Roberto	05	C.N. El Cisne	4:18.60	7,00	14,00	
50m: 29.86 29.86	150m: 1:35.19 33.13	250m: 2:41.40 32.89	350m: 3:46.85 32.44			
100m: 1:02.06 32.20	200m: 2:08.51 33.32	300m: 3:14.41 33.01	400m: 4:18.60 31.75			
4. BACHILLER SEGOVIA, Miguel	04	C.N. Cuenca	4:28.19	-	13,00	
50m: 29.42 29.42	150m: 1:34.21 33.04	250m: 2:42.26 33.89	350m: 3:52.64 35.42			
100m: 1:01.17 31.75	200m: 2:08.37 34.16	300m: 3:17.22 34.96	400m: 4:28.19 35.55			
5. LARA MARTIN, Ruben	04	C.N. Tomelloso	4:28.46	-	12,00	
50m: 30.31 30.31	150m: 1:37.45 34.35	250m: 2:45.65 33.83	350m: 3:54.50 34.56			
100m: 1:03.10 32.79	200m: 2:11.82 34.37	300m: 3:19.94 34.29	400m: 4:28.46 33.96			
6. SANTOS BENITO, Adrián	05	E.C. Ciudad De Talavera Aqüis	4:30.87	-	11,00	
50m: 30.73 30.73	150m: 1:37.54 34.02	250m: 2:47.18 34.80	350m: 3:57.01 34.61			
100m: 1:03.52 32.79	200m: 2:12.38 34.84	300m: 3:22.40 35.22	400m: 4:30.87 33.86			
7. SAEZ GARCIA, Marcos	04	C.N. Albacete	4:36.09	-	10,00	
50m: 31.45 31.45	150m: 1:42.12 35.44	250m: 2:51.73 34.46	350m: 4:02.29 35.24			
100m: 1:06.68 35.23	200m: 2:17.27 35.15	300m: 3:27.05 35.32	400m: 4:36.09 33.80			
8. NOBLEJAS TORROBA, Juan Felix	04	C.N. Alarcos Ciudad Real	4:37.41	-	9,00	
50m: 30.65 30.65	150m: 1:39.27 35.02	250m: 2:50.92 36.00	350m: 4:02.90 35.97			
100m: 1:04.25 33.60	200m: 2:14.92 35.65	300m: 3:26.93 36.01	400m: 4:37.41 34.51			
9. GARCEA, Jorge Alejandro	04	C.N. Toledo	4:43.99	-	8,00	
50m: 30.63 30.63	150m: 1:40.71 36.20	250m: 2:55.48 37.49	350m: 4:09.07 35.81			
100m: 1:04.51 33.88	200m: 2:17.99 37.28	300m: 3:33.26 37.78	400m: 4:43.99 34.92			
10. MORENO TIZON, Jorge	04	E.C. Ciudad De Talavera Aqüis	4:44.30	-	-	
50m: 31.34 31.34	150m: 1:41.37 35.55	250m: 2:54.17 36.90	350m: 4:09.05 37.64			
100m: 1:05.82 34.48	200m: 2:17.27 35.90	300m: 3:31.41 37.24	400m: 4:44.30 35.25			
11. PUEBLAS PARRAS, Alejandro	04	C.N. Criptana Gigantes	4:58.80	-	-	
50m: 33.42 33.42	150m: 1:45.49 36.67	250m: 3:01.37 38.47	350m: 4:19.59 39.82			
100m: 1:08.82 35.40	200m: 2:22.90 37.41	300m: 3:39.77 38.40	400m: 4:58.80 39.21			

Junior Masculino

1. GONZALEZ RODERO, Alonso	03	C.N. Alarcos Ciudad Real	3:59.35	29,00	24,00 rct
50m: 27.99 27.99	150m: 1:28.02 30.41	250m: 2:29.67 30.65	350m: 3:30.27 30.03		
100m: 57.61 29.62	200m: 1:59.02 31.00	300m: 3:00.24 30.57	400m: 3:59.35 29.08		
2. MACHUCA PEREZ-HIGUERAS, Aitor	03	C.N. El Cisne	4:00.46	16,00	16,00
50m: 28.31 28.31	150m: 1:28.45 30.13	250m: 2:30.38 30.64	350m: 3:31.47 30.33		
100m: 58.32 30.01	200m: 1:59.74 31.29	300m: 3:01.14 30.76	400m: 4:00.46 28.99		
3. PEREZ SANCHEZ, Javier	02	C.N. Toledo	4:03.17	14,00	14,00
50m: 27.46 27.46	150m: 1:27.95 30.75	250m: 2:29.66 30.72	350m: 3:32.50 31.56		
100m: 57.20 29.74	200m: 1:58.94 30.99	300m: 3:00.94 31.28	400m: 4:03.17 30.67		
4. MANJON FERNANDEZ, Antonio	03	C.N. Albacete	4:14.57	11,00	13,00
50m: 28.55 28.55	150m: 1:32.27 32.27	250m: 2:37.02 32.37	350m: 3:42.52 32.82		
100m: 1:00.00 31.45	200m: 2:04.65 32.38	300m: 3:09.70 32.68	400m: 4:14.57 32.05		
5. CUESTA ESTEBAN, Jaime	02	C.N.S.Oriol Imperial	4:23.52	5,00	12,00
50m: 29.16 29.16	150m: 1:33.54 32.40	250m: 2:39.16 33.00	350m: 3:48.68 35.16		
100m: 1:01.14 31.98	200m: 2:06.16 32.62	300m: 3:13.52 34.36	400m: 4:23.52 34.84		
6. BLASCO LEVIA, Alvaro	03	C.P. La Roda	4:25.38	4,00	11,00
50m: 29.87 29.87	150m: 1:36.80 33.72	250m: 2:44.57 33.62	350m: 3:52.83 33.86		
100m: 1:03.08 33.21	200m: 2:10.95 34.15	300m: 3:18.97 34.40	400m: 4:25.38 32.55		
7. MIRA VALIENTE, Jose Luis	02	C.N. Almansa	4:44.28	-	-
50m: 30.87 30.87	150m: 1:40.48 35.26	250m: 2:54.26 37.05	350m: 4:08.21 37.05		
100m: 1:05.22 34.35	200m: 2:17.21 36.73	300m: 3:31.16 36.90	400m: 4:44.28 36.07		

Prueba 43, Masc., 400m Libre, Junior Masculino

Clasificación	AN								Tiempo	PABS	P.GE
8. GONZALEZ ROMERO, Alonso	03	C.N. Madridejos							5:10.38	-	-
50m:	32.08	32.08	150m:	1:47.51	38.57	250m:	3:07.16	40.15	350m:	4:29.55	41.49
100m:	1:08.94	36.86	200m:	2:27.01	39.50	300m:	3:48.06	40.90	400m:	5:10.38	40.83

Senior Masculino

1. MARQUES VELASCO, Jaime	87	C.N. Toledo							4:03.25	13,00	19,00
50m:	28.43	28.43	150m:	1:29.57	30.95	250m:	2:31.86	30.84	350m:	3:33.55	30.32
100m:	58.62	30.19	200m:	2:01.02	31.45	300m:	3:03.23	31.37	400m:	4:03.25	29.70
2. RODRÍGUEZ PÉREZ-CEJUELA, Álvaro	93	C.N.S.Oriol Imperial							4:15.40	10,00	16,00
50m:	29.75	29.75	150m:	1:34.25	32.64	250m:	2:39.36	32.58	350m:	3:43.93	32.02
100m:	1:01.61	31.86	200m:	2:06.78	32.53	300m:	3:11.91	32.55	400m:	4:15.40	31.47
3. ARROYO FERNANDEZ, Alvaro	85	E.C. Ciudad De Talavera Aqüis							4:16.99	9,00	14,00
50m:	29.40	29.40	150m:	1:33.81	32.36	250m:	2:39.49	32.61	350m:	3:45.12	32.85
100m:	1:01.45	32.05	200m:	2:06.88	33.07	300m:	3:12.27	32.78	400m:	4:16.99	31.87
4. PICAZO VERGARA, Felipe	96	C.N. Albacete							4:20.81	6,00	13,00
50m:	29.39	29.39	150m:	1:34.95	33.13	250m:	2:41.27	33.32	350m:	3:47.99	33.48
100m:	1:01.82	32.43	200m:	2:07.95	33.00	300m:	3:14.51	33.24	400m:	4:20.81	32.82
5. MERLO DIAZ, Javier	00	C.D. Aqua De Valdepeñas							4:25.74	3,00	12,00
50m:	29.94	29.94	150m:	1:35.22	33.12	250m:	2:43.48	34.66	350m:	3:54.23	35.26
100m:	1:02.10	32.16	200m:	2:08.82	33.60	300m:	3:18.97	35.49	400m:	4:25.74	31.51
6. SALTO SAEZ, Adrian	00	C.N.S.Oriol Imperial							4:32.58	-	-
50m:	30.49	30.49	150m:	1:37.88	34.38	250m:	2:47.67	34.95	350m:	3:57.87	34.96
100m:	1:03.50	33.01	200m:	2:12.72	34.84	300m:	3:22.91	35.24	400m:	4:32.58	34.71
7. VALERO FERNANDEZ, Alvaro	01	C.D.Alcarreño De S.							4:37.18	-	-
50m:	30.54	30.54	150m:	1:38.06	34.17	250m:	2:49.29	35.78	350m:	4:01.68	35.29
100m:	1:03.89	33.35	200m:	2:13.51	35.45	300m:	3:26.39	37.10	400m:	4:37.18	35.50