



Control Marcas Mínimas Nacionales CLM
Torijos, 20/1/2019

Prueba 24
20/01/2019

Masc., 400m Libre

Open
Resultados

Puntos: FINA 2018

Clasificación	AN						Tiempo	Pts			
1. GARCIA DE LA GALANA GALLEGO, A04andClub Natacion Daimiel							4:19.78	545			
50m:	29.74	29.74	150m:	1:34.72	33.05	250m:	2:40.82	32.87	350m:	3:48.01	33.69
100m:	1:01.67	31.93	200m:	2:07.95	33.23	300m:	3:14.32	33.50	400m:	4:19.78	31.77
2. MANJON FERNANDEZ, Antonio	03	C.N. Albacete							4:20.71	539	
50m:	30.92	30.92	150m:	1:37.77	33.70	250m:	2:44.98	33.41	350m:	3:50.09	31.58
100m:	1:04.07	33.15	200m:	2:11.57	33.80	300m:	3:18.51	33.53	400m:	4:20.71	30.62
3. GARCIA FERNANDEZ, Daniel	03	Club Natacion Aqüis							4:29.01	491	
50m:	29.39	29.39	150m:	1:36.61	34.30	250m:	2:45.32	33.88	350m:	3:55.67	35.67
100m:	1:02.31	32.92	200m:	2:11.44	34.83	300m:	3:20.00	34.68	400m:	4:29.01	33.34
4. MARTIN-CONSUEGRA LOPEZ, Manuel01		C.N. Ciudad Real							4:29.38	489	
50m:	27.40	27.40	150m:	1:28.84	31.04	250m:	2:44.01	44.07	350m:	3:56.90	35.50
100m:	57.80	30.40	200m:	1:59.94	31.10	300m:	3:21.40	37.39	400m:	4:29.38	32.48
5. NEATA SAGHIN, Radu Valentin	05	C.N. Ciudad Real							4:30.04	485	
50m:	31.47	31.47	150m:	1:39.15	34.01	250m:	2:48.10	34.34	350m:	3:56.77	34.34
100m:	1:05.14	33.67	200m:	2:13.76	34.61	300m:	3:22.43	34.33	400m:	4:30.04	33.27
6. CECA MONFORTE, Sergio	04	Club Natacion Aqüis							4:35.69	456	
50m:	32.16	32.16	150m:	1:40.76	34.60	250m:	2:50.65	34.81	350m:	4:01.54	35.40
100m:	1:06.16	34.00	200m:	2:15.84	35.08	300m:	3:26.14	35.49	400m:	4:35.69	34.15
7. LORENZO GOMEZ, Hugo	04	C.N. Albacete							4:54.74	373	
50m:	31.76	31.76	150m:	1:43.40	36.51	250m:	2:59.93	38.56	350m:	4:16.87	39.14
100m:	1:06.89	35.13	200m:	2:21.37	37.97	300m:	3:37.73	37.80	400m:	4:54.74	37.87