



Prueba 19
22/02/2020 - 18:05

Fem., 400m Estilos

Absoluto Femenino
Resultados

R	5:02.15	, GONZALEZ MEGIA PATRICIA	TALAVERA DE LA REINA	25/02/2018
Rcto	5:02.15	GONZALEZ MEGIA, PATRICIA	TALAVERA DE LA REINA	25/02/2018
mm 18	5:14.17	, NEREA IBAÑEZ HERNANDEZ	TOMELLOSO	21/01/2017
mm 17	5:18.12	, IBAÑEZ HERNANDEZ NEREA	TOMELLOSO	05/03/2016
mm 16	5:02.80	CABANES GARZÁS, MARTA	TOMELLOSO	12/01/2019
mm 15	5:07.52	, CABANES GARZAS MARTA	TOMELLOSO	20/01/2018
mm 14	5:14.43	, DE LOS MUROS DE LA HIJA BERTA	TOMELLOSO	05/03/2016

Absoluto Open: 5:46.09 / 19 Y MAYORES 19 - 90: 5:46.09 / 18 AÑOS 18 50m: 5:53.59 / 17 AÑOS 17: 5:54.74 / 16 AÑOS 16: 6:02.54 / 15 AÑOS 15: 6:08.24 / 14 AÑOS 14: 6:14.11

Clasificación

AN

Tiempo PABS P.GE

Absoluto Femenino

1. CABANES GARZAS, Marta	03	Club Natacion Daimiel	4:57.21	44,00	24,00	r
50m: 30.70 30.70	150m: 1:45.41 37.03	250m: 3:05.06 43.31	350m: 4:23.49 34.22			
100m: 1:08.38 37.68	200m: 2:21.75 36.34	300m: 3:49.27 44.21	400m: 4:57.21 33.72			
2. DORADO ROMERO, Zaira	05	Club Natación Sonseca	5:26.29	16,00	19,00	
50m: 34.26 34.26	150m: 1:57.38 43.17	250m: 3:27.29 46.93	350m: 4:50.70 35.23			
100m: 1:14.21 39.95	200m: 2:40.36 42.98	300m: 4:15.47 48.18	400m: 5:26.29 35.59			
3. CAMELLO SERRANO, Ana Li	04	C.N. Toledo	5:30.06	14,00	16,00	
50m: 35.86 35.86	150m: 2:00.11 42.28	250m: 3:28.57 46.48	350m: 4:53.17 38.77			
100m: 1:17.83 41.97	200m: 2:42.09 41.98	300m: 4:14.40 45.83	400m: 5:30.06 36.89			
4. BAEZA RUIZ DE LA HERMOSA, Claud	04	Club Natacion Daimiel	5:32.38	13,00	-	
50m: 34.44 34.44	150m: 2:01.00 44.30	250m: 3:29.83 46.76	350m: 4:55.07 38.15			
100m: 1:16.70 42.26	200m: 2:43.07 42.07	300m: 4:16.92 47.09	400m: 5:32.38 37.31			
5. LÓPEZ DE LA NIETA, Berta	02	Club Natacion Daimiel	5:37.71	-	19,00	
50m: 35.95 35.95	150m: 2:03.25 45.03	250m: 3:33.75 46.51	350m: 4:59.72 39.03			
100m: 1:18.22 42.27	200m: 2:47.24 43.99	300m: 4:20.69 46.94	400m: 5:37.71 37.99			
6. CORTIJO DE LA GUIA, Maria	03	C.P. La Roda	5:37.89	12,00	14,00	
50m: 36.51 36.51	150m: 2:04.49 44.36	250m: 3:33.88 45.61	350m: 5:00.33 39.72			
100m: 1:20.13 43.62	200m: 2:48.27 43.78	300m: 4:20.61 46.73	400m: 5:37.89 37.56			
7. OLIVARES CARRAMOLINO, Elena	06	C.N. Criptana Gigantes	5:38.42	11,00	16,00	
50m: 34.58 34.58	150m: 2:00.32 44.67	250m: 3:30.94 46.80	350m: 5:00.93 40.64			
100m: 1:15.65 41.07	200m: 2:44.14 43.82	300m: 4:20.29 49.35	400m: 5:38.42 37.49			
8. VALVERDE MARTINEZ, Daniela	06	C.P. La Roda	5:38.50	10,00	14,00	
50m: 35.78 35.78	150m: 2:05.78 45.38	250m: 3:37.75 48.21	350m: 5:04.21 37.14			
100m: 1:20.40 44.62	200m: 2:49.54 43.76	300m: 4:27.07 49.32	400m: 5:38.50 34.29			
9. HUERTAS LORENTE, Celia	03	C.N. Alarcos Ciudad Real	5:43.04	9,00	13,00	
50m: 35.02 35.02	150m: 1:57.66 42.82	250m: 3:30.93 48.26	350m: 5:03.42 40.19			
100m: 1:14.84 39.82	200m: 2:42.67 45.01	300m: 4:23.23 52.30	400m: 5:43.04 39.62			
10. MERINO GOMEZ, Vera	03	E.C. Ciudad De Talavera Aqüis	5:43.38	8,00	12,00	
50m: 37.19 37.19	150m: 2:03.23 42.70	250m: 3:35.84 51.08	350m: 5:05.52 39.25			
100m: 1:20.53 43.34	200m: 2:44.76 41.53	300m: 4:26.27 50.43	400m: 5:43.38 37.86			
11. HUETE G° DEL CASTILLO, Maria	06	C.N. Ciudad Real	5:43.40	7,00	13,00	
50m: 36.19 36.19	150m: 2:03.70 44.41	250m: 3:37.83 50.98	350m: 5:06.68 38.44			
100m: 1:19.29 43.10	200m: 2:46.85 43.15	300m: 4:28.24 50.41	400m: 5:43.40 36.72			
12. ALCANTARA MELLADO, Maria	04	C.D. Aqua De Valdepeñas	5:44.64	6,00	11,00	
50m: 36.24 36.24	150m: 2:07.59 46.14	250m: 3:39.67 48.64	350m: 5:07.46 37.13			
100m: 1:21.45 45.21	200m: 2:51.03 43.44	300m: 4:30.33 50.66	400m: 5:44.64 37.18			
13. LORENTE ALVARO, Angela	06	Guadalajara Swimming	5:46.03	5,00	12,00	
50m: 38.13 38.13	150m: 2:08.21 45.17	250m: 3:39.36 45.93	350m: 5:06.63 39.87			
100m: 1:23.04 44.91	200m: 2:53.43 45.22	300m: 4:26.76 47.40	400m: 5:46.03 39.40			

Prueba 19, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN		Tiempo		PABS	P.GE					
14. GARRIDO AMEZCUA, Claudia	06	C.N. Alarcos Ciudad Real	5:47.17		-	11,00					
50m:	37.17	37.17	150m:	2:07.25	45.71	250m:	3:41.53	49.82	350m:	5:10.40	39.30
100m:	1:21.54	44.37	200m:	2:51.71	44.46	300m:	4:31.10	49.57	400m:	5:47.17	36.77
15. CABEZAS FERNANDEZ-BALBUENA, M ^o ria	05	Club Natacion Daimiel	5:50.39		-	10,00					
50m:	38.09	38.09	150m:	2:09.65	45.76	250m:	3:43.19	48.58	350m:	5:12.84	39.04
100m:	1:23.89	45.80	200m:	2:54.61	44.96	300m:	4:33.80	50.61	400m:	5:50.39	37.55
16. ANDRES CARRALERO, Estefanía	05	C.N. Cuenca	5:51.50		-	9,00					
50m:	36.00	36.00	150m:	2:04.74	45.41	250m:	3:40.28	51.70	350m:	5:13.40	40.46
100m:	1:19.33	43.33	200m:	2:48.58	43.84	300m:	4:32.94	52.66	400m:	5:51.50	38.10
17. PEREZ NAVAS, Lucia	06	C.N.S.Oriol Imperial	5:51.80		-	8,00					
50m:	36.20	36.20	150m:	2:03.19	45.17	250m:	3:41.34	52.19	350m:	5:15.43	39.75
100m:	1:18.02	41.82	200m:	2:49.15	45.96	300m:	4:35.68	54.34	400m:	5:51.80	36.37
18. LOPEZ GALIÑANES, Brianda	04	C.N. Alarcos Ciudad Real	5:51.91		-	-					
50m:	35.81	35.81	150m:	2:02.89	45.56	250m:	3:39.79	50.58	350m:	5:12.59	40.37
100m:	1:17.33	41.52	200m:	2:49.21	46.32	300m:	4:32.22	52.43	400m:	5:51.91	39.32
19. MARTÍN PORTUGUÉS LOZANO, Marta	06	Club Natacion Daimiel	5:53.16		-	-					
50m:	38.04	38.04	150m:	2:09.60	42.89	250m:	3:41.30	49.34	350m:	5:14.17	41.14
100m:	1:26.71	48.67	200m:	2:51.96	42.36	300m:	4:33.03	51.73	400m:	5:53.16	38.99
20. ALONSO MARTIN, Sofia	06	E.C. Ciudad De Talavera Aqüis	5:53.92		-	7,00					
50m:	36.71	36.71	150m:	2:10.72	45.89	250m:	3:43.81	49.17	350m:	5:14.14	40.55
100m:	1:24.83	48.12	200m:	2:54.64	43.92	300m:	4:33.59	49.78	400m:	5:53.92	39.78
21. GOMEZ LOPEZ, Leonor	06	C.N.S.Oriol Imperial	5:54.85		-	-					
50m:	39.53	39.53	150m:	2:09.21	45.26	250m:	3:45.94	51.49	350m:	5:16.69	39.46
100m:	1:23.95	44.42	200m:	2:54.45	45.24	300m:	4:37.23	51.29	400m:	5:54.85	38.16
22. RAMOS ESCRIBANO, Maria	05	C.N. Criptana Gigantes	6:03.09		-	-					
50m:	38.38	38.38	150m:	2:10.04	45.59	250m:	3:45.99	52.87	350m:	5:21.99	42.81
100m:	1:24.45	46.07	200m:	2:53.12	43.08	300m:	4:39.18	53.19	400m:	6:03.09	41.10
DNS DE LA GUIA PANADERO, Teresa	03	C.N. Criptana Gigantes			-	-					

Infantil Femenino

1. DORADO ROMERO, Zaira	05	Club Natación Sonseca	5:26.29		16,00	19,00					
50m:	34.26	34.26	150m:	1:57.38	43.17	250m:	3:27.29	46.93	350m:	4:50.70	35.23
100m:	1:14.21	39.95	200m:	2:40.36	42.98	300m:	4:15.47	48.18	400m:	5:26.29	35.59
2. OLIVARES CARRAMOLINO, Elena	06	C.N. Criptana Gigantes	5:38.42		11,00	16,00					
50m:	34.58	34.58	150m:	2:00.32	44.67	250m:	3:30.94	46.80	350m:	5:00.93	40.64
100m:	1:15.65	41.07	200m:	2:44.14	43.82	300m:	4:20.29	49.35	400m:	5:38.42	37.49
3. VALVERDE MARTINEZ, Daniela	06	C.P. La Roda	5:38.50		10,00	14,00					
50m:	35.78	35.78	150m:	2:05.78	45.38	250m:	3:37.75	48.21	350m:	5:04.21	37.14
100m:	1:20.40	44.62	200m:	2:49.54	43.76	300m:	4:27.07	49.32	400m:	5:38.50	34.29
4. HUETE G ^o DEL CASTILLO, Maria	06	C.N. Ciudad Real	5:43.40		7,00	13,00					
50m:	36.19	36.19	150m:	2:03.70	44.41	250m:	3:37.83	50.98	350m:	5:06.68	38.44
100m:	1:19.29	43.10	200m:	2:46.85	43.15	300m:	4:28.24	50.41	400m:	5:43.40	36.72
5. LORENTE ALVARO, Angela	06	Guadalajara Swimming	5:46.03		5,00	12,00					
50m:	38.13	38.13	150m:	2:08.21	45.17	250m:	3:39.36	45.93	350m:	5:06.63	39.87
100m:	1:23.04	44.91	200m:	2:53.43	45.22	300m:	4:26.76	47.40	400m:	5:46.03	39.40
6. GARRIDO AMEZCUA, Claudia	06	C.N. Alarcos Ciudad Real	5:47.17		-	11,00					
50m:	37.17	37.17	150m:	2:07.25	45.71	250m:	3:41.53	49.82	350m:	5:10.40	39.30
100m:	1:21.54	44.37	200m:	2:51.71	44.46	300m:	4:31.10	49.57	400m:	5:47.17	36.77
7. CABEZAS FERNANDEZ-BALBUENA, M ^o ria	05	Club Natacion Daimiel	5:50.39		-	10,00					
50m:	38.09	38.09	150m:	2:09.65	45.76	250m:	3:43.19	48.58	350m:	5:12.84	39.04
100m:	1:23.89	45.80	200m:	2:54.61	44.96	300m:	4:33.80	50.61	400m:	5:50.39	37.55

Prueba 19, Fem., 400m Estilos, Infantil Femenino

Clasificación	AN		Tiempo		PABS	P.GE
8. ANDRES CARRALERO, Estefanía	05	C.N. Cuenca	5:51.50	-	9,00	
50m: 36.00 36.00	150m: 2:04.74 45.41	250m: 3:40.28 51.70	350m: 5:13.40 40.46			
100m: 1:19.33 43.33	200m: 2:48.58 43.84	300m: 4:32.94 52.66	400m: 5:51.50 38.10			
9. PEREZ NAVAS, Lucia	06	C.N.S.Oriol Imperial	5:51.80	-	8,00	
50m: 36.20 36.20	150m: 2:03.19 45.17	250m: 3:41.34 52.19	350m: 5:15.43 39.75			
100m: 1:18.02 41.82	200m: 2:49.15 45.96	300m: 4:35.68 54.34	400m: 5:51.80 36.37			
10. MARTÍN PORTUGUÉS LOZANO, Marta	06	Club Natacion Daimiel	5:53.16	-	-	
50m: 38.04 38.04	150m: 2:09.60 42.89	250m: 3:41.30 49.34	350m: 5:14.17 41.14			
100m: 1:26.71 48.67	200m: 2:51.96 42.36	300m: 4:33.03 51.73	400m: 5:53.16 38.99			
11. ALONSO MARTIN, Sofía	06	E.C. Ciudad De Talavera Aqüis	5:53.92	-	7,00	
50m: 36.71 36.71	150m: 2:10.72 45.89	250m: 3:43.81 49.17	350m: 5:14.14 40.55			
100m: 1:24.83 48.12	200m: 2:54.64 43.92	300m: 4:33.59 49.78	400m: 5:53.92 39.78			
12. GOMEZ LOPEZ, Leonor	06	C.N.S.Oriol Imperial	5:54.85	-	-	
50m: 39.53 39.53	150m: 2:09.21 45.26	250m: 3:45.94 51.49	350m: 5:16.69 39.46			
100m: 1:23.95 44.42	200m: 2:54.45 45.24	300m: 4:37.23 51.29	400m: 5:54.85 38.16			
13. RAMOS ESCRIBANO, Maria	05	C.N. Criptana Gigantes	6:03.09	-	-	
50m: 38.38 38.38	150m: 2:10.04 45.59	250m: 3:45.99 52.87	350m: 5:21.99 42.81			
100m: 1:24.45 46.07	200m: 2:53.12 43.08	300m: 4:39.18 53.19	400m: 6:03.09 41.10			

Junior Femenino

1. CABANES GARZAS, Marta	03	Club Natacion Daimiel	4:57.21	44,00	24,00 r
50m: 30.70 30.70	150m: 1:45.41 37.03	250m: 3:05.06 43.31	350m: 4:23.49 34.22		
100m: 1:08.38 37.68	200m: 2:21.75 36.34	300m: 3:49.27 44.21	400m: 4:57.21 33.72		
2. CAMELLO SERRANO, Ana Li	04	C.N. Toledo	5:30.06	14,00	16,00
50m: 35.86 35.86	150m: 2:00.11 42.28	250m: 3:28.57 46.48	350m: 4:53.17 38.77		
100m: 1:17.83 41.97	200m: 2:42.09 41.98	300m: 4:14.40 45.83	400m: 5:30.06 36.89		
3. BAEZA RUIZ DE LA HERMOSA, Claud	04	Club Natacion Daimiel	5:32.38	13,00	-
50m: 34.44 34.44	150m: 2:01.00 44.30	250m: 3:29.83 46.76	350m: 4:55.07 38.15		
100m: 1:16.70 42.26	200m: 2:43.07 42.07	300m: 4:16.92 47.09	400m: 5:32.38 37.31		
4. CORTIJO DE LA GUIA, Maria	03	C.P. La Roda	5:37.89	12,00	14,00
50m: 36.51 36.51	150m: 2:04.49 44.36	250m: 3:33.88 45.61	350m: 5:00.33 39.72		
100m: 1:20.13 43.62	200m: 2:48.27 43.78	300m: 4:20.61 46.73	400m: 5:37.89 37.56		
5. HUERTAS LORENTE, Celia	03	C.N. Alarcos Ciudad Real	5:43.04	9,00	13,00
50m: 35.02 35.02	150m: 1:57.66 42.82	250m: 3:30.93 48.26	350m: 5:03.42 40.19		
100m: 1:14.84 39.82	200m: 2:42.67 45.01	300m: 4:23.23 52.30	400m: 5:43.04 39.62		
6. MERINO GOMEZ, Vera	03	E.C. Ciudad De Talavera Aqüis	5:43.38	8,00	12,00
50m: 37.19 37.19	150m: 2:03.23 42.70	250m: 3:35.84 51.08	350m: 5:05.52 39.25		
100m: 1:20.53 43.34	200m: 2:44.76 41.53	300m: 4:26.27 50.43	400m: 5:43.38 37.86		
7. ALCANTARA MELLADO, Maria	04	C.D. Aqua De Valdepeñas	5:44.64	6,00	11,00
50m: 36.24 36.24	150m: 2:07.59 46.14	250m: 3:39.67 48.64	350m: 5:07.46 37.13		
100m: 1:21.45 45.21	200m: 2:51.03 43.44	300m: 4:30.33 50.66	400m: 5:44.64 37.18		
8. LOPEZ GALIÑANES, Brianda	04	C.N. Alarcos Ciudad Real	5:51.91	-	-
50m: 35.81 35.81	150m: 2:02.89 45.56	250m: 3:39.79 50.58	350m: 5:12.59 40.37		
100m: 1:17.33 41.52	200m: 2:49.21 46.32	300m: 4:32.22 52.43	400m: 5:51.91 39.32		

DNS DE LA GUIA PANADERO, Teresa

03 C.N. Criptana Gigantes

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Senior Femenino

1. LÓPEZ DE LA NIETA, Berta	02	Club Natacion Daimiel	5:37.71	-	19,00
50m: 35.95 35.95	150m: 2:03.25 45.03	250m: 3:33.75 46.51	350m: 4:59.72 39.03		
100m: 1:18.22 42.27	200m: 2:47.24 43.99	300m: 4:20.69 46.94	400m: 5:37.71 37.99		



Campeonato Regional Infantil, Junior y Absoluto de Invierno 2020
Talavera de la Reina, 22 - 23/2/2020



Prueba 19, Fem., 400m Estilos

EXH MOYA VALERA, Ingrid	06	Club Natacion Daimiel	6:12.06	-	-
50m: 40.83 40.83	150m: 2:20.84 49.11	250m: 3:58.97 52.44	350m: 5:33.08 40.25		
100m: 1:31.73 50.90	200m: 3:06.53 45.69	300m: 4:52.83 53.86	400m: 6:12.06 38.98		

