

Prueba 18  
22/02/2020 - 17:45

Masc., 400m Estilos

Absoluto Masculino  
Resultados

R	4:28.70	, ALONSO GONZALEZ RODERO	GIJON	15/11/2019
Rcto	4:32.48	RIVAS GALLEG0, JAVIER	TALAVERA DE LA REINA	10/02/2013
mm 18	4:32.48	, RIVAS GALLEG0 JAVIER	TALAVERA DE LA REINA	10/02/2013
mm 17	4:33.00	MENCHEN MARTIN, JUAN	TALAVERA DE LA REINA	24/02/2019
mm 16	4:28.70	, ALONSO GONZALEZ RODERO	GIJON	15/11/2019
mm 15	4:39.65	, GONZALEZ RODERO ALONSO	M-86_MADRID	27/10/2018

Absoluto Open: 5:06.58 / 19 Y MAYORES SeniM: 5:06.58 / 18 AÑOS 18 50m: 5:26.31 / 17 AÑOS 17: 5:27.61 / 16 AÑOS 16: 5:31.51 / 15 AÑOS 15: 5:42.12

Clasificación

AN

Tiempo PABS P.GE

Absoluto Masculino

1. MENCHEN MARTIN, Juan	02	C.N. Alarcos Ciudad Real	<b>4:30.61</b>	29,00	24,00	rct
50m: 27.90 27.90	150m: 1:33.25 33.72	250m: 2:46.85 40.46	350m: 3:59.79 32.44			
100m: 59.53 31.63	200m: 2:06.39 33.14	300m: 3:27.35 40.50	400m: 4:30.61 30.82			
2. GALACHE SENDIN, Hector Javier	02	C.N. Toledo	<b>4:43.71</b>	16,00	16,00	
50m: 28.58 28.58	150m: 1:41.76 39.89	250m: 2:58.47 37.71	350m: 4:11.36 34.11			
100m: 1:01.87 33.29	200m: 2:20.76 39.00	300m: 3:37.25 38.78	400m: 4:43.71 32.35			
3. ARROYO FERNANDEZ, Alvaro	85	E.C. Ciudad De Talavera Aqüis	<b>4:47.17</b>	14,00	19,00	
50m: 31.78 31.78	150m: 1:45.70 37.38	250m: 3:03.68 40.24	350m: 4:15.72 31.20			
100m: 1:08.32 36.54	200m: 2:23.44 37.74	300m: 3:44.52 40.84	400m: 4:47.17 31.45			
4. MARTIN ESTEBAN, Alberto	05	Club Natación Sonseca	<b>4:47.52</b>	13,00	19,00	
50m: 31.90 31.90	150m: 1:46.37 37.90	250m: 3:03.21 40.46	350m: 4:16.28 32.85			
100m: 1:08.47 36.57	200m: 2:22.75 36.38	300m: 3:43.43 40.22	400m: 4:47.52 31.24			
5. SANCHEZ BENITO, Rodrigo	00	Club Natación Sonseca	<b>4:52.20</b>	12,00	16,00	
50m: 31.48 31.48	150m: 1:45.55 37.36	250m: 3:04.91 43.42	350m: 4:20.50 33.31			
100m: 1:08.19 36.71	200m: 2:21.49 35.94	300m: 3:47.19 42.28	400m: 4:52.20 31.70			
6. NEATA SAGHIN, Radu Valentin	05	C.N. Ciudad Real	<b>4:52.31</b>	11,00	16,00	
50m: 31.30 31.30	150m: 1:44.51 38.92	250m: 3:03.58 42.22	350m: 4:20.01 33.73			
100m: 1:05.59 34.29	200m: 2:21.36 36.85	300m: 3:46.28 42.70	400m: 4:52.31 32.30			
7. SAENZ BALLESTEROS, Martin	98	C.N. Alarcos Ciudad Real	<b>4:54.51</b>	10,00	14,00	
50m: 31.96 31.96	150m: 1:48.36 40.50	250m: 2:28.38 1.95	350m: 4:21.90 34.41			
100m: 1:07.86 35.90	200m: 2:26.43 38.07	300m: 3:47.49 1:19.11	400m: 4:54.51 32.61			
8. OJEDA PEREZ, Heriberto	97	C.N. Toledo	<b>4:57.92</b>	9,00	13,00	
50m: 30.87 30.87	150m: 1:44.87 38.94	250m: 3:04.24 41.09	350m: 4:22.49 36.62			
100m: 1:05.93 35.06	200m: 2:23.15 38.28	300m: 3:45.87 41.63	400m: 4:57.92 35.43			
9. QUIROS INIESTA, Jose Manuel	02	C.N. Criptana Gigantes	<b>4:59.64</b>	8,00	14,00	
50m: 30.66 30.66	150m: 1:43.62 37.45	250m: 3:04.09 43.74	350m: 4:25.19 35.52			
100m: 1:06.17 35.51	200m: 2:20.35 36.73	300m: 3:49.67 45.58	400m: 4:59.64 34.45			
10. BLASCO LEVIA, Alvaro	03	C.P. La Roda	<b>5:01.45</b>	7,00	13,00	
50m: 30.80 30.80	150m: 1:46.54 39.54	250m: 3:09.44 44.93	350m: 4:29.57 34.76			
100m: 1:07.00 36.20	200m: 2:24.51 37.97	300m: 3:54.81 45.37	400m: 5:01.45 31.88			
11. RUIZ NIETO, Gonzalo	04	C.N. Toledo	<b>5:01.80</b>	-	14,00	
50m: 31.68 31.68	150m: 1:49.48 40.44	250m: 3:10.85 41.08	350m: 4:29.01 34.96			
100m: 1:09.04 37.36	200m: 2:29.77 40.29	300m: 3:54.05 43.20	400m: 5:01.80 32.79			
12. JIMENEZ BALLESTEROS, Marcos	03	Club Natación Sonseca	<b>5:03.40</b>	-	12,00	
50m: 30.82 30.82	150m: 1:44.81 37.46	250m: 3:06.88 45.13	350m: 4:28.15 35.46			
100m: 1:07.35 36.53	200m: 2:21.75 36.94	300m: 3:52.69 45.81	400m: 5:03.40 35.25			
13. MARTINEZ POSADAS, Raul	04	C.P. La Roda	<b>5:04.07</b>	6,00	13,00	
50m: 31.53 31.53	150m: 1:45.43 37.19	250m: 3:07.34 44.12	350m: 4:29.33 36.70			
100m: 1:08.24 36.71	200m: 2:23.22 37.79	300m: 3:52.63 45.29	400m: 5:04.07 34.74			
14. ANDUJAR TEBAR, Esteban	99	C.N. Albacete	<b>5:07.82</b>	-	-	
50m: 30.54 30.54	150m: 1:46.30 40.63	250m: 3:11.02 45.05	350m: 4:32.78 36.36			
100m: 1:05.67 35.13	200m: 2:25.97 39.67	300m: 3:56.42 45.40	400m: 5:07.82 35.04			

Prueba 18, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN								Tiempo	PABS	P.GE
15. VILLAESCUSA PASTOR, Carlos	02	C.N. Almansa							<b>5:08.54</b>	-	11,00
50m:	33.16	33.16	150m:	1:51.87	40.04	250m:	3:14.85	43.80	350m:	4:34.11	35.56
100m:	1:11.83	38.67	200m:	2:31.05	39.18	300m:	3:58.55	43.70	400m:	5:08.54	34.43
16. GALAN VAZQUEZ, Mario	04	E.C. Ciudad De Talavera Aqüis							<b>5:12.45</b>	-	12,00
50m:	31.35	31.35	150m:	1:50.50	40.88	250m:	3:14.16	43.24	350m:	4:36.47	37.44
100m:	1:09.62	38.27	200m:	2:30.92	40.42	300m:	3:59.03	44.87	400m:	5:12.45	35.98
17. BONILLO SANCHEZ, Juan Manuel	04	C.N. Villarrobledo							<b>5:16.11</b>	-	11,00
50m:	33.47	33.47	150m:	1:54.04	42.68	250m:	3:17.47	41.39	350m:	4:03.87	43.62
100m:	1:11.36	37.89	200m:	2:36.08	42.04	300m:	3:20.25	2.78	400m:	5:16.11	1:12.24
18. OLIVARES MANJAVACAS, Miguel An	03	C.N. Criptana Gigantes							<b>5:16.26</b>	-	-
50m:	34.10	34.10	150m:	1:54.84	40.29	250m:	3:17.10	42.78	350m:	4:41.15	38.64
100m:	1:14.55	40.45	200m:	2:34.32	39.48	300m:	4:02.51	45.41	400m:	5:16.26	35.11
19. JIMENEZ MARIN, Alejandro	01	E.C. Ciudad De Talavera Aqüis							<b>5:18.66</b>	-	-
50m:	33.47	33.47	150m:	1:55.62	43.75	250m:	3:20.21	42.57	350m:	4:41.92	36.72
100m:	1:11.87	38.40	200m:	2:37.64	42.02	300m:	4:05.20	44.99	400m:	5:18.66	36.74
20. MOYANO PALAZÓN, Ruben	03	C.N. Albacete							<b>5:21.26</b>	-	10,00
50m:	31.48	31.48	150m:	1:51.02	42.55	250m:	3:17.03	44.66	350m:	4:43.42	39.34
100m:	1:08.47	36.99	200m:	2:32.37	41.35	300m:	4:04.08	47.05	400m:	5:21.26	37.84
21. NOBLEJAS TORROBA, Juan Felix	04	C.N. Alarcos Ciudad Real							<b>5:21.34</b>	-	10,00
50m:	34.94	34.94	150m:	1:59.19	42.53	250m:	3:25.17	44.64	350m:	4:46.80	36.59
100m:	1:16.66	41.72	200m:	2:40.53	41.34	300m:	4:10.21	45.04	400m:	5:21.34	34.54
22. VELASCO PEREA, Francisco Jose	02	C.N. Ciudad Real							<b>5:26.55</b>	-	-
50m:	33.97	33.97	150m:	1:56.98	42.75	250m:	3:24.83	45.54	350m:	4:50.71	38.63
100m:	1:14.23	40.26	200m:	2:39.29	42.31	300m:	4:12.08	47.25	400m:	5:26.55	35.84
23. VALENCIANO BUITRAGO, Sergio	05	C.N. Tomelloso							<b>5:39.29</b>	-	9,00
50m:	35.41	35.41	150m:	2:02.04	43.35	250m:	3:33.77	49.61	350m:	5:02.00	38.84
100m:	1:18.69	43.28	200m:	2:44.16	42.12	300m:	4:23.16	49.39	400m:	5:39.29	37.29
24. CERTAN, Andres	05	C.N. Tomelloso							<b>5:45.67</b>	-	-
50m:	37.52	37.52	150m:	2:01.48	40.42	250m:	3:35.56	52.85	350m:	5:07.10	38.24
100m:	1:21.06	43.54	200m:	2:42.71	41.23	300m:	4:28.86	53.30	400m:	5:45.67	38.57

Infantil Masculino

1. MARTIN ESTEBAN, Alberto	05	Club Natación Sonseca							<b>4:47.52</b>	13,00	19,00
50m:	31.90	31.90	150m:	1:46.37	37.90	250m:	3:03.21	40.46	350m:	4:16.28	32.85
100m:	1:08.47	36.57	200m:	2:22.75	36.38	300m:	3:43.43	40.22	400m:	4:47.52	31.24
2. NEATA SAGHIN, Radu Valentin	05	C.N. Ciudad Real							<b>4:52.31</b>	11,00	16,00
50m:	31.30	31.30	150m:	1:44.51	38.92	250m:	3:03.58	42.22	350m:	4:20.01	33.73
100m:	1:05.59	34.29	200m:	2:21.36	36.85	300m:	3:46.28	42.70	400m:	4:52.31	32.30
3. RUIZ NIETO, Gonzalo	04	C.N. Toledo							<b>5:01.80</b>	-	14,00
50m:	31.68	31.68	150m:	1:49.48	40.44	250m:	3:10.85	41.08	350m:	4:29.01	34.96
100m:	1:09.04	37.36	200m:	2:29.77	40.29	300m:	3:54.05	43.20	400m:	5:01.80	32.79
4. MARTINEZ POSADAS, Raul	04	C.P. La Roda							<b>5:04.07</b>	6,00	13,00
50m:	31.53	31.53	150m:	1:45.43	37.19	250m:	3:07.34	44.12	350m:	4:29.33	36.70
100m:	1:08.24	36.71	200m:	2:23.22	37.79	300m:	3:52.63	45.29	400m:	5:04.07	34.74
5. GALAN VAZQUEZ, Mario	04	E.C. Ciudad De Talavera Aqüis							<b>5:12.45</b>	-	12,00
50m:	31.35	31.35	150m:	1:50.50	40.88	250m:	3:14.16	43.24	350m:	4:36.47	37.44
100m:	1:09.62	38.27	200m:	2:30.92	40.42	300m:	3:59.03	44.87	400m:	5:12.45	35.98
6. BONILLO SANCHEZ, Juan Manuel	04	C.N. Villarrobledo							<b>5:16.11</b>	-	11,00
50m:	33.47	33.47	150m:	1:54.04	42.68	250m:	3:17.47	41.39	350m:	4:03.87	43.62
100m:	1:11.36	37.89	200m:	2:36.08	42.04	300m:	3:20.25	2.78	400m:	5:16.11	1:12.24

Prueba 18, Masc., 400m Estilos, Infantil Masculino

Clasificación	AN								Tiempo	P.ABS	P.GE
7. NOBLEJAS TORROBA, Juan Felix	04	C.N. Alarcos Ciudad Real							<b>5:21.34</b>	-	10,00
50m:	34.94	34.94	150m:	1:59.19	42.53	250m:	3:25.17	44.64	350m:	4:46.80	36.59
100m:	1:16.66	41.72	200m:	2:40.53	41.34	300m:	4:10.21	45.04	400m:	5:21.34	34.54
8. VALENCIANO BUITRAGO, Sergio	05	C.N. Tomelloso							<b>5:39.29</b>	-	9,00
50m:	35.41	35.41	150m:	2:02.04	43.35	250m:	3:33.77	49.61	350m:	5:02.00	38.84
100m:	1:18.69	43.28	200m:	2:44.16	42.12	300m:	4:23.16	49.39	400m:	5:39.29	37.29
9. CERTAN, Andres	05	C.N. Tomelloso							<b>5:45.67</b>	-	-
50m:	37.52	37.52	150m:	2:01.48	40.42	250m:	3:35.56	52.85	350m:	5:07.10	38.24
100m:	1:21.06	43.54	200m:	2:42.71	41.23	300m:	4:28.86	53.30	400m:	5:45.67	38.57

Junior Masculino

1. MENCHEN MARTIN, Juan	02	C.N. Alarcos Ciudad Real							<b>4:30.61</b>	29,00	24,00	rct
50m:	27.90	27.90	150m:	1:33.25	33.72	250m:	2:46.85	40.46	350m:	3:59.79	32.44	
100m:	59.53	31.63	200m:	2:06.39	33.14	300m:	3:27.35	40.50	400m:	4:30.61	30.82	
2. GALACHE SENDIN, Hector Javier	02	C.N. Toledo							<b>4:43.71</b>	16,00	16,00	
50m:	28.58	28.58	150m:	1:41.76	39.89	250m:	2:58.47	37.71	350m:	4:11.36	34.11	
100m:	1:01.87	33.29	200m:	2:20.76	39.00	300m:	3:37.25	38.78	400m:	4:43.71	32.35	
3. QUIROS INIESTA, Jose Manuel	02	C.N. Criptana Gigantes							<b>4:59.64</b>	8,00	14,00	
50m:	30.66	30.66	150m:	1:43.62	37.45	250m:	3:04.09	43.74	350m:	4:25.19	35.52	
100m:	1:06.17	35.51	200m:	2:20.35	36.73	300m:	3:49.67	45.58	400m:	4:59.64	34.45	
4. BLASCO LEVIA, Alvaro	03	C.P. La Roda							<b>5:01.45</b>	7,00	13,00	
50m:	30.80	30.80	150m:	1:46.54	39.54	250m:	3:09.44	44.93	350m:	4:29.57	34.76	
100m:	1:07.00	36.20	200m:	2:24.51	37.97	300m:	3:54.81	45.37	400m:	5:01.45	31.88	
5. JIMENEZ BALLESTEROS, Marcos	03	Club Natación Sonseca							<b>5:03.40</b>	-	12,00	
50m:	30.82	30.82	150m:	1:44.81	37.46	250m:	3:06.88	45.13	350m:	4:28.15	35.46	
100m:	1:07.35	36.53	200m:	2:21.75	36.94	300m:	3:52.69	45.81	400m:	5:03.40	35.25	
6. VILLAESCUSA PASTOR, Carlos	02	C.N. Almansa							<b>5:08.54</b>	-	11,00	
50m:	33.16	33.16	150m:	1:51.87	40.04	250m:	3:14.85	43.80	350m:	4:34.11	35.56	
100m:	1:11.83	38.67	200m:	2:31.05	39.18	300m:	3:58.55	43.70	400m:	5:08.54	34.43	
7. OLIVARES MANJAVACAS, Miguel An	03	C.N. Criptana Gigantes							<b>5:16.26</b>	-	-	
50m:	34.10	34.10	150m:	1:54.84	40.29	250m:	3:17.10	42.78	350m:	4:41.15	38.64	
100m:	1:14.55	40.45	200m:	2:34.32	39.48	300m:	4:02.51	45.41	400m:	5:16.26	35.11	
8. MOYANO PALAZÓN, Ruben	03	C.N. Albacete							<b>5:21.26</b>	-	10,00	
50m:	31.48	31.48	150m:	1:51.02	42.55	250m:	3:17.03	44.66	350m:	4:43.42	39.34	
100m:	1:08.47	36.99	200m:	2:32.37	41.35	300m:	4:04.08	47.05	400m:	5:21.26	37.84	
9. VELASCO PEREA, Francisco Jose	02	C.N. Ciudad Real							<b>5:26.55</b>	-	-	
50m:	33.97	33.97	150m:	1:56.98	42.75	250m:	3:24.83	45.54	350m:	4:50.71	38.63	
100m:	1:14.23	40.26	200m:	2:39.29	42.31	300m:	4:12.08	47.25	400m:	5:26.55	35.84	

Senior Masculino

1. ARROYO FERNANDEZ, Alvaro	85	E.C. Ciudad De Talavera Aqüis							<b>4:47.17</b>	14,00	19,00	
50m:	31.78	31.78	150m:	1:45.70	37.38	250m:	3:03.68	40.24	350m:	4:15.72	31.20	
100m:	1:08.32	36.54	200m:	2:23.44	37.74	300m:	3:44.52	40.84	400m:	4:47.17	31.45	
2. SANCHEZ BENITO, Rodrigo	00	Club Natación Sonseca							<b>4:52.20</b>	12,00	16,00	
50m:	31.48	31.48	150m:	1:45.55	37.36	250m:	3:04.91	43.42	350m:	4:20.50	33.31	
100m:	1:08.19	36.71	200m:	2:21.49	35.94	300m:	3:47.19	42.28	400m:	4:52.20	31.70	
3. SAENZ BALLESTEROS, Martín	98	C.N. Alarcos Ciudad Real							<b>4:54.51</b>	10,00	14,00	
50m:	31.96	31.96	150m:	1:48.36	40.50	250m:	2:28.38	1.95	350m:	4:21.90	34.41	
100m:	1:07.86	35.90	200m:	2:26.43	38.07	300m:	3:47.49	1:19.11	400m:	4:54.51	32.61	

Prueba 18, Masc., 400m Estilos, Senior Masculino

Clasificación	AN								Tiempo	PABS	P.GE
4. OJEDA PEREZ, Heriberto	97 C.N. Toledo								<b>4:57.92</b>	9,00	13,00
50m:	30.87	30.87	150m:	1:44.87	38.94	250m:	3:04.24	41.09	350m:	4:22.49	36.62
100m:	1:05.93	35.06	200m:	2:23.15	38.28	300m:	3:45.87	41.63	400m:	4:57.92	35.43
5. ANDUJAR TEBAR, Esteban	99 C.N. Albacete								<b>5:07.82</b>	-	-
50m:	30.54	30.54	150m:	1:46.30	40.63	250m:	3:11.02	45.05	350m:	4:32.78	36.36
100m:	1:05.67	35.13	200m:	2:25.97	39.67	300m:	3:56.42	45.40	400m:	5:07.82	35.04
6. JIMENEZ MARIN, Alejandro	01 E.C. Ciudad De Talavera Aqüis								<b>5:18.66</b>	-	-
50m:	33.47	33.47	150m:	1:55.62	43.75	250m:	3:20.21	42.57	350m:	4:41.92	36.72
100m:	1:11.87	38.40	200m:	2:37.64	42.02	300m:	4:05.20	44.99	400m:	5:18.66	36.74