

Prueba 1  
12/01/2019

Masc., 400m Estilos

Open  
Resultados

Clasificación			AN					Tiempo	
<b>Open</b>									
1.	GONZALEZ RODERO, Alonso		03	C.N. Alarcos Ciudad Real				<b>4:36.64</b>	-
	50m:	30.13 30.13	150m:	1:39.78 35.50	250m:	2:54.83 38.98	350m:	4:05.30 30.75	
	100m:	1:04.28 34.15	200m:	2:15.85 36.07	300m:	3:34.55 39.72	400m:	4:36.64 31.34	
2.	MENCHEN MARTIN, Juan		02	C.N. Alarcos Ciudad Real				<b>4:42.19</b>	-
	50m:	29.64 29.64	150m:	1:38.18 35.16	250m:	2:53.77 41.20	350m:	4:08.92 33.22	
	100m:	1:03.02 33.38	200m:	2:12.57 34.39	300m:	3:35.70 41.93	400m:	4:42.19 33.27	
3.	MARQUES VELASCO, Jaime		87	C.N. Toledo				<b>4:42.49</b>	-
	50m:	29.50 29.50	150m:	1:38.51 35.98	250m:	2:55.68 41.93	350m:	4:11.10 33.02	
	100m:	1:02.53 33.03	200m:	2:13.75 35.24	300m:	3:38.08 42.40	400m:	4:42.49 31.39	
4.	BELTRAN CABEDO, Pau		93	C.N. Alarcos Ciudad Real				<b>4:43.79</b>	-
	50m:	28.19 28.19	150m:	1:38.54 37.12	250m:	2:54.66 40.90	350m:	4:10.65 34.60	
	100m:	1:01.42 33.23	200m:	2:13.76 35.22	300m:	3:36.05 41.39	400m:	4:43.79 33.14	
5.	PEREZ SANCHEZ, Javier		02	C.N. Toledo				<b>4:52.98</b>	-
	50m:	29.37 29.37	150m:	1:42.31 39.18	250m:	3:03.13 42.30	350m:	4:20.53 34.05	
	100m:	1:03.13 33.76	200m:	2:20.83 38.52	300m:	3:46.48 43.35	400m:	4:52.98 32.45	
6.	HERNÁNDEZ GONZÁLEZ, Yoel		02	C.N. Albacete				<b>4:54.53</b>	-
	50m:	30.54 30.54	150m:	1:45.71 39.62	250m:	3:05.39 40.92	350m:	4:22.17 34.02	
	100m:	1:06.09 35.55	200m:	2:24.47 38.76	300m:	3:48.15 42.76	400m:	4:54.53 32.36	
7.	VILLAR RODRÍGUEZ-BOBADA, Jesús		03	Club Natacion Daimiel				<b>4:57.75</b>	-
	50m:	30.51 30.51	150m:	1:44.23 38.73	250m:	3:05.71 43.42	350m:	4:24.24 34.44	
	100m:	1:05.50 34.99	200m:	2:22.29 38.06	300m:	3:49.80 44.09	400m:	4:57.75 33.51	
8.	ARROYO FERNANDEZ, Alvaro		85	C.N. Talavera				<b>5:00.27</b>	-
	50m:	31.39 31.39	150m:	1:47.64 39.15	250m:	3:09.03 41.88	350m:	4:26.69 34.03	
	100m:	1:08.49 37.10	200m:	2:27.15 39.51	300m:	3:52.66 43.63	400m:	5:00.27 33.58	
9.	ALCAIDE HITA, Roberto		05	C.N. El Cisne				<b>5:04.13</b>	-
	50m:	31.30 31.30	150m:	1:45.29 39.03	250m:	3:09.91 46.29	350m:	4:31.25 34.13	
	100m:	1:06.26 34.96	200m:	2:23.62 38.33	300m:	3:57.12 47.21	400m:	5:04.13 32.88	
10.	ZORNOZA VILLOLDO, Alejandro		91	C.N. Albacete				<b>5:04.21</b>	-
	50m:	29.78 29.78	150m:	1:44.60 41.00	250m:	3:08.51 45.07	350m:	4:30.11 36.18	
	100m:	1:03.60 33.82	200m:	2:23.44 38.84	300m:	3:53.93 45.42	400m:	5:04.21 34.10	
11.	SANCHEZ-INFANTES HITA, Israel		04	C.N. El Cisne				<b>5:04.53</b>	-
	50m:	33.09 33.09	150m:	1:49.48 37.89	250m:	3:11.96 44.67	350m:	4:31.57 34.94	
	100m:	1:11.59 38.50	200m:	2:27.29 37.81	300m:	3:56.63 44.67	400m:	5:04.53 32.96	
12.	RAMIREZ PALOMARES, Jaime		05	Club Natacion Aqüis				<b>5:04.91</b>	-
	50m:	33.03 33.03	150m:	1:51.38 39.59	250m:	3:14.55 43.11	350m:	4:33.07 34.95	
	100m:	1:11.79 38.76	200m:	2:31.44 40.06	300m:	3:58.12 43.57	400m:	5:04.91 31.84	
13.	IBÁÑEZ HERNÁNDEZ, Javier		03	C.N. Albacete				<b>5:05.45</b>	-
	50m:	29.68 29.68	150m:	1:46.79 42.46	250m:	3:56.45 1:29.87	350m:	5:32.10 26.55	
	100m:	1:04.33 34.65	200m:	2:26.58 39.79	300m:	5:05.55 1:09.10	400m:	5:05.45	
14.	BALLESTERO LOPEZ, Aitor		02	C.N. Cuenca				<b>5:07.54</b>	-
	50m:	31.49 31.49	150m:	1:46.76 38.83	250m:	3:10.52 46.69	350m:	4:32.78 36.89	
	100m:	1:07.93 36.44	200m:	2:23.83 37.07	300m:	3:55.89 45.37	400m:	5:07.54 34.76	
15.	QUIROS INIESTA, Jose Manuel		02	C.N. Criptana				<b>5:08.88</b>	-
	50m:	32.26 32.26	150m:	1:49.08 38.89	250m:	3:13.97 47.09	350m:	4:34.99 34.44	
	100m:	1:10.19 37.93	200m:	2:26.88 37.80	300m:	4:00.55 46.58	400m:	5:08.88 33.89	
16.	LARA MARTIN, Ruben		04	C.N. Tomelloso				<b>5:10.25</b>	-
	50m:	32.10 32.10	150m:	1:49.79 41.37	250m:	3:13.79 44.58	350m:	4:34.84 37.40	
	100m:	1:08.42 36.32	200m:	2:29.21 39.42	300m:	3:57.44 43.65	400m:	5:10.25 35.41	

Prueba 1, Masc., 400m Estilos, Open

Clasificación	AN				Tiempo							
17. NEATA SAGHIN, Radu Valentin	05	C.N. Ciudad Real	<b>5:14.43</b>	-	50m: 31.35	31.35	150m: 1:49.56	40.94	250m: 3:16.47	46.27	350m: 4:39.28	35.46
					100m: 1:08.62	37.27	200m: 2:30.20	40.64	300m: 4:03.82	47.35	400m: 5:14.43	35.15
18. MORENO OJEDA, Martin	95	C.P. La Roda	<b>5:15.21</b>	-	50m: 31.40	31.40	150m: 1:49.99	43.31	250m: 3:14.91	41.60	350m: 4:38.27	38.91
					100m: 1:06.68	35.28	200m: 2:33.31	43.32	300m: 3:59.36	44.45	400m: 5:15.21	36.94
19. RUIZ NIETO, Gonzalo	04	C.N. Toledo	<b>5:15.39</b>	-	50m: 32.31	32.31	150m: 1:52.42	41.40	250m: 3:18.93	44.90	350m: 4:40.72	36.13
					100m: 1:11.02	38.71	200m: 2:34.03	41.61	300m: 4:04.59	45.66	400m: 5:15.39	34.67
20. JIMENEZ MARIN, Alejandro	01	Club Natacion Aqüis	<b>5:19.73</b>	-	50m: 34.90	34.90	150m: 1:59.01	44.81	250m: 3:27.23	44.33	350m: 4:46.11	34.14
					100m: 1:14.20	39.30	200m: 2:42.90	43.89	300m: 4:11.97	44.74	400m: 5:19.73	33.62
21. BLASCO LEVIA, Alvaro	03	C.P. La Roda	<b>5:20.56</b>	-	50m: 32.31	32.31	150m: 1:51.79	41.75	250m: 3:20.19	47.06	350m: 4:46.23	37.06
					100m: 1:10.04	37.73	200m: 2:33.13	41.34	300m: 4:09.17	48.98	400m: 5:20.56	34.33
22. CASTILLO CEBRIAN, Samuel	01	C.P. La Roda	<b>5:26.10</b>	-	50m: 32.94	32.94	150m: 1:54.00	43.02	250m: 3:20.53	44.10	350m: 4:47.91	39.51
					100m: 1:10.98	38.04	200m: 2:36.43	42.43	300m: 4:08.40	47.87	400m: 5:26.10	38.19
23. PEREZ SANCHEZ, Lucas	06	C.N. El Cisne	<b>5:30.86</b>	-	50m: 33.35	33.35	150m: 1:54.24	41.81	250m: 3:24.66	48.88	350m: 4:53.80	37.24
					100m: 1:12.43	39.08	200m: 2:35.78	41.54	300m: 4:16.56	51.90	400m: 5:30.86	37.06
24. OLIVARES MANJAVACAS, Miguel Ang	03	C.N. Criptana	<b>5:31.32</b>	-	50m: 36.37	36.37	150m: 2:02.56	43.56	250m: 3:28.95	44.25	350m: 4:54.80	39.40
					100m: 1:19.00	42.63	200m: 2:44.70	42.14	300m: 4:15.40	46.45	400m: 5:31.32	36.52
25. LEÓN OLMEDO, Jorge	01	C.N. Tomelloso	<b>5:35.80</b>	-	50m: 35.07	35.07	150m: 1:59.88	43.65	250m: 3:30.38	47.48	350m: 4:58.20	38.49
					100m: 1:16.23	41.16	200m: 2:42.90	43.02	300m: 4:19.71	49.33	400m: 5:35.80	37.60
MORENO ROMERO, Andres Leon	00	Club Natacion Aqüis	<b>5:36.04</b>	-	50m: 33.14	33.14	150m: 1:54.86	44.28	250m: 3:26.25	47.71	350m: 4:56.41	40.24
					100m: 1:10.58	37.44	200m: 2:38.54	43.68	300m: 4:16.17	49.92	400m: 5:36.04	39.63
27. RUIZ DE LA HERMOSA RUIZ, Jose Ma	05	Club Natacion Daimiel	<b>5:36.33</b>	-	50m: 34.68	34.68	150m: 1:59.61	44.74	250m: 3:30.95	49.29	350m: 4:59.38	37.93
					100m: 1:14.87	40.19	200m: 2:41.66	42.05	300m: 4:21.45	50.50	400m: 5:36.33	36.95
28. MENENDEZ FLORES, Juan	06	C.N. Criptana	<b>5:42.06</b>	-	50m: 34.01	34.01	150m: 1:59.25	45.57	250m: 3:36.55	51.36	350m: 5:05.63	38.12
					100m: 1:13.68	39.67	200m: 2:45.19	45.94	300m: 4:27.51	50.96	400m: 5:42.06	36.43
29. LOPEZ MORENO, Ramon	99	C.N. Ciudad Real	<b>5:47.79</b>	-	50m: 34.37	34.37	150m: 2:01.23	45.01	250m: 3:35.55	48.07	350m: 5:07.69	42.73
					100m: 1:16.22	41.85	200m: 2:47.48	46.25	300m: 4:24.96	49.41	400m: 5:47.79	40.10
30. FERNÁNDEZ-BERMEJO ORTIZ, Guiller	03	C.N. Cuenca	<b>5:59.11</b>	-	50m: 35.85	35.85	150m: 2:08.06	45.82	250m: 3:44.26	51.55	350m: 5:18.40	42.04
					100m: 1:22.24	46.39	200m: 2:52.71	44.65	300m: 4:36.36	52.10	400m: 5:59.11	40.71
31. VALENCIANO BUITRAGO, Sergio	05	C.N. Tomelloso	<b>6:00.99</b>	-	50m: 38.42	38.42	150m: 2:09.83	45.82	250m: 3:47.28	52.34	350m: 5:21.48	41.62
					100m: 1:24.01	45.59	200m: 2:54.94	45.11	300m: 4:39.86	52.58	400m: 6:00.99	39.51
32. FERNÁNDEZ SÁNCHEZ, Javier	06	C.N. Talavera	<b>6:11.09</b>	-	50m: 39.56	39.56	150m: 2:17.33	47.33	250m: 3:55.37	50.96	350m: 5:29.20	41.32
					100m: 1:30.00	50.44	200m: 3:04.41	47.08	300m: 4:47.88	52.51	400m: 6:11.09	41.89
33. MARTIN MANTERO, Adrian	01	Club Natacion Daimiel	<b>6:20.29</b>	-	50m: 39.64	39.64	150m: 2:14.31	47.27	250m: 3:56.51	56.03	350m: 5:37.96	45.34
					100m: 1:27.04	47.40	200m: 3:00.48	46.17	300m: 4:52.62	56.11	400m: 6:20.29	42.33

Prueba 1, Masc., 400m Estilos, Open

Clasificación	AN		Tiempo								
34. ZAFRILLA DE LAS HERAS, Adrián	06	C.N. Cuenca	<b>6:37.20</b> -								
50m:	43.34	43.34	150m:	2:28.24	52.61	250m:	4:14.36	51.30	350m:	5:54.26	44.73
100m:	1:35.63	52.29	200m:	3:23.06	54.82	300m:	5:09.53	55.17	400m:	6:37.20	42.94
35. GOMEZ CASTRO, Alonso	03	C.N. Talavera	<b>6:38.19</b> -								
50m:	41.55	41.55	150m:	2:22.13	49.93	250m:	4:07.77	56.93	350m:	5:53.87	44.76
100m:	1:32.20	50.65	200m:	3:10.84	48.71	300m:	5:09.11	1:01.34	400m:	6:38.19	44.32
DSQ GARCIA GOMEZ, Alvaro	04	C.N. Ciudad Real	-								
50m:	32.19	32.19	150m:	1:52.27	40.91	250m:			350m:		
100m:	1:11.36	39.17	200m:	2:35.17	42.90	300m:			400m:		

Alevin Masculina

1. ALCAIDE HITTA, Roberto	05	C.N. El Cisne	<b>5:04.13</b> -								
50m:	31.30	31.30	150m:	1:45.29	39.03	250m:	3:09.91	46.29	350m:	4:31.25	34.13
100m:	1:06.26	34.96	200m:	2:23.62	38.33	300m:	3:57.12	47.21	400m:	5:04.13	32.88
2. RAMIREZ PALOMARES, Jaime	05	Club Natacion Aqüis	<b>5:04.91</b> -								
50m:	33.03	33.03	150m:	1:51.38	39.59	250m:	3:14.55	43.11	350m:	4:33.07	34.95
100m:	1:11.79	38.76	200m:	2:31.44	40.06	300m:	3:58.12	43.57	400m:	5:04.91	31.84
3. NEATA SAGHIN, Radu Valentin	05	C.N. Ciudad Real	<b>5:14.43</b> -								
50m:	31.35	31.35	150m:	1:49.56	40.94	250m:	3:16.47	46.27	350m:	4:39.28	35.46
100m:	1:08.62	37.27	200m:	2:30.20	40.64	300m:	4:03.82	47.35	400m:	5:14.43	35.15
4. PEREZ SANCHEZ, Lucas	06	C.N. El Cisne	<b>5:30.86</b> -								
50m:	33.35	33.35	150m:	1:54.24	41.81	250m:	3:24.66	48.88	350m:	4:53.80	37.24
100m:	1:12.43	39.08	200m:	2:35.78	41.54	300m:	4:16.56	51.90	400m:	5:30.86	37.06
5. RUIZ DE LA HERMOSA RUIZ, Jose Ma	05	Club Natacion Daimiel	<b>5:36.33</b> -								
50m:	34.68	34.68	150m:	1:59.61	44.74	250m:	3:30.95	49.29	350m:	4:59.38	37.93
100m:	1:14.87	40.19	200m:	2:41.66	42.05	300m:	4:21.45	50.50	400m:	5:36.33	36.95
6. MENENDEZ FLORES, Juan	06	C.N. Criptana	<b>5:42.06</b> -								
50m:	34.01	34.01	150m:	1:59.25	45.57	250m:	3:36.55	51.36	350m:	5:05.63	38.12
100m:	1:13.68	39.67	200m:	2:45.19	45.94	300m:	4:27.51	50.96	400m:	5:42.06	36.43
7. VALENCIANO BUITRAGO, Sergio	05	C.N. Tomelloso	<b>6:00.99</b> -								
50m:	38.42	38.42	150m:	2:09.83	45.82	250m:	3:47.28	52.34	350m:	5:21.48	41.62
100m:	1:24.01	45.59	200m:	2:54.94	45.11	300m:	4:39.86	52.58	400m:	6:00.99	39.51
8. FERNÁNDEZ SÁNCHEZ, Javier	06	C.N. Talavera	<b>6:11.09</b> -								
50m:	39.56	39.56	150m:	2:17.33	47.33	250m:	3:55.37	50.96	350m:	5:29.20	41.32
100m:	1:30.00	50.44	200m:	3:04.41	47.08	300m:	4:47.88	52.51	400m:	6:11.09	41.89
9. ZAFRILLA DE LAS HERAS, Adrián	06	C.N. Cuenca	<b>6:37.20</b> -								
50m:	43.34	43.34	150m:	2:28.24	52.61	250m:	4:14.36	51.30	350m:	5:54.26	44.73
100m:	1:35.63	52.29	200m:	3:23.06	54.82	300m:	5:09.53	55.17	400m:	6:37.20	42.94

Infantil Masculina

1. GONZALEZ RODERO, Alonso	03	C.N. Alarcos Ciudad Real	<b>4:36.64</b> -								
50m:	30.13	30.13	150m:	1:39.78	35.50	250m:	2:54.83	38.98	350m:	4:05.30	30.75
100m:	1:04.28	34.15	200m:	2:15.85	36.07	300m:	3:34.55	39.72	400m:	4:36.64	31.34
2. VILLAR RODRÍGUEZ-BOBADA, Jesús	03	Club Natacion Daimiel	<b>4:57.75</b> -								
50m:	30.51	30.51	150m:	1:44.23	38.73	250m:	3:05.71	43.42	350m:	4:24.24	34.44
100m:	1:05.50	34.99	200m:	2:22.29	38.06	300m:	3:49.80	44.09	400m:	4:57.75	33.51
3. SANCHEZ-INFANTES HITTA, Israel	04	C.N. El Cisne	<b>5:04.53</b> -								
50m:	33.09	33.09	150m:	1:49.48	37.89	250m:	3:11.96	44.67	350m:	4:31.57	34.94
100m:	1:11.59	38.50	200m:	2:27.29	37.81	300m:	3:56.63	44.67	400m:	5:04.53	32.96

Prueba 1, Masc, 400m Estilos, Infantil Masculina

Clasificación	AN	Club	50m	100m	150m	200m	250m	300m	350m	400m	Tiempo	
4.	IBÁÑEZ HERNÁNDEZ, Javier	03 C.N. Albacete	29.68	1:04.33	1:46.79	2:26.58	3:56.45	5:05.55	5:32.10	5:05.45	<b>5:05.45</b>	-
			29.68	34.65	42.46	39.79	1:29.87	1:09.10	26.55			
5.	LARA MARTIN, Ruben	04 C.N. Tomelloso	32.10	1:08.42	1:49.79	2:29.21	3:13.79	3:57.44	4:34.84	5:10.25	<b>5:10.25</b>	-
			32.10	36.32	41.37	39.42	44.58	43.65	37.40			
6.	RUIZ NIETO, Gonzalo	04 C.N. Toledo	32.31	1:11.02	1:52.42	2:34.03	3:18.93	4:04.59	4:40.72	5:15.39	<b>5:15.39</b>	-
			32.31	38.71	41.40	41.61	44.90	45.66	36.13			
7.	BLASCO LEVIA, Alvaro	03 C.P. La Roda	32.31	1:10.04	1:51.79	2:33.13	3:20.19	4:09.17	4:46.23	5:20.56	<b>5:20.56</b>	-
			32.31	37.73	41.75	41.34	47.06	48.98	37.06			
8.	OLIVARES MANJAVACAS, Miguel	03 C.N. Criptana	36.37	1:19.00	2:02.56	2:44.70	3:28.95	4:15.40	4:54.80	5:31.32	<b>5:31.32</b>	-
			36.37	42.63	43.56	42.14	44.25	46.45	39.40			
9.	FERNÁNDEZ-BERMEJO ORTIZ, Guiller	03 C.N. Cuenca	35.85	1:22.24	2:08.06	2:52.71	3:44.26	4:36.36	5:18.40	5:59.11	<b>5:59.11</b>	-
			35.85	46.39	45.82	44.65	51.55	52.10	42.04			
10.	GOMEZ CASTRO, Alonzo	03 C.N. Talavera	41.55	1:32.20	2:22.13	3:10.84	4:07.77	5:09.11	5:53.87	6:38.19	<b>6:38.19</b>	-
			41.55	50.65	49.93	48.71	56.93	1:01.34	44.76			
DSQ	GARCIA GOMEZ, Alvaro	04 C.N. Ciudad Real	32.19	1:11.36	1:52.27	2:35.17	40.91					-
			32.19	39.17	42.90							

Junior Masculina

1.	MENCHEN MARTIN, Juan	02 C.N. Alarcos Ciudad Real	29.64	1:03.02	1:38.18	2:12.57	2:53.77	3:35.70	4:08.92	4:42.19	<b>4:42.19</b>	-
			29.64	33.38	35.16	34.39	41.20	41.93	33.22			
2.	PEREZ SANCHEZ, Javier	02 C.N. Toledo	29.37	1:03.13	1:42.31	2:20.83	3:03.13	3:46.48	4:20.53	4:52.98	<b>4:52.98</b>	-
			29.37	33.76	39.18	38.52	42.30	43.35	34.05			
3.	HERNÁNDEZ GONZÁLEZ, Yoel	02 C.N. Albacete	30.54	1:06.09	1:45.71	2:24.47	3:05.39	3:48.15	4:22.17	4:54.53	<b>4:54.53</b>	-
			30.54	35.55	39.62	38.76	40.92	42.76	34.02			
4.	BALLESTERO LOPEZ, Aitor	02 C.N. Cuenca	31.49	1:07.93	1:46.76	2:23.83	3:10.52	3:55.89	4:32.78	5:07.54	<b>5:07.54</b>	-
			31.49	36.44	38.83	37.07	46.69	45.37	36.89			
5.	QUIROS INIESTA, Jose Manuel	02 C.N. Criptana	32.26	1:10.19	1:49.08	2:26.88	3:13.97	4:00.55	4:34.99	5:08.88	<b>5:08.88</b>	-
			32.26	37.93	38.89	37.80	47.09	46.58	34.44			
6.	JIMENEZ MARIN, Alejandro	01 Club Natacion Aqüis	34.90	1:14.20	1:59.01	2:42.90	3:27.23	4:11.97	4:46.11	5:19.73	<b>5:19.73</b>	-
			34.90	39.30	44.81	43.89	44.33	44.74	34.14			
7.	CASTILLO CEBRIAN, Samuel	01 C.P. La Roda	32.94	1:10.98	1:54.00	2:36.43	3:20.53	4:08.40	4:47.91	5:26.10	<b>5:26.10</b>	-
			32.94	38.04	43.02	42.43	44.10	47.87	39.51			
8.	LEÓN OLMEDO, Jorge	01 C.N. Tomelloso	35.07	1:16.23	1:59.88	2:42.90	3:30.38	4:19.71	4:58.20	5:35.80	<b>5:35.80</b>	-
			35.07	41.16	43.65	43.02	47.48	49.33	38.49			

Prueba 1, Masc, 400m Estilos, Junior Masculina

Clasificación	AN		Tiempo								
9. MARTIN MANTERO, Adrian	01	Club Natacion Daimiel	<b>6:20.29</b> -								
50m:	39.64	39.64	150m:	2:14.31	47.27	250m:	3:56.51	56.03	350m:	5:37.96	45.34
100m:	1:27.04	47.40	200m:	3:00.48	46.17	300m:	4:52.62	56.11	400m:	6:20.29	42.33

Senior Masculina

1. MARQUES VELASCO, Jaime	87	C.N. Toledo	<b>4:42.49</b> -								
50m:	29.50	29.50	150m:	1:38.51	35.98	250m:	2:55.68	41.93	350m:	4:11.10	33.02
100m:	1:02.53	33.03	200m:	2:13.75	35.24	300m:	3:38.08	42.40	400m:	4:42.49	31.39
2. BELTRAN CABEDO, Pau	93	C.N. Alarcos Ciudad Real	<b>4:43.79</b> -								
50m:	28.19	28.19	150m:	1:38.54	37.12	250m:	2:54.66	40.90	350m:	4:10.65	34.60
100m:	1:01.42	33.23	200m:	2:13.76	35.22	300m:	3:36.05	41.39	400m:	4:43.79	33.14
3. ARROYO FERNANDEZ, Alvaro	85	C.N. Talavera	<b>5:00.27</b> -								
50m:	31.39	31.39	150m:	1:47.64	39.15	250m:	3:09.03	41.88	350m:	4:26.69	34.03
100m:	1:08.49	37.10	200m:	2:27.15	39.51	300m:	3:52.66	43.63	400m:	5:00.27	33.58
4. ZORNOZA VILLOLDO, Alejandro	91	C.N. Albacete	<b>5:04.21</b> -								
50m:	29.78	29.78	150m:	1:44.60	41.00	250m:	3:08.51	45.07	350m:	4:30.11	36.18
100m:	1:03.60	33.82	200m:	2:23.44	38.84	300m:	3:53.93	45.42	400m:	5:04.21	34.10
5. MORENO OJEDA, Martin	95	C.P. La Roda	<b>5:15.21</b> -								
50m:	31.40	31.40	150m:	1:49.99	43.31	250m:	3:14.91	41.60	350m:	4:38.27	38.91
100m:	1:06.68	35.28	200m:	2:33.31	43.32	300m:	3:59.36	44.45	400m:	5:15.21	36.94
6. MORENO ROMERO, Andres Leon	00	Club Natacion Aqüis	<b>5:36.04</b> -								
50m:	33.14	33.14	150m:	1:54.86	44.28	250m:	3:26.25	47.71	350m:	4:56.41	40.24
100m:	1:10.58	37.44	200m:	2:38.54	43.68	300m:	4:16.17	49.92	400m:	5:36.04	39.63
7. LOPEZ MORENO, Ramon	99	C.N. Ciudad Real	<b>5:47.79</b> -								
50m:	34.37	34.37	150m:	2:01.23	45.01	250m:	3:35.55	48.07	350m:	5:07.69	42.73
100m:	1:16.22	41.85	200m:	2:47.48	46.25	300m:	4:24.96	49.41	400m:	5:47.79	40.10